

CONGRESS PROGRAMME

SIME 2024

45th CONGRESS

ME

Italian Society of
Aesthetic Medicine

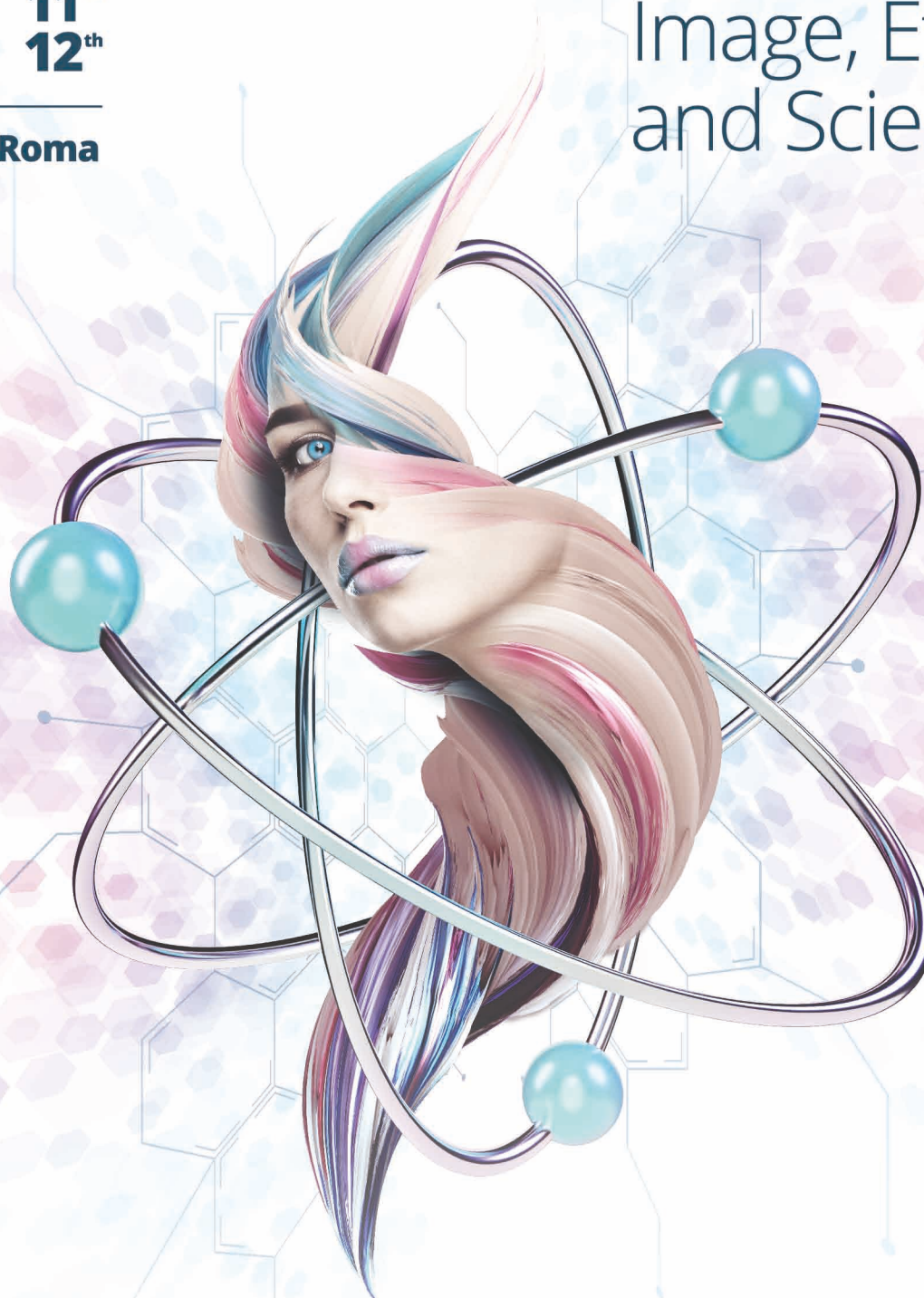
MAY

10th
11th
12th

La Nuvola Roma

Aesthetic Medicine

Image, Ethics
and Science



19th CONGRESS

aimaa

Italian Academy of
Anti-Aging Medicine

Roma Convention Center La Nuvola

ENDORSED BY



9:40 am

Focus on the periocular region 1

Chairs: *Francesco Bernardini, Surgeon, Specialist in Oculoplasty, Genova*

Raffaele Rauso, Surgeon, Specialist in Maxillofacial Surgery, Roma

Nicolò Scuderi, Former Director of the Specializing School in Reconstructive Aesthetic Plastic Surgery, Sapienza University of Roma

Secretary: *M.L. Boccia*

Imperfections of the lower orbital area: an open issue. What should aesthetic medicine do?

S. Scevola, A. Faga (Pavia)

Periorbital lift: a new combined approach with h.a. fillers and traction threads for non-surgical brow lifting

F.M. D'Alessio, A. Santorelli (Napoli), L. Sugliano (Genova)

"DRTT": personal minimally invasive technique to correct the imperfections of the tear trough and dark circles with fillers based on calcium hydroxyapatite and carboxymethylcellulose

G. Russo (Caserta)

Correction of the periocular region: not just botulinum

V. Visconti, G.M. Izzo (Napoli)

Combining endoret plasma gel (low and high viscosity) with erbium laser for tear trough and periorbital treatment: a clinical study of 20 patients

E. Guarino (Burlington, USA)

Tear trough deformity

R. Perna, A. Perna (Napoli)

Soft surgery in aesthetic medicine blepharoplasty and non surgical hybrid lifting with one treatment

S. Tsioumas (Atene, Grecia)

Use of weak electromagnetic fields for blepharotherapy. A year later

S. Laura (Ventimiglia, IM)

Micro-needle for botulinum toxin injection: a prospective, randomized, case-control, single-blind pilot study to assess its clinical efficacy and patient satisfaction in the treatment of crow's feet

A. Diaspro (Torino)

Discussion

11:10 am

Extracellular Vesicles: state of the art and future perspectives on "exosomes"

Chairs: *Annalisa Calisti, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lazio*

Maria Grazia Cifone, Full Professor of General Pathology, Department of Life, Health and Environmental Sciences, University of L'Aquila

Vincenza Dolo, Full Professor of Pathological Clinic, Department of Life, Health and Environmental Sciences, University of L'Aquila

Secretaries: *L. Astorino L.M. Farina*

Extracellular vesicles: definition and subtypes

V. Dolo, I. Giusti (L'Aquila)

Biological properties and therapeutic effects of mesenchymal and plant-derived nanovesicles in wound healing

M. Conese (Foggia)

Plant-derived nanovesicles: the natural providers of antioxidant compounds with biological activity

M. Logozzi (L'Aquila)

Exosomes and platelet-derived extracellular vesicles: a new approach for dermorevitalization and stimulation of dermis regeneration

L. Mazzucco (Alessandria)

The role of fibroblast secretome in cellular regeneration

A.G. Passi (Varese)

Discussion

12:30 pm

Panel Discussion - Botulinum Toxins: analysis of products

Chairs: Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)
Domenico Centofanti, Vice-president of the Italian Society of Aesthetic Medicine (SIME)
Secretary: N. Buscemi

Participants: **F. Azank** (Madrid, Spagna), **F. Distanti** (Pavia), **A. Lozza** (Pavia), **D. Rudowitz** (Modling, Austria), **E.R. Lee** (Lafayette, California, USA)

Discussion



2:00 pm

Opening Ceremony of the 45th SIME Congress – 19th AIMAA Congress

Participants: E. Bartoletti, D. Centofanti, A. Magi, F. Romanelli, F. Strollo, G. Trocchi
Secretary: I. Peparini

Institutional welcome speeches

3:00 pm

Image, Ethics, and Science: Opinion Leaders exploring different perspectives

Chairs: Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)
Jean Jacques Deutsch, Secretary General of the French Society of Aesthetic Medicine (SFME)
Nadia Fraone, Secretary General of the Italian Society of Aesthetic Medicine (SIME)
Secretary: C. Scirocco

2024 - Is aging inevitable?

M. Landau (Herzliya, Israele)

My experience

Participants: **D. Sykianakis** (Atene, Grecia)
D. Arenas (Madrid, Spagna)
E. Broccaioli (Parigi, Francia)
S. Shah-Desai (Londra, Regno Unito)

Discussion

4:15 pm

Fillers: up-to-date on indications, technique, and results 1

Chairs: Francesco Calvani, Surgeon, Specialist in Maxillofacial Surgery, Roma
Simona Laura, Arbitrator of the Italian Society of Aesthetic Medicine (SIME)
Ana Rodas, President of the Paraguayan Society of Regenerative Medicine and Aesthetic Clinic (SPAMRCE)
Secretaries: S. Capriglia, R. Colletti

Evaluation of the safety of a hyaluronic acid cross-linked with polyethylene glycol (PEG), in patients with autoimmune thyroid diseases

R. Dell'Avanzato (Milano)

Agarose gel: beauty beyond aesthetics in safety

G. Maullu, A.S. Pirino (Sassari)

Face rejuvenation: volume restoration or volume increase?

G. Borbon, M. Dell'Erba (Milano)

Frontal profilometry: how to restore lost or never had convexity

A. Alessandrini (Roma)

Forehead recontouring with hyaluronic acid filler

D. Lizambri, R. Rauso (Roma)

Facial corrections when the balance between biostructuring and volume are necessary with PCL Filler

A. Camporese (Cadoneghe, PD)

Face refreshing with MLT 3.1 technique: different approach in male and female patients

L. Calvisi (Cagliari)

Functional rhinofiller: improvement of nasal airflow with rhinofiller - A retrospective review

F. Calvani, E. Bartoletti (Roma)

Discussion



5:30 pm

Live Session - Rhinofiller: different approaches

Chair: *Giovanni Salti, President of the Italian Association of Aesthetic Botulinum Therapy (AITEB)*

Secretary: *M.C. Cappellini*

MesoRhinoFiller

F. Romeo (Roma)

Rhinofiller with Cannula

F. De Angelis (Napoli)

The transcartilaginous technique

E. Bartoletti (Roma)

Discussion



8:45 am

Aesthetic Medicine: clinical experiences 1

Chairs: Rosaria Myriam Bozzone, Outpatient Service of Aesthetic Medicine and psychophysical wellbeing in pathological patients, Isola Tiberina - Gemelli Isola Hospital, Roma
Antonella Marchionne, Outpatient Service of Aesthetic Medicine and psychophysical wellbeing in pathological patients, Isola Tiberina - Gemelli Isola Hospital, Roma

Secretary: C. Russo

Treatment of wrinkles using homotoxicology treatment and acupuncture

B. Amarisse (Roma)

Educating people to good aging: food as a support for active aging

S. Folloni (Cavalesse, TR)

Body dysmorphic disorder in Aesthetic Medicine

D. Celani (Frosinone), I. Proietti (Latina)

Psychology and Aesthetic Medicine

M. Crocchia (Pisa)

Functional postural rebalancing: new frontiers in Aesthetic Medicine

E. Gallo (Roma)

Anesthesiological options in the Treatment of Hyperhidrosis

E.M. Coco (Messina)

Preliminary experience in the combined treatment of skin aging with a motorized skin patting system and exosomes

G. Cassibba (Siracusa)

Aesthetic Medicine between health and beauty. The harmony of being and appearing

U. Nardi (Roma)

Discussion

10:15 am

New proposals in Aesthetic Medicine

Chairs: Ljiljana Pluzarev, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Trentino Alto Adige
Fiammetta Troili, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Antonio Vivencio, Councilor of the Italian Society of Aesthetic Medicine (SIME)
Nicoletta Zerman, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Veneto

Secretaries: M. Fioriti, S. Florida

New Term in Aesthetic Medicine, 'The Dancing Chin'

I. El Achkar (Beirut, Libano)

Psychological enhancement in Aesthetic Medicine

N. Vicchio, G.M. Scetta (Telese Terme, BN), R.L. Russo (Torino)

Inflammatory pathologies in Aesthetic Medicine: nutritional approach with a new protocol

E. Palmeri (Palermo), L. Auletta (Napoli)

Quantum molecular resonance in Aesthetic Medicine

P.A. Bacci (Arezzo)

Treatment of bodycontouring and localized adiposity with a new system high potency 940 nm led

F.P. Alberico (Napoli)

Evaluation of the effectiveness of an innovative bio-restitutive soft filler in counteracting oxidative stress associated with aging in human dermal fibroblasts

F.R. Augello, S. Artone, F. Lombardi, P. Palumbo, A. Ciafarone, S. Altamura, M.G. Cifone, B. Cinque, **M. Giuliani** (L'Aquila)

"Hybrid filler with a hyper skin booster effect". Combining hyaluronic acid+glycerol and calcium hydroxyapatite

A. Lazzarotto (Como)

OzoCar: Synergistic Carboxy/Ozone Therapy in Regenerative Aesthetic Medicine

P.A. Bacci (Arezzo)

Discussion

12:00 pm

Biostimulation and Biostructuring 1

Chairs: Magda Belmontesi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Davide Ficco, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Giuseppe Sito, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Secretaries: A. De Florio, P. Vessichelli

Improving Skin Quality and slowing cutaneous aging: personal experience

A. Baroni (Empoli)

Regenerative goal of biostimulation with Polynucleotides HPT®: from face to body

I.P. Palmieri (Napoli)

Wrinkles and sagging skin: the CHAC technology behind an innovative class of biostimulants

D. De Rossi (Padova)

Polydioxanone from threads to powder: injectable polydioxanone microspheres

F. Lino (Caserta)

Heterologous Collagen Type I and Biostructuring

A. Camporese (Cadoneghe, PD)

TCA-H2O2 combined: revitalization protocol without needles for body rejuvenation

N. Ribè Subira (Barcellona, Spagna)

In Aesthetic Medicine today, everything is biostimulating, but the fibroblast certainly disagrees with this statement

D. Amuso (Modena)

Using polynucleotides in Aesthetic Medicine

P. Treacy (Dublino, Irlanda)

Collagen: the new frontier in skin regeneration

P. Tarantino (Lugano, Svizzera)

My 20-year personal clinical experience with Poly-L-Lactic Acid (PLLA-SCA): results of efficacy, stability and safety of use

E. Massidda (Sassari)

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:00 pm

Aesthetic Medicine check-up: potential early diagnosis, a spy for pathologies. Case report

Chairs: Annarosa Catizzone, Councillor of the Italian Society of Aesthetic Medicine (SIME)
 Cristina Patrizi, Secretary of the of the Medical Board of Physicians - OMCeO Rome
Secretary: M. De Luca

Introductory presentation

A. Catizzone (Catanzaro)

Clinical cases in Aesthetic Medicine

E. Bianchi (Bologna)

Semeiotics: a safe guide for therapeutic choices in Aesthetic Medicine

R. Gentile (Matera)

Management of a pathology intercepted during an Aesthetic Medicine examination

S. Raso (Reggio Calabria)

The Aesthetic Medicine examination... a fundamental step for the Aesthetic Physician

D. Centofanti (Roma)

A case of melanoma in situ intercepted during the initial examination

A. Catizzone (Catanzaro)

Discussion

4:00 pm

Complications in Aesthetic Medicine

Chairs: *Rossana Golini, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma*
Alberto Giuseppe Passi, Full Professor, Department of Medicine and Surgery, University of Insubria, Varese

Secretaries: *F. Flagiello, M. Rinaldi*

Cosmetic damage caused by improvised malpractice but also by abuse of the profession of the Aesthetic Physician. The far west today in Italy. What can and should be done? The role of institutions

E. Betti (Viareggio, LU), A. Servili, F.R. Grippaudo (Roma)

Management of emergencies in the Aesthetic Medicine office

V. Degnoni (Milano)

In vivo ultrasound study of the anatomy of the angular artery: practical indications for the treatment of the deep pyriform space

A. Franceschelli, S.U. Urso, M. Cazzulani (Roma)

Hyaluronidase: what you need to know before using it

M. Fida, E. Shehu, A. Aliaj, I. Sotiri (Tirana, Albania)

Hyaluronidase: indications and protocol for ultrasound-guided injective administration in the case of acute vascular complications from fillers

S.U. Urso (Bologna)

Delayed-onset nodules following Vycross hyaluronic acid filler treatment: reported rates from global post-marketing surveillance

G. Trocchi (Roma)

Post hyaluronic acid filler complications of the upper third of the face: how to treat them and how to avoid them

G. Sito (Napoli)

Nervous apraxia post 1470nm laser: case report and management proposal

M.C. Cappellini (Firenze)

Laser or Needle RF complications: patient management in case of laser and RF burns (3 cases of management of thermal damage caused by an EBD)

F. Balconi (Milano)

Discussion

5:25 pm

Unusual and complex anatomical areas

Chairs: *Domenico Feleppa, Councillor of the Italian Society of Aesthetic Medicine (SIME)*
Massimo Renzi, Surgeon, Specialist in Plastic Surgery, Genova

Secretaries: *F. Frangella, C. Russo*

Perioral area - what to do when everything else fails?

M. Landau (Herzliya, Israele)

The Forehead Language

I. El Achkar (Beirut, Libano)

Efficacy and safety of a combined protocol of fractional laser and polylactic acid in the treatment of the ageing of the décolleté

F. De Angelis, V. D'Orlando, G. Niro, C. Fazi (Napoli)

Décolleté: from wrinkle correction to autologous regeneration with Stromal Vascular Fraction (SVF)

A. Alessandrini (Roma)

Treatment of specific areas of the body with poly-L-lactic acid: knees, abdomen, skin laxity

P.R. Russo (Modena)

Use of Poly-L-Lactic acid in treatment of skin laxity in the abdominal area

F. De Angelis, G. Niro, C. Fazi, V. D'Orlando (Napoli)

Hyaluronic acid injections and revitalizing skinbooster for gluteal augmentation and regeneration

R. Dell'Avanzato (Milano)

Hand rejuvenation: texture, pigmentations, skeletalization. Individual and combined protocols

A. Alessandrini (Roma)



Hand rejuvenation with hyaluronic acid-based filler and plasma gel. Case series

M. Bisaccia (Perugia), P. Tejero García (Toledo, Spagna), C. Ibáñez Vicente (Avellino)

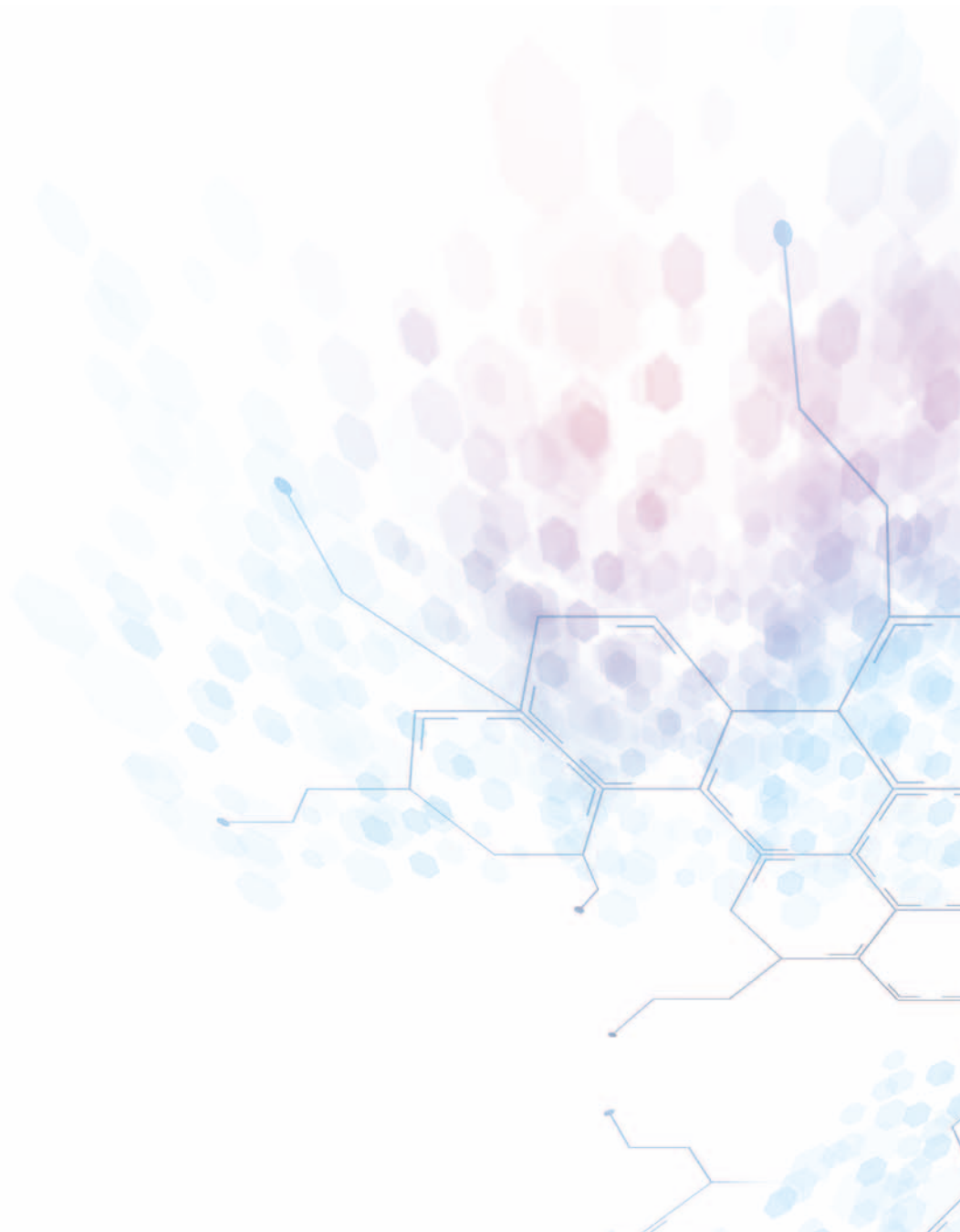
LESC and combined techniques for the treatment of the arms

S. Toschi (Venezia)

The earlobe and preauricular region: a shadowed area

M. De Luca (Capranica, VT)

Discussion





10:15 am

Focus on the buttocks

Chairs: Erminio Mastroluca, Surgeon, Specialist in Plastic Surgery, Roma
Paola Rosalba Russo, President of the Italian Association of Autologous Regenerative Therapy (AITAR)
Secretary: E. Saccardi

USE of the HIFEM system for the reduction of abdominal diastase and the remodeling of the buttocks with non-surgical techniques

F. Palumbo (Nettuno, RM)

Brazilian Buttock: combined treatment with cellulite and gluteal lifting and filling with hyaluronic acid

R. Strizzi, L. Leggieri (San Giovanni Rotondo, FG)

Hyaluronic Acid-based filler for gluteal treatment

A. Santorelli (Napoli)

Threads for gluteal treatment

A. Habiba (Alessandria, Egitto)

Endolift and combined technologies for the non-surgical remodeling of the buttocks

R. Dell'Avanzato (Milano)

Medical-surgical management of complications in the gluteal region

L. Cavalieri (Roma)

Discussion

11:30 am

Panel Discussion -The recipe for success in Aesthetic Medicine: Young Key Opinion Leaders compare what worked, what failed, and expectations for the future of the discipline

Chairs: Karin Saccomanno, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Fabrizio Vignoli, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Secretary: G. Pieralisi

Participants: **F. Binaschi** (Milano), **M. Enzani** (Genova), **A. Liberti** (Pagani, SA), **M. Pili** (Sassari), **M.T. Saliani** (Modugno, BA), **M. Cerrano** (Losanna, Svizzera)

Discussion

12:30 pm

Panel Discussion - True or False in Aesthetic Medicine

Chairs: Cosimo Calabrese, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Alessia Pini, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Toscana
Laura Piombino, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Campania
Secretaries: M.C. Lirosi, T. Maucione

Relationship between Vitamin K and Vitamin D

T. Paolucci (Chieti)

Cosmetics in the age of influencers: fake and false myth

A. Fratter (Treviso)

True or false on EBD – Evidence Based Device

A. Pacifici (Perugia)

Focus on Limonene

P.A. D'Alessio (Évry, Francia)

New techniques for skin rejuvenation: what's true, what's new

A. Turkevych (Leopoli, Ucraina)

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:00 pm

Cellulite and Lipedema

Chairs: Domenico Amuso, Surgeon, Specialist in General Surgery and Sports Medicine, Modena
 Andrea Sbarbati, Full Professor of Anatomy and Histology, Department of Neurological, Biomedical and Movement Sciences, University of Verona
 Antonio Scarano, Full Professor, Department of Innovative Technology in Medicine & Dentistry, G. D'Annunzio, University of Chieti

Secretary: M.C. Lirosi

Histological aspects of cellulite: shedding light on 100 years of uncertainties

A. Scarano (Chieti)

Cellulite treatments

R. Amore (Camerino, MC)

Cellulitis and lipedema – Ultrasonographic and elastosonographic analysis

S. Veronese (Verona)

Senescent cells: cellulite and lipedema

D. Amuso (Modena)

Cellulite and lipedema comparison

A. Sbarbati (Verona)

Discussion

4:30 pm

Panel Discussion - Ethics, communication, and patient relationship

Chair: Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)
Secretary: G.S. Canfarelli



Beauty laboratory - genesis of a project in schools

A. Catizzone (Catanzaro)

The deontological code of the Medical Board of Physicians

A. Magi (Roma)

The ethical aspects

A.G. Spagnolo (Roma)

The psychological aspects

G. Caloiro (Roma)

Discussion

5:30 pm

Regenerative Medicine and PRP: innovations and scientific evidence 1

Chairs: Massimo Danese, President of the Italian Society of Multi-specialist Regenerative Medicine and Surgery (SIMCRI)
 Alessandro Gennai, Surgeon, Specialist in General Surgery, Bologna
 Laura Mazzucco, Head of Blood bank and Laboratory of Regenerative Medicine, Transfusion Medicine SS Antonio e Biagio e Cesare Arrigo Hospital, Alessandria
 Volodymyr Tsepkoenko, President of the Ukrainian Society of Aesthetic Medicine (USAM)

Secretaries: F. Campioni, C. Cervelli

Regenerative medicine in dermatology: from PRP to lipofilling

M. Carlesimo, M.C. Fortuna (Roma)

Ultrasound evaluation in the use of PRP and PRF-I in the treatment of facial skin aging

R. Sorrentino (Napoli), G. Volpe (Salerno)

Superficial Adipose Tissue: a good match for skin regeneration

A. Trivisonno, F. Calcagni (Roma)

Therapy Autologous Regenerative TAR in combination with Interstitial Laser Lifting with 1470 nm Optical Fiber: the perfect match in facial aging treatment

M. Baldessin (Treviso)

The penis shot: protocol for improving male sexual function using autologous blood-derived products. Observational study on 20 patients with erectile dysfunction issues

F. Merelli (Arezzo)

Regenerative medicine for skin and hair: advanced technologies against aging and androgenetic alopecia

I. Fiaschetti, A. Garelli (Roma)

Discussion

10:30 am

Botulinum toxin: evolution in therapeutic landscape and future perspectives

Chairs: Carlo Di Gregorio, Surgeon, Specialist in Plastic and Reconstructive Surgery, Palermo
Ivano Iozzo, Surgeon, Specialist in Plastic and Reconstructive Surgery, Bologna

Secretaries: D.L. Lo Bue, R. Rosso

Efficacy, Safety, and Innovation from clinical evidence on AbobotulinumtoxinA

M. Romagnoli (Genova)

Clinical experience with ready-to-use botulinum toxin

C. Di Gregorio (Palermo)

Liofilized and liquid AbobotulinumtoxinA for individualized therapy

I. Iozzo (Bologna)

Hyaluronic acid and botulinum toxin in improving skin quality: a winning synergy

M. Belmontesi (Vigevano, PV)

Integrated approach with botulinum toxin in scar treatment

M. Tretti Clementoni (Milano)

Results from phase III trials on RelabotulinumtoxinA, liquid toxin in study phase for treating glabellar and lateral canthal wrinkles

F. Distante (Pavia)

Discussion

12:00 pm

Imaging in Aesthetic Medicine

Chairs: Ferial Fanian, Surgeon, Specialist in Dermatology, Parigi, Francia
Stefania Santini, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: B. Ferrillo, R. Rosso

Imaging in Aesthetic Dermatology in 2024: stat of the art

F. Fanian (Parigi, Francia)

Ecofast of the face in the Aesthetic Physician's office

M. Piludu (Cagliari)

Ultrasonic evaluation of dermis before and after injection of third-generation Poly-L-Lactic Acid

E. Santoro (Giugliano in Campania, NA), **G. Ambrosio** (Napoli)

SMAS, the neglected layer

L. Schelke (Amsterdam, Paesi Bassi)

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:15 pm

Cosmetology: updates and innovations 1

Chairs: Maura Secchi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Alessandra Semenzato, Assistant Professor, Department of Drug Sciences, University of Padova

Secretary: D. Badia

Enhancing post-laser recovery: harnessing new natural compounds via liquid ultrasonic nebulization

L. Mazzotta, **C. Trapella**, **M. Narducci**, **R. Rizzo** (Ferrara)

The role of new topical actives to improve skin quality

I. Proietti (Latina)

Sponge Spicule: microtrauma, delivery, and biostimulation

A. Calisti (Roma)

Molecular diagnostics for the identification of allergies to natural ingredients in cosmetic products

L. Pirrotta (Roma)



Cosmeceuticals and Aesthetic Medicine: evaluation of an innovative product line

G.M. Izzo (Napoli)

Cosmetology for sensitive skin

E. Bianchi (Bologna)

Retinol and Retinol-Like compounds in corrective approaches to cutaneous and facial aging

M. Secchi, E. Bartoletti (Roma)

Discussion

4:30 pm

Cosmetic ingredients at the crossroads between science and misinformation

Chairs: Carla Scesa, Professor of Cosmetology, University of Siena, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Monica Nizzardo, Medical Biotechnologist, Editorial Manager Tekno Scienze, Milano

Maura Secchi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: D. Nicosia

Introducing the problem

C. Scesa (Roma)

Transparency and correct information at the center of cosmetic industry strategies

F. Borsa (Milano)

Defining the testing criteria for efficacy and dermatological compatibility with environmental factors

M.C. Romano (Roma)

Formulating cosmetics: ensuring efficacy and safety

F. Fioravanti (Roma)

Discussion

5:30 pm

From the Golden Ratio to artificial intelligence algorithms

Chairs: Domenico Centofanti, Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Nadia Fraone, Secretary General of the Italian Society of Aesthetic Medicine (SIME)

Giovanni Scapagnini, Full Professor of Clinical Nutrition, Department of Medicine and Health Sciences, University of Molise

Secretaries: M.T. Meiattini, V. Santoro

Virtual reality in Aesthetic Medicine

M. Giannessi (Parma)

AI in Medicine: transforming healthcare from diagnosis to precision medicine

T. Mazza (Roma)

The role of Artificial Intelligence in Aesthetic and Functional Gynaecology: stepping into the third millennium

G. Buzzaccarini, R.S. Degliuomini, S. Salvatore, M. Candiani (Milano)

Artificial Intelligence: assessment of the information value of chatbots in medicine and aesthetic surgery through a comparative analysis

M. Pezzella, M. Jeri, M.G. Orlando, D. Ribuffo, F.R. Grippaudo (Roma)

3D imaging and artificial intelligence in dermocosmetics

G. Vespasiani (Roma)

Aesthetic Medicine as art: perspectives, canons and further development

D. Centofanti (Roma)

Extreme body modifications: bad taste or a search for new forms?

A. Calisti (Roma)

The importance of climate change and environmental impact in Aesthetic Medicine

N. Fraone (Roma)

Discussion

8:45 am

Trichology updates

Chairs: Daniele Campo, Councillor of the Italian Society of Trichology (SITri)
Antonio Soverina, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretaries: S. Mossa, D. Rossi

Stress-related alopecia: Telogen Effluvium and Alopecia Areata

C. Fasulo, M. Iannone, R.A. Satriano (Battipaglia, SA)

New scenarios in the treatment of androgenetic alopecia and telogen effluvium with HPT® Polynucleotides

M.G. Antonucci (Roma)

Androgenetic alopecia: one year of experience of treatments with combined therapy

K. Siviero, P.R. Russo (Modena)

Automatic artificial hair implant system 4.0

R. Dell'Avanzato (Milano)

Male androgenetic alopecia: new therapeutic approach

M. Cusmai (Bari)

Treatment of universal alopecia by means of tricopigmentation: clinical case

T. Belfatto (Casoli, CH)

Telogen and trichodynia: the approach of physical therapy

M. Starace (Bologna)

Hair transplant and dermatofunctional physiotherapy. The advantages of treatment before and after surgery

F. D'Ambra (Napoli)

Discussion

10:30 am

Trichology: SITri updates

Chairs: Daniele Campo, Councillor of the Italian Society of Trichology (SITri)
Andrea Marliani, Founder President of the Italian Society of Trichology (SITri)

Secretaries: R. Colletti, S. Mossa

Smart & cheap treatment of Androgenetic Alopecia

A. Marliani (Firenze)

Early androgenetic alopecia: from the clinic to therapy

F. Bini (Firenze)

Cicatricial Alopecia: a challenge for the surgeon

M. Toscani (Roma)

Female alopecia: new therapeutic approaches

R. Giannatiempo (Napoli)

Long-hair FUE hair transplant technique

C. Insalaco (Roma)

Use of JAK inhibitors in alopecia areata: our experience

A. Rossi (Roma)

Eco-friendly trichology: when the prosthesis "goes green"

G. Giambertone (Roma)

Biphasic Alopecia

A. Beatini (La Spezia)

Transversal approach to androgenetic alopecia

D. Di Nunno (Roma)

The relationship between trichorrhexis nodosa and hypoferritinemia

D. Campo (Roma)

Discussion

12:30 pm

Acne: an integrated approachChairs: *Elisabetta Bianchi, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Emilia Romagna**Maura Secchi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma*Secretary: *M.L. Boccia***Severe moderate acne treatment in monotherapy with fluorescent light energy (FLE): clinical case***V. Manzoni (Milano)***Bakuchiol: a natural retinol in the treatment of acne***M. Francia (Napoli)***New cosmetic formulations developed for acne-prone skin***D. Subissati (Trieste), A. Franceschelli (Roma)***Integrated treatment of acne sequelae: from the latest Energy Based Devices to the role of a last generation topical retinoid***M. Tretti Clementoni (Milano)***Acne scars: combined protocol with microneedling and PRP***F. Cerullo, A. Santorelli (Napoli)***Pneumatic jet remodeling with the use of an innovative low crosslinkage filler: our experience***G.M. Izzo (Napoli)***Evaluation of the role of a hybrid filler of Hyaluronic Acid and Calcium Hydroxyapatite in the management of post-acne scars using 2D, 3D digital morphometry, OCT, and RCM***I. Proietti (Latina)*

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:00 pm

Lasers and Energy Based Devices in Aesthetic Medicine - 1Chairs: *Filippo Balconi, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma**Gianluca Russo, President of the Italian Society of Non Ablative Radiofrequency (SIRNA)*Secretary: *A. Lo Presti***Combination of focused Electromagnetic Fields and Cryoliposculpture for 3D body contouring***A. Boccuzzi (Bari)***Cryolipolysis for non-invasive reduction of abdominal and flank adiposity***C. Bortoletti (Padova)***Body remodeling with microwave source***P. Boriolo (Cureggio, NO)***The use of fractional radiofrequency needling in the treatment of abdominal laxity. Our clinical experience***A. Caputo (Napoli)***EBD in body contouring: VaserLipo***G. Gallo (Canicatti, AG)***Endolipolaser in the treatment of small, localized fat deposits in the body. Personal experience***M. Luni (Torino)***New frontiers in permanent hair removal: the effectiveness of double wavelength diode and alexandrite laser technology***N. Lebbar (Milano)***Laser hair removal with dual 755/1064 nm wavelength: safe and effective over a wide range of hair and phototypes***F.C. Heydecker (Vimercate, MB)***Hollywood Laser Peel - The unique combination of cleansing, exfoliation, and regeneration***V.G. Clatici (Bucarest, Romania)*

Discussion

4:30 pm

Science, Well-being and Beauty

Chairs: Antonella Tammaro, Associate Professor of Dermatology, Department of "Scienze della Salute", University of "Magna Grecia" of Catanzaro

Antonino Trischitta, President of the Association Dermatologists from Campania (ADECA)

Secretaries: F. Urso, L. Ventura

Laser therapy for benign cutaneous neoplasms for aesthetic purposes

M. Pezza (Benevento)

Radiofrequency with micro-needling: what are the advantages?

V. Carlomagno (Benevento)

Tattoos and permanent makeup in an evolving world: regulations, safety, and technology

A. Pirrera (Roma)

Reconstruction of the areola-nipple complex with dermopigmentation within the Breast Unit of Gemelli-Isola, Roma: not only an aesthetic procedure, but ethically necessary

G. Assalti (Roma)

The best High-Tech Regenerative Aesthetic Medicine for every stage of aging

A. Pacifici (Perugia)

Smoke and skin

A. Pezzuto (Roma)

Facial lesions: communication between Aesthetic Medicine and conventional medicine

C. Chello (Roma)

Nail ultrasound: common applications

G.A. Adebajo (Roma)

Non-invasive diagnostic methods for breast lesions

C. Cantisani (Roma)

Anomalous injections for aesthetic purposes

F. Luzi (Roma)

Problematic nails: what's the solution?

G. De Marco (Roma)

Benign skin lesions: lipomas. Aesthetic evaluation and surgical treatment

E. Gelormini (Roma)

Use of the plasma technique in cutaneous aging

G. Fatuzzo (Roma)

Nutrition + well-being = beauty

C. Casale (Roma)

Discussion

10:30 am

Thesis presentation of the EFAMS Italian Schools of Aesthetic Medicine

Chairs: Nadia Fraone, Vice-director of the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Enrica Maggiori, Vice-director of the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Mario Mariotti, Member of the Executive Committee of the Italian Scientific Society of Medicine in the Aesthetic Field (AGORÀ), Milano
 Nadia Tamburlin, Member of the Executive Committee of the Italian Scientific Society of Medicine in the Aesthetic Field (AGORÀ), Milano

Secretary: M. Evangelista

Rhinofillers and complications

R. D'Oria, N. Tamburlin (Milano)

Educational and ethical role of the Aesthetic Physician with intervention proposal for successful aging

L.M. Vergati, F. Strollo (Roma)

Aesthetic medical approach in patients with a history of breast carcinoma: results on improvement in quality of life and discomfort after pilot protocol of global soft full-face approach

I. Cucinotto, L. Savoldini, M. Mariotto (Milano)

Use of Botulinum Toxin in patients with blepharospasm

A. Kasongo, N. Tamburlin (Milano)

The use of low-dose isotretinoin in the treatment of photo/crono aging

G.N. Mastandrea Bonaviri (Frosinone), M. Secchi (Roma)

Alternative injectable approach in the use of dermal biostructuring with hybrid ha complexes: comparative techniques and proposal of an evaluative rationale

M.C. Cappellini (Firenze), N. Fraone (Roma)

Discussion

11:45 am

Combined protocols in Aesthetic Medicine 1

Chairs: Katia Caccamo, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Sicilia
 Oriana Maschio, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: G. Mammetti

Mandibular Lift: combined approach to the lower third using traction threads and FTF laser energies

F.M. D'Alessio, A. Santorelli (Napoli)

Liftings behind the scenes: the "invisible" implant of fillers and traction threads, which varies based on the skeletal occlusal classes. An alchemy that gives natural beauty and freshness to every face

T. Manenti (Roma)

When synergies generate new solutions in skin rejuvenation. Morpheus8 and PRX-T33 in the same session: my experience

A. Corona (Cagliari)

Combined rejuvenation of the lower third of the face

L. Osmanagaj (Prato)

Restoration of the middle third of the face: use of hyaluronic acid fillers with different molecular weights and PDO traction threads to harmonize and rejuvenate the shape of the face

A. Perna, R. Perna (Napoli)

Immediate skin tightening effect: synergistic approach of low molecular weight hyaluronic acid and IR laser

P. Sacchi (Ancona)

Skin laxity: a game changer approach

C. Sassi (Como)

Combined treatment with CO2 laser technology and hyaluronic acid biostimulation in a full-face rejuvenation protocol

L. Sugliano (Genova), F. Cerullo, A. Santorelli (Napoli)

Combined treatments for upper third face correction: polycaprolactone collagen-stimulating filler and opposing polyactic acid cone threads, how and when

F. Vercesi (Milano)

Laser and Filler: utopia? Sinergy between 675nm wavelength laser and calcium hydroxyapatite fillers. Preliminary personal experience

M. Vitale (Bologna)

Skin rejuvenation of face and neck with a simple but effective combined approach: intradermal radiofrequency and PRX-Therapy

D. Mecchia (Corbetta, MI)

Correction of the perioral region: comparing and combining methods

E. Vanacore (Roma), G.M. Izzo (Napoli)

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:00 pm

Hyperpigmentation and melasma

Chairs: Paola Tarantino, Surgeon, Aesthetic Physician, Lugano, Svizzera

Marina Triulzi, Member of the Executive Committee of the Italian Scientific Society of Medicine in the Aesthetic Field (AGORÀ)

Secretary: D. Foti

New 1470 nm fractional non-ablative laser in the treatment of skin aging in dyschromic alterations and melasma

F. Marini (Pescara)

Melasma: up to date 2024

G.M. Izzo (Napoli)

Melasma management and therapy: combined personal approach

A. Pieri, A. Damiani, A. Pacifici (Perugia)

Combined bio-regenerative medicine techniques in the treatment of melasma

M. Cusmai (Bari)

Treatment of skin hyperpigmentations: CHAC technology as a new ally

D. De Rossi (Padova)

Long term program for skin hyperpigmentation in the spring-summer period: personal protocol

L. Calvisi (Cagliari)

Discussion

4:10 pm

Medical-Aesthetic management of Atopic Dermatitis

Chairs: Elisabetta Fulgione, Treasurer of the Italian Society of Aesthetic Medicine (SIME)

Maria Tomat, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Friuli Venezia Giulia

Secretary: M.T. Molfetta

What is atopic dermatitis and how is it recognized?

A. Balato (Napoli)

New guidelines: from pharmaceuticals to cosmetic

E. Fulgione (Napoli)

Risks of Aesthetic Medicine therapies on atopic patients

C. Scharf Pinto (Napoli)

Discussion

4:55 pm

Hypomelanosis: state of the art

Chairs: Stefania Guida, Unit of Clinical Dermatology San Raffaele, Hospital, University Vita-Salute, Milano

Maria Giuseppina Onesti, Former Associate Professor of Reconstructive and Aesthetic Plastic Surgery, Sapienza University of Roma

Secretary: M.T. Molfetta

Differential diagnosis among various hypomelanosis conditions

G. Babino (Napoli)

**Update on active ingredients for hypomelanosis**

F. Farnetani (Modena)

Limits of Aesthetic Medicine in patients with vitiligo

E. Bianchi (Bologna)

Discussion

5:40 pm

Lips: definition and volume 1

Chairs: Loredana Cavalieri, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Gabriella Gentili, Surgeon, Specialist in Plastic Surgery, Roma

Secretaries: C. La Palombara, A. Maisto

Comparative analysis of lip augmentation with hyaluronic acid fillers exhibiting different G prime values on various injection planes

N. Pittoni (Udine)

The lips: from personalization to the choice of the infiltration technique

A. Minio (Palermo)

Male lip filler: a new challenge for Aesthetic Physician

E. Iachini (Milano)

A technical approach to redefining and volumizing the lip area with hyaluronic acid

N. Ribè Subira (Barcelona, Spagna)

BDM Lips, from biostimulation to the redefinition of lines and volumes. A single technique to biostimulate the vermilion, define the contours and maintain the results. The approach to make every mouth unique

M. Enzani (Genova)

Safety and patient satisfaction of a new Hyaluronic Acid-based lip filler beyond 12 months after treatment

A. Franceschelli (Roma)

The smile: the best strategy in recovering functional and aesthetic balance in our patients

B. Claysset (Bologna)

Discussion



11:00 am

Aesthetic Medicine of the External Genitalia 1

Chairs: *Alessandra Cacciatore, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma*
Alessandra Lusi, Coordinator of Aesthetic Medicine of External Genitalia Study Group - Italian Society of Aesthetic Medicine (SIME)
 Secretary: *E.M. Coco*

Ultrasound evaluation of vulvar hypodermis as a diagnostic factor of vulvovaginal atrophy in menopause

T. Spagnuolo (Pescara)

New treatment realities in vulvar rejuvenation: focus on Polynucleotides HPT®

I.P. Palmieri (Napoli)

Heterologous type I collagen for genital lichen sclerosus: a novel therapeutic approach

K. Gkouvi (Salonico, Grecia), A. Corbo (Roma)

Rejuvenation of the vulvovaginal area: correction of vulvar ptosis and hydration of the vulvovaginal mucosa with cross-linked hyaluronic acid

S. Focchi (Milano)

Use of Botulinum Toxin in Aesthetic Medicine and Gynecology: current approaches, controversies, and future directions

G. Buzzaccarini, R.S. Degliuomini, S. Salvatore, M. Candiani (Milano)

PRP in vaginal aging

G. Viglione (Apollosa, BN), A. Lusi, L. Cavalieri (Roma)

Discussion

2:00 pm

Opening Ceremony in C. A. Bartoletti Room

3:00 pm

Scar Management

Chairs: *Kristallia Antoniadou, Arbitrator of the Italian Society of Aesthetic Medicine (SIME)*
Maurizio Leonardo Luigi Tancredi, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Puglia
 Secretary: *G. Li Vecchi*

Prevention and surgical treatment of hypertrophic scars and keloids: a review of scientific literature and state of the art

F. Frangella (Roma)

Scars: can any technology still shock me?

F. Lino (Caserta)

Qualitative-quantitative assessment of non-traumatic facial scars

F. Lombardo (Firenze), C. Scacciati, C. Fabris, G. Menchini (Pisa)

Innovative technology for difficult scars

A. Pacifici (Perugia)

Non-invasive scar treatment with Biodermogenesis

S. Zecchetto (Verona)

Pathological scars and intralesional treatments

M. Lo Piparo (Bagheria, PA)

Management of difficult scars with silicone gel

E. Torre (Piacenza)

Three layer therapy of difficult scars: the new vision

I. Hermenegildo (Lisbona, Portogallo)

Discussion

4:15 pm

Body: therapeutic updates on Edematous Fibrosclerotic Panniculopathy and Localised Adiposity 1

Chairs: Pasquale Abbruzzese, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Elma Bunar, President of the Croatian Association of Aesthetic Medicine (HUEM)

Secretary: B. Agrifoglio

Lipedema and endocrine-metabolic comorbidities

L. Patton (Trento)

Body recomposition and improvement of quality of life in patients with lipedema with long-term ketogenic therapy: case series

S. Folloni (Cavalese, TR)

Clinical and ultrasound evaluation of the efficacy of a topical hypertonic cream in the treatment of cellulite

A. Di Guardo, C. Cantisani, C. Solito, F. Rega, V. Cantisani, L. Gargano, G. Rossi, G. Pellacani (Roma)

Treatment of adipose cellulite with compressive microvibration

P.A. Bacci (Arezzo)

Efficacy and safety of a combined protocol of Radiofrequency, polylactic and collagenase in the treatment of PEFS

F. De Angelis, C. Fazi, G. Niro, V. D'Orlando (Napoli)

Combination of enriched oxygen and microwave therapy for cellulite and skin laxity, a novel effective procedure

E. Ferrari (Milano)

An injectable that redefines anti cellulite protocols: mesotherapy vs trans dermal vehiculation. Experiences and results

P. Sacchi (Ancona)

A new nutritional approach for lipedema: the Mediterranean diet modified with a new protocol

L. Auletta (Napoli), E. Palmeri, G. Alberti (Palermo)

Discussion

5:30 pm

Panel Discussion - Therapeutic pathways and long-term patient management



Chairs: Annarosa Catizzone, Councillor of the Italian Society of Aesthetic Medicine (SIME)
Chiara Giorgio, Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for South Italy

Secretary: D. Foti

Introduction to the session

A. Catizzone (Catanzaro)

Patient loyalty in Aesthetic Medicine: navigating through time towards optimal well-being

S. Santini, M. Fontevicchia (Roma)

Significance of a soft approach in Aesthetic Medicine: case report

M.A. Savina (Roma)

Non-ablative radiofrequency as a therapeutic strategy to counteract skin aging of face and body

G. Russo (Caserta)

Aesthetic Medicine 2.0 – Prevention, daily maintenance and correction as a last resort

E. Massidda (Sassari)

Natural look and long-term results with soft therapies

A. Catizzone (Catanzaro)

Discussion

9:00 am

Fillers: old and new complications

Chairs: Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)
Marina Landau, Surgeon, Specialist in Dermatology, Israele

Secretary: L. Busa

Hyaluronic acid-based fillers are partially absorbable products: analysis of resorption degree 24 months after hyaluronic acid-based filler injection

F. Vignoli (Bologna)

Periorbital edema following hyaluronic acid injection

E. Bartoletti (Roma)

History of attempting reversal of blindness after treatments with Hyaluronic Acid

P. Treacy (Dublino, Irlanda)

Stratification of different fillers: presentation of clinical cases

S. Bordegaray (Barcelona, Spagna)

Treating delayed onset nodules related to dermal filler

P. Treacy (Dublino, Irlanda)

FOS - Facial Over Correction Syndrome

G. Trocchi (Roma)

Using Methotrexate for delayed onset nodules, including those from post Covid vaccine

P. Treacy (Dublino, Irlanda)

Filler complications in aesthetics: medicolegal implications

M.G. Onesti, G. Ruggieri (Roma)

Discussion

10:30 am

Live Session - Upper and lower periorbital region

Chairs: Andrea Alessandrini, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Guilherme Castela, Centro Hospital Universitario de Coimbra, Medical School, University of Coimbra, Portugal

Secretary: F. Sotgiu

C. Graziani (Torino)

F. Bernardini (Genova)

Discussion



11:30 am

Men Age Too

Chairs: Annalisa Calisti, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lazio
Alessandra Camporese, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Marco Papagni, Member of the Executive Committee of the Italian Society of Medicine in the Aesthetic Field (AGORÀ)

Secretary: T.M. Giacomuzzi

Volumetric corrections on a male face: respect for anatomy and expressions

E. Mastroluca (Roma)

From serums to sunscreen: essential products for men's anti-aging routine

A. Semenzato (Padova)

Male lips, how are they treated?

M. Landau (Herzliya, Israele)

Botulinum toxin in men: tips & tricks

E. Bartoletti (Roma)

Laser sources and other EBD in male aging: from prevention to treatment

F. Balconi (Milano)

Discussion

12:30 pm

CISSME updates - Italian College of Aesthetic Medicine Scientific Societies

Participants: *E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)*
M. Priori - President of the Italian Society of Aesthetic and Surgical Medicine (SIES)
N. Tamburlin - Member of the Executive Committee of the Italian Society of Medicine in the Aesthetic Field (AGORÀ)

1:00 pm

Panel Discussion - Autoimmune diseases and Aesthetic Medicine

Chairs: *Cinzia Milito, Department of Molecular Medicine, Sapienza University of Roma*
Gloria Trocchi, Vice-president of the Italian Society of Aesthetic Medicine (SIME)
 Secretary: *L. Astorino*

Relationship between fillers and autoimmune therapies: a review*G. Trocchi (Roma)***Autoimmune Disorders in Dermatology***L. Colonna (Roma)***The absolute and relative contraindications to fillers***L. Pirrotta (Roma)***The immunologist's perspective***C. Milito (Roma)*

Discussion

2:00 pm

Don't forget the past, to stay one step ahead (IMCAS - SIME)

Chairs: *Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)*
Hugues Cartier, Surgeon, Specialist in Dermatology - Scientific Director of IMCAS
 Secretary: *M. Decinti*

The story of hyaluronidase*P. Treacy (Dublino, Irlanda)***The modern use of hyaluronidase***G. Salti (Firenze)***The story of fillers***H. Cartier (Arras, Francia)***Methotrexate or not metho for delayed reactions after fillers***M. Landau (Herzliya, Israele)*

Discussion

3:00 pm

Neuromodulation and Mechanical Myomodulation 1

Chairs: *Umberto Preite, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Abruzzo and Molise*
Ivano Iozzo, Surgeon, Specialist in Plastic and Reconstructive Surgery, Bologna
 Secretaries: *D. Cosmai, G. Giudice*

Face, identity, depression: neurological mechanisms and botulinum toxin*A. Lozza (Pavia)***Remodeling of the lower third of the face and neck with AbobotulinumtoxinA: beyond the Nefertiti lift***C. Feltri (Roma)***Clinical experiences with liquid botulinum toxin***C. Di Gregorio (Palermo)***Use of a new botulinum toxin for therapeutic purposes: piriformis muscle syndrome, from diagnosis to treatment***E. Torre (Piacenza)***Personal experience in correcting expression wrinkles using Prabotulinumtoxin A***A. Gessati (Milano)***Patient-reported outcomes with repeated administration(s) of OnabotulinumtoxinA for the treatment of masseter muscle prominence: results from a phase 3 multiregional study***G. Salti (Firenze)*

Evaluation of botulinum neurotoxin type E preparation (TrenibotulinumtoxinE) in the Mouse Digit Abduction Score (DAS) test

I. Chiarucci (Roma)

Neuromodular does not mean paralyzing: when our goal is to reduce wrinkles, not induce paralysis

F. Vignoli (Bologna)

Why BTXA injections sometimes provide suboptimal results and do we need “stronger” toxins?

M. Landau (Herzliya, Israele)

Full face treatment with the Biobotulinum protocol: the evolution of the microbotulinum in cutaneous ageing

M. Basso, E. Di Lella (Roma)

Discussion

4:30 pm

Comparing Biorestructurants

Chairs: Jean Jacques Deutsch, Secretary General of the French Society of Aesthetic Medicine (SFME)

Ferial Fanian, Surgeon, Specialist in Dermatology, Parigi, Francia

Enrico Massidda, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Sardegna

Secretary: A.L. Tomarchio

Recommendations for the use of PLLA-SCA from an Italian Expert Consensus

A. Innocenti (Firenze), C. Di Gregorio (Palermo), M. Loporati (Milano), M. Luni (Torino), T. Battistella (Treviso), L. Rossati (Vicenza)

Long-term experience with next-generation Poly-L-Lactic Acid in body contouring

G. Salti (Firenze)

Regenerative biostimulation with CaHA: not only for the face

G. Gentili (Roma)

Calcium hydroxyapatite: synergy with polymicronutrients

F. Fanian (Parigi, Francia)

The modern approach to facial corrections as a result of balance between volume and biostructuring through the use of Polycaprolactone

A. Camporese (Cadoneghe, PD)

Hybrid filler based on hyaluronic acid and calcium hydroxyapatite

A. Santorelli (Napoli)

Discussion

5:40 pm

Combined Neuromodulation

Chairs: Pierfrancesco Cirillo, Surgeon, Specialist in Plastic Surgery, Roma

Gloria Trocchi, Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Secretary: F. Cicero

Skin quality combined approach: TCA-H2O2 and Incobotulinumtoxin A

S. Belletti (Milano)

Synergistic approach to rejuvenation: combined therapy with NASHA Skinbooster and ABO Botulinum Toxin A – part 1

I. Iozzo (Bologna), M. Belmontesi (Vigevano, PV)

Synergistic approach to rejuvenation: combined therapy with NASHA Skinbooster and ABO Botulinum Toxin A – part 2

M. Belmontesi (Vigevano, PV), I. Iozzo (Bologna)

Full-face combined approach with HA filler and Letibotulinumtoxin A

A. Minio (Palermo)

Synergistic therapies with botulinum toxin and hyaluronic acid

C. Di Gregorio (Palermo)

From botulinum to microbotulinum: interaction with biomimetic peptides

L. Piovano (Roma)

Discussion

8:45 am

Lips: definition and volume 2

Chairs: Antonio Luca Amore, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Raffaele Rauso, Surgeon, Specialist in Maxillofacial Surgery, Roma

Secretary: T. Totino

Lip filler standardisation: my personal experience

A. Corona (Cagliari)

Harmonic enhancement of the lips with two dedicated fillers

S. Belletti (Milano)

Lips and injection strategies: choosing HA filler to improve long-term durability and patient satisfaction

C. Incandela (Palermo)

Horizontal infiltration techniques in lip treatment: evolution, involution or complementary to vertical techniques?

D. Palazzolo (Palermo)

Aged Lips: restoration and rejuvenation of the lips and perioral area with hyaluronic acid filler, botulinum toxin and PDO threads

A. Perna, R. Perna (Napoli)

Integrative regenerative techniques: a comprehensive aesthetic protocol for perioral rejuvenation

A. Gennai (Bologna)

Discussion

10:00 am

Non-surgical lifting: from threads to new technologies 1

Chairs: Pier Antonio Bacci, Surgeon, Specialist in Surgery and Vascular Diseases, Arezzo
Maria Caputo, Isola Tiberina - Gemelli Isola Hospital, Roma
Salvatore Raso, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Calabria

Secretaries: M.L. Boccia, J. Di Paolo

RFAL (radio-frequency assisted Liposuction): the game changer for minimally invasive face and neck lifting

M.L. Pozzuoli (Torino)

Absorbable traction threads: when and why

E.M. Amato (Verona)

The impact of the suspensive threads in the lower middle third of the face

B. Claysset (Bologna)

Combined treatment: Polylactic acid, Polycaprolactone and hyaluronic acid (PLACLHA) threads and biofiller based on high molecular weight linear hyaluronic acid, alfa1 R-polypeptide chain and carboxymethylcellulose

A. Fogli (Milano)

Eco-guided microfocused ultrasound in the treatment of facial skin laxity for a natural lifting effect. Personal experience

A. Baroni (Empoli)

Combined therapy with high-intensity micro-focused ultrasound and hyaluronic acid for facial and neck rejuvenation

C. Bortoletti (Padova)

The use of Focused Ultrasound to reduce facial skin laxity

M. Bernardi (L'Aquila)

Mid-face treatment with a combined approach of microfocal ultrasound and combined hyaluronic acid with calcium hydroxyapatite

E. Ferrari (Milano)

The use of fractional radiofrequency needling in the treatment of the submental region. Our clinical experience

A. Caputo (Napoli)

Our treatment experience with combined electromagnetic field, radiofrequency and vacuum technology in facial rejuvenation

C. Fabris, F. Lombardo, C. Scacciati, G. Menchini (Pisa)

Biolinwrap: non surgical lifting of the face with virtual-autologous threads. Plasma Nose Sculpture: the reduction of nose volume and tip of the nose reshaping with Exeresi Plasma without surgery (my technique)

A. Heravi (Roma)

Discussion

11:45 am

Body: therapeutic updates on Edematous Fibrosclerotic Panniculopathy and Localised Adiposity 2

Chairs: Elio Badolati, Endocrinology and Dietology of the ASL Naples 1, Campania Region

Giuseppe Drapchind, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Liguria

Giovanni Gallo, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: F. Pappagallo

Lipedema & thickness of the subcutaneous adipose tissue: relationship between ultrasound measurements and blood-chemical tests

L. Ricolfi (Genova), L. Patton (Bologna)

Radial and Focused Acoustic Wave Therapy for the treatment of cellulite and localized adiposities

E. Tati (Roma)

Lipoedema and compressive microvibration: adipofascial action mechanisms

P.A. Bacci (Arezzo)

Microwaves and pure oxygen: a new therapeutic option in the treatment of fibrotic cellulite

R. Facchini (Roma)

Effects of Cryolipolysis with Active Vacuum Technology: histological aspects in vivo, in humans

D. Pugliese (Bari)

The use of electromedical patent in therapeutic combat against PEFS and skin laxity

F. Flagiello, K. Antoniadou (Roma)

Discussion

12:45 pm

Social Aesthetic Medicine

Chairs: Fulvio Tomaselli, Honorary President of the Italian Society of Aesthetic Medicine (SIME)

Patrick Treacy, Surgeon, Medical Director, Ailesbury Clinics Ltd, Dublino, Irlanda

Carlo Zannella, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Secretary: G. Volpini

Elderly today, elderly yesterday: aging well in an aging society

C. Castagnaro, R. Cagiano De Azevedo (Roma)

International consensus on post-war scars: Ukrainian experience

A. Turkevych (Leopoli, Ucraina)

Treatment of major burn patients, case report

S. Marafioti (Taurianova, RC)

Using 3% Retinol peeling and cosmeceuticals for the aesthetic wellness of the oncological patient after precautionary endocrine treatment

M. Belmontesi (Vigevano, PV)

Aesthetic Medicine and young patients: initial results from a retrospective regional study on upcoming trends and expectations

U. Preite (Pescara), E. Vescovi (Vasto, CH), M. Bernardi (L'Aquila)

Gift of Giving Project: Beauty suspended

C. Virzi (Catania)

Aesthetic treatments in cancer patients

I. Proietti (Latina)

Discussion



2:00 pm

When aesthetic concerns indicate an underlying pathology (SIME - SIDEMAST)*Chairs: Elisabetta Fulgione, Treasurer of the Italian Society of Aesthetic Medicine (SIME)**Michela Starace, Department of Experimental, Diagnostic and Specialty Medicine, Dermatology Unit, University of Bologna**Secretary: M. Piai***Brown***S. Guida (Milano)***Yellow***N. Zerbinati (Varese)***White***G. Alessandrini (Ugento, LE)***Hypertrophic and atrophic scars***S.P. Nisticò (Roma)*

Discussion

3:15 pm

Inflammaging and interventions*Chair: Patrizia Anna D'Alessio, Surgeon, Specialist in Hematology, Parigi, Francia**Secretary: T.M. Giacomuzzi***Resveralogues - Novel agents to target inflammaging***R.G.A. Faragher (Brighton, Regno Unito)***Preclinical and clinical investigations of potential natural geroprotectors***A. Moskalev (Mosca, Russia)***Inflammaging and skin aging pathology***C. Franceschi (Bologna)***Inflammaging: the connection between cell senescence and chronic inflammation***P.A. D'Alessio (Évry, Francia)*

Discussion

4:30 pm

Symposium: Scientific Evidences of Mesotherapy in Dermatology (SIM)*Chairs: Costanza Guglielmo, Outpatient Service of Aesthetic Medicine and Psychophysical Wellbeing in pathological patients, Isola Tiberina - Gemelli Isola Hospital, Roma**Massimo Mammucari, President of the Italian Society of Mesotherapy (SIM)**Secretary: D. Paolino***Mesotherapy in Melasma***S. Guida (Milano)***Mesotherapy in hair loss***F. Bini (Firenze)***Recommendations of the Italian Society of Mesotherapy (SIM)***E. Maggiori (Roma)*

Discussion

5:30 pm

Combined protocols in Aesthetic Medicine 2*Chairs: Romualdo Crescenzo, Coordinator of the Academy Section of the Italian Society of Aesthetic Medicine (SIME)**Regina Fortunato, Surgeon, Specialist in Plastic Surgery, Centro BAC, Villa Stuart, Roma**Roberta Di Maggio, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma**Secretary: A. Martini***Facial rejuvenation: combined protocols for a natural result***P. Tarantino (Lugano, Svizzera)***Combined "in & out" protocol for skin aging: synergistic use of 1550 nm and 1927 nm dual wavelength lasers, nutraceuticals, and cosmeceuticals***M.G. Di Russo (Formia, LT)*



Synergistic application of plasma gel and PDO threads with blunt cannula and free sharp needles for comprehensive facial rejuvenation

E. Guarino (Burlington, USA)

Non-surgical thermally-controlled lifting: my experience

N. Lebbar (Milano)

Skin resurfacing with drug delivery: is it a virtual or real advantage?

F. Lino (Caserta)

Regenerative Synergy: protocol between laser technology and biomimetic peptides

L. Miori, J. Miori, I. Rossignoli (Peschiera del Garda, VR)

FACE and body blemishes: approach with multisource 1 MHZ RF, therapeutic and fractionated combined with TCA-H2O2

F.P. Alberico (Napoli)

Combined protocol for the body profiles' remodeling: cryolipolysis, high-intensity electromagnetic fields and macro-focused ultrasound. When to leverage technologies synergistically

M. Bernardi (L'Aquila)

Combined protocol for the reshaping of the body profile: cryolipolysis and high intensity electromagnetic fields

P. Caregnato (Genova)

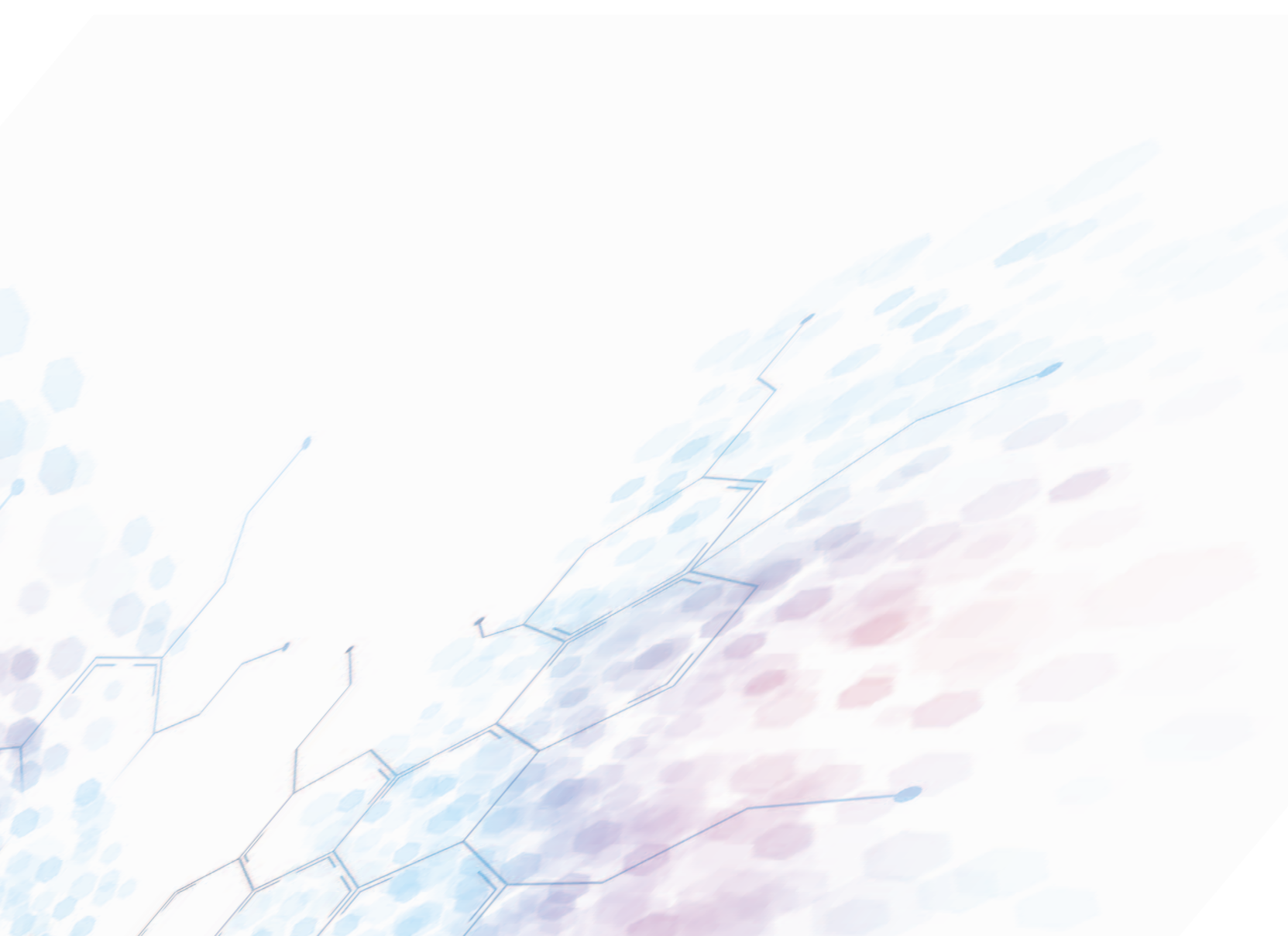
Body reshaping, holist approach

C.L. Leggieri (San Giovanni Rotondo, FG)

Introducing "HydroFeed": pioneering skin bioregeneration advancements

K. Gkouvi (Salonicco, Grecia), A. Corbo (Roma)

Discussion



8:45 am

Body Aesthetic Plastic Surgery

Chairs: *Eugenio Gandolfi, Surgeon, Specialist in Plastic Surgery, Lugano, Svizzera*

Diego Ribuffo, Full Professor of Plastic Surgery and Director of the post graduate School of Plastic, Reconstructive and Aesthetic Surgery, Sapienza University of Roma

Secretary: *F. Pappagallo*

Ultrasound assisted lipoplasty combined with argo-plasma

N.R. Pepe (Roma)

Revolutionary approach in lipomodelling: significant skin retraction without intraoperative radiofrequency and circumferential scars

S. Sassu (Cagliari)

Treatment of Lipedema with Ultrasound Lipoemulsion

B. Bovani (Perugia)

A comprehensive analysis of Patient Decision Aids for breast reconstruction

B. Di Pace (Napoli), R.H. Padley (Bergamo)

Tridimensional reconstruction of the nipple-areola complex

T. Belfatto (Casoli, CH)

Breast reduction surgery: my perspective

C. Magliocca (Roma)

Discussion

9:50 am

Facial Aesthetic Plastic Surgery

Chairs: *Claudio Bernardi, Past President of the Italian Association of Aesthetic Plastic Surgery (AICPE)*

Carlo Magliocca, Surgeon, Specialist in Plastic Surgery, Roma

Secretary: *I. Fusto*

Tips and Pearls to avoid unsatisfactory results in blepharoplasty

G. Castela (Coimbra, Portogallo)

Rejuvenate the gaze. Meeting the current criteria for satisfactory solutions

F. Romeo (Roma)

The role of nasal fat preservation and assessment with the Face-Q Questionnaire

F. Taraschi, E.M. Nicodemi (Roma)

Use of Millimicrofat in pre-rhinoplasty preparation for multi-operated noses: an innovative approach to improve surgical outcomes

A. Trivisonno (Roma)

Advantages of the tongue in groove for the management of the malpositioned nasal tip

B. Ferrillo, L. Mosillo (Napoli)

The sliding alar cartilage flap in aesthetic rhinoplasty

S. Gentileschi, A.A. Caretto, M. Servillo (Roma)

Achkar Tip Graft in open rhinoplasty

I. El Achkar (Beirut, Libano)

Endonasal lip lift: tips and tricks

D. Lizambri, R. Rauso (Roma)

Combined Use of Biostimulation and Surgery

G. Casabona (Marbella, Spagna)

Discussion

11:15 am

Aesthetic Plastic Surgery of the Face (AICPE - SICPRE)

Chairs: *Roberto Bracaglia, President of the Italian Association of Aesthetic Plastic Surgery (AICPE)*

Stefania De Fazio, President of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)

Secretary: *S. Marchese*

My approach to facial rejuvenation surgery

C. Bernardi (Roma)



Adipose tissue in mid-facial rejuvenation: new trends

V. Cervelli (Roma)

Eye surgery and its evolution over time

A. Santorelli, M. D'Alessio, R. D'Alessio (Napoli)

Reconstructing the face "aesthetically" after oncological injuries: an ethical imperative

E. Migliano (Roma)

Discussion

12:30 pm

Hematological and biochemical aspects of aging

Chairs: Hellas Cena, President of the National Association Specialists in Nutritional Science (ANSISA)

Patrizia Anna D'Alessio, Surgeon, Specialist in Hematology, Parigi, Francia

Secretary: S. Floridia

Appropriateness of genetic testing in Medicine: prevention and diagnosis of inherited genetic variants

D. Cacchiarelli (Napoli)

Microbiota and nutrition: what synergy?

S. Basciani (Roma)

Gut and skin health

S. Giugliano (Milano)

Longevity science in the clinical practice

A. Beretta (Milano)

Longevity in the era of epigenetics

G. Terziani (La Spezia)

Glucotoxicity and ageing. Role of advanced glycation products (AGEs)

G. Ravera (Milano)

Discussion

2:30 pm

Aesthetic Medicine in Oncology Sex, Drugs & Aesthetic Medicine

Chairs: Marta Carlesimo, Department of Anesthesiology and Cardiovascular Clinical Internal Sciences, Faculty of Medicine and Dentistry, Sapienza University of Roma

Patrizia Frittelli, Head of Surgical Breast Operative Unit, Isola Tiberina - Gemelli Isola Hospital

Adelina Petrone, A. Gemelli IRCCS University Hospital. Department of Diagnostic imaging, Oncological Radiotherapy and Hematology, Roma

Gloria Trocchi, Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Alessio Viola, Journalist, Roma

Secretary: A. Salerno

Introduction to the session's themes, why we are here

G. Trocchi (Roma)

Sex - Sexual issues in oncological patients: the gynecologist

M. Framarino Dei Malatesta (Roma)

Drugs - The toxicity of oncological drugs on the genital system

G. Codacci Pisanelli, F. Peccatori (Roma)

Drugs and other therapy - Acute and late vaginal toxicity after high-dose adjuvant vaginal Brachytherapy (BT) in patients with endometrial cancer. Supportive therapies - Cosmetics

R. Barbara (Cagliari)

Drugs - Medications that improve urogenital syndrome in oncology

L. Merlino (Roma)

Aesthetic Medicine - The cosmetic phase (prevention protocols, active ingredients, and devices)

A. Petrone (Roma)

Differential diagnosis before treatment. Aesthetic Medicine: when and what?

M. Carlesimo, M.C. Fortuna (Roma)

Aesthetic Medicine - The biostimulating/regenerative/remodeling phase (laser)

R. Senatori (Roma)



Aesthetic Medicine - The remodeling phase (biostimulation, hyaluronic acid fillers)

A. Lusi (Roma)

Discussion

4:30 pm

Regenerative Medicine and PRP: innovations and scientific evidence 2

Chairs: Valerio Cervelli, Full Professor of Plastic Surgery and Director of post graduate School of Plastic, Reconstructive and Aesthetic Surgery, University of Roma "Tor Vergata"

Vincenza Dolo, Full Professor of Pathological Clinic, Department of Life, Health and Environmental Sciences, University of L'Aquila

Secretary: M. Lo Piparo

Photothermal Biomodulation (PTBM)

H. Pinto (Barcellona, Spagna)

PRP Plasma Rich in Platelets and Lipofilling. Our experience of over 20 years in Regenerative Medicine. Indications and future prospects for multispecialist care. Scientific evidence

E. Betti (Viareggio, LU), F.R. Grippaudo (Roma)

Autologous Regenerative Therapy in Aesthetic Medicine: a multicenter Italian study of 2365 cases

A. Gennai (Bologna)

The photo-thermo activation of adult mesenchymal stem cells filtered from lipoaspiration

P. Mezzana (Roma), H. Pinto (Barcellona, Spagna)

Facial neck and décolleté rejuvenation with molecular quantum resonance QMR

A. Sacco (Verona)

Stages of aging skin regeneration: laser and regenerative cell technologies

V. Tsepkenko (Odessa, Ucraina)

Randomized controlled study using autologous fat grafts, hybrid filler and fractional CO2 laser resurfacing in the treatment of elastosis: analysis of outcomes and satisfaction

R. De Bernardis, M. Barone, R. Salzillo, P. Persichetti (Roma)

Discussion

5:40 pm

Fillers: up-to-date on indications, technique, and results 2

Chairs: Annalisa Beatini, Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for Central Italy

Dario Dorato, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Maria Giuseppina Onesti, Associate Professor of Reconstructive and Aesthetic Plastic Surgery, Sapienza University of Roma

Secretaries: F. Buratti, L. Di Tommaso

Hyaluronic acid and facial tissue areas: the real characteristics for the appropriate corrections

A. Camporese (Cadoneghe, PD)

My experience in using third generation Polylactic Acid for skin rejuvenation

G. Ambrosio (Napoli), E. Santoro (Aversa, CE)

lalobilayer-Tech: a new formulation of injectables for the treatment of skin aging

S. Ciampa (Santarcangelo di Romagna, RN)

RF-MLT 3.1 technique: highly effective synergy to fight the signs of skin aging

B. Bovani (Perugia)

Middle-lower face & lip with single entry point: evolution of the technique

A. Corona (Cagliari)

Combined therapies for full face treatments: what are the possibilities and what are the synergies?

M. Luni (Torino)

Full face approach with dermal fillers: highlights on gender differences

M. Siliprandi (Milano)

L'aspetto innovativo della tecnica deep plane full face filler lifting

P. Movaffagh (Terni)

Correction of facial asymmetries through minimally invasive techniques

M. Renga (Milano)

Discussion

9:50 am

Carboxytherapy in Aesthetic Medicine

Chairs: Cesare Brandi, Associate Professor, Faculty of Medicine and Dentistry, University of Siena
Nadia Fraone, Secretary General of the Italian Society of Aesthetic Medicine (SIME)

Secretary: F. Scippa

Carboxytherapy: scientific studies and clinical applications

C. Brandi (Siena)

Carboxytherapy, from head to toe: a 360-degree applicable treatment

L. Vassallo (Savona)

Ecographical evaluation of the behavior of injectable CO2 at high controlled flows and its diffusion in the subcutaneous and adipose tissue

F.P. Alberico (Napoli)

Treatment of cellulite (district adiposity and edematofibrosclerotic panniculopathy) with carboxytherapy

A. Crippa (Lecco)

Use of carboxytherapy in patients with periodontal problems

A. Possenti (Roma)

Carboxytherapy for the regenerative treatment of vulvo-vaginal atrophy: from rationale to practical execution

D. Feleppa (Latina)

Discussion

11:15 am

The Canons of Beauty

Chairs: Loredana Cavalieri, Councillor of the Italian Society of Aesthetic Medicine (SIME)
Ajay Rana, President of the Indian Society of Aesthetic Medicine (ISAM)
Hasan Subasi, Vice-president of the International Union of Aesthetic Medicine (UIIME)

Secretary: R. Sorrentino

Beauty standards in North Africa: personal experience

A. Habiba (Alessandria, Egitto)

Aesthetic medical approach according to the beauty canons of Romania

A.M. Oproiu (Bucarest, Romania)

Evolving beauty standards in Indian Society: perceptions, influences and challenges

A. Rana (Nuova Delhi, India)

Aesthetic canons in Middle Eastern

C. Sciuto (Roma, Dubai)

A window on the East: new trends in Aesthetic Medicine

A. Quaranta (Prato)

New therapeutic indications for botulinum toxin in Asian patients

M. Rinaldi (Firenze)

Discussion

12:30 pm

Actinic Keratoses

Chairs: Enzo Berardesca, Surgeon, Specialist in Dermatology, Roma
Stefano Caccavale, Dermatology Unit, University of Campania "Luigi Vanvitelli", Napoli

Secretary: R. Sorrentino

Keynote Lecture: From the epidemiology to the biology of actinic keratosis

G. Argenziano (Napoli)

Photoprotection and cosmetics

G. Briatico (Napoli)

Therapies for Keratosis

S. Caccavale (Napoli)

Discussion



1:15 pm

Aesthetic and Functional Gynaecology (AIGEF - AIUG)

Chairs: Giampiero Capobianco, President of the Italian Association of Urogynaecology and Pelvic Floor (AIUG)
 Elena Fasola, Secretary General of the Italian Association of Aesthetic and Functional Gynaecology (AIGEF)
 Pietro Saccucci, President of the Italian Association of Aesthetic and Functional Gynaecology (AIGEF)
 Marco Torella, Past President of the Italian Association of Urogynaecology and Pelvic Floor (AIUG)
Secretary: T.M. Berenguer

Biohacking: how can women hack ageing

F. Anglana (Roma)

Laser therapy and systemic integration with collagen peptides in vulvovaginal dystrophy

P. Saccucci (Roma)

Nuck cysts: malformation and aesthetics

C. Oliva (Rieti)

Combo Injectables

E. Fasola (Milano)

Shockwaves and genitals: certainties and perspectives

M. Brambilla (Milano)

The role of urogynecologists in Aesthetic and Functional Gynecology

M. Cervigni (Roma)

Effectiveness of autologous adipose tissue graft in severe vulvar lichen sclerosus

D. De Vita (Formia, LT)

Radiofrequency and pelvic rehabilitation in vaginal rejuvenation and functional restoration

C. Rappa (Napoli)

Discussion

2:45 pm

New Marketing trends, legal and fiscal news in Aesthetic Medicine

Chairs: Arianna Giovannetti, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Giacomo Gori, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Umberto La Magna, Manager in Aesthetic Medicine, Londra, Regno Unito
 Andrea Servili, President of the Aesthetic Physician Union (TME)
Secretaries: M. Di Biase, C. Sisti

Neuromarketing: decisions, preferences and ethical issues

S. Ruffino (Roma)

Data on the Italian aesthetic medicine market, future trends and new potential opportunities for physicians

E. Frisa (Milano)

Foreign trends and developments in Aesthetic Medicine

U. La Magna (Londra, Regno Unito)

Artificial intelligence and marketing for Aesthetic Medicine

M. Barboni (Castiglion Fiorentino, AR)

VAT in Aesthetic Medicine and classification of diseases: importance of the ICD 11/2023 in daily practice

P.A. Bacci (Arezzo)

VAT exemptions for healthcare services

G. D'Angelo (Bologna)

Income tax model and impact hypothesis on the Aesthetic Medicine Office

G. Caracciolo (Roma)

Tax updates and clarifications in 2024 impacting the medical sector

G. Pisanti (Roma)

The redemption of a medical degree: a comparison of costs and benefits

M. De Simone (Napoli)



The Aesthetic Physician and defensive medicine

J. Maggiorotti (Roma)

Preventing, tackling and counteracting compensation claims and their effects in Aesthetic Medicine

J. Maggiorotti (Roma)

Case Report: compensation claim in Aesthetic Medicine, process, and medicolegal elements that led to success

C. Plebani (Milano), F. Lerro (Roma), M. Bianco (Milano), M. Lambro (Roma)

Italian Ministerial Decree of 15.12.2023: obligations and opportunities for professionals and healthcare facilities

F. Lerro (Roma), C. Plebani, M. Bianco (Milano), M. Lambro (Roma)

Discussion

5:00 pm

Aesthetic Medicine of the External Genitalia 2

Chairs: Loredana Cavalieri, Councilor of the Italian Society of Aesthetic Medicine (SIME)

Cosimo Oliva, Treasurer of the Italian Association of Aesthetic and Functional Gynaecology (AIGEF)

Secretary: E. Bressanin

Genitourinary syndrome of menopause: synergy and effectiveness of combined therapeutic approaches

N. Buscemi (Roma), D. Feleppa (Latina)

Ultrasound aspects in Aesthetic Medicine of female external genitalia

A. Lusi, L. Cavalieri, A.G. Pecoraro (Roma)

Hyaluronic Acid in vulvar and vaginal administration. Evidence from a literature systematic review

G. Buzzaccarini, R.S. Degliuomini, S. Salvatore, M. Candiani (Milano)

Vulvar skincare as topical combination therapy in the treatment of vulvo vaginal atrophy

L. Lamonea (Pescara)

Observational study of the tonic-reelasticizing activity of active plant ingredients on the labia minora and majora

U. Nardi (Roma)

The use of medical gasses, carbon dioxide and ozone, for the well-being of the vulvovaginal area

S. Focchi (Milano)

Botulinum toxin injection in the vulva and vagina. Evidence from a literature systematic review

G. Buzzaccarini, R.S. Degliuomini, S. Salvatore, M. Candiani (Milano)

Oxygen and Hyaluronic Acide based device

O. Carcioppolo (Roma)

Discussion

6:15 pm

Medical Rhinoplasty 1

Chairs: Alberto Liberti, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Maurizio Priori, President of the Italian Society of Aesthetic and Surgical Medicine (SIES)

Francesco Romeo, Surgeon, Specialist in Plastic and Reconstructive Surgery, Roma

Secretary: E. Bressanin

Medical rhinoplasty: possibilities and balances

E.M. Amato (Verona)

Non-surgical profiloplasty: how to harmonize the sinuosity of the face profile with the use of fillers with different G prime and molecular weights

G. Barbuto (Napoli)

MesoRhinoFiller - an innovative and safe approach to primary, post-traumatic and post-surgical nasal reshaping, with a dermal injection

F. Romeo (Roma)

Rhinofiller HD: optimization of results through a two-session strategy

S. Sassu (Cagliari)



Reshaping the facial profile with hyaluronic acid fillers: my expertise in the combined treatment of nose, lips, and chin

G. Sito (Napoli)

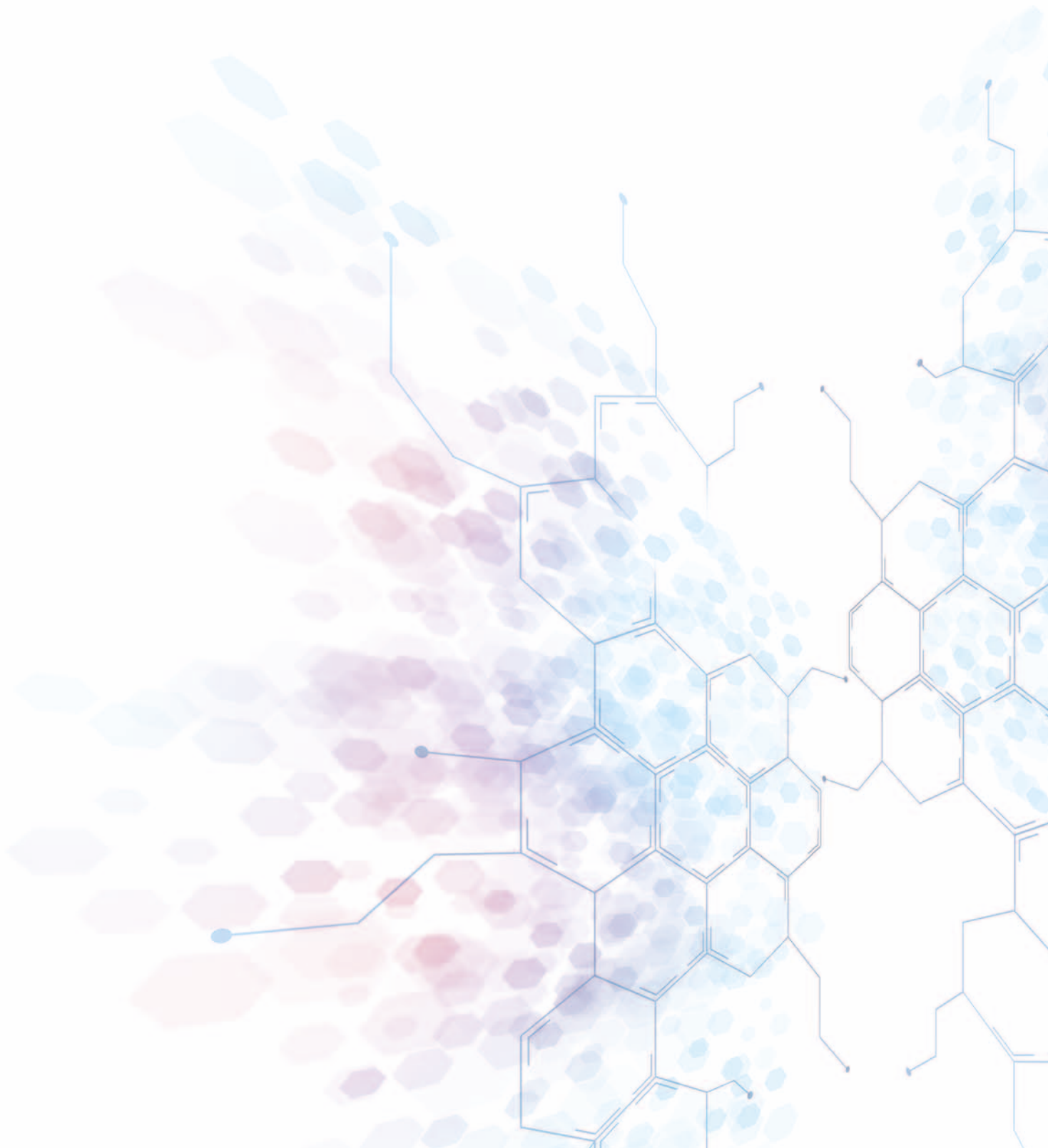
Rhinofiller: a standardized approach for safer and longer-lasting results

L. Sugliano (Genova), F.M. D'Alessio, A. Santorelli (Napoli)

Clinical evaluation of the root and projection of the nasal tip in the indication for rhinofiller

D. Palazzolo (Palermo)

Discussion



9:30 am

Male Aging (SIAMS - SIME)

Chairs: Emanuele Bartoletti, President of the Italian Society of Aesthetic Medicine (SIME)
 Francesco Romanelli, Associate Professor, Department of Sperimental Medicine, Sapienza University of Roma
Secretary: L. Nerilli

Is testosterone only for andropause?*L. Vignozzi (Firenze)***Aging and sexuality***A. Sansone, E.A.F. Jannini (Roma)***Sarcopenia and Nutraceuticals***A. Vivenzio (Roma)*

Discussion

10:15 am

Aesthetic Medicine and Social Media

Chairs: Adriano Santorelli, Surgeon, Specialist in Plastic Surgery, Napoli
 Alessio Viola, Journalist, Roma
Secretary: L. Nerilli

Social media and A.I: the new frontiers*A. Corona (Cagliari)***Body Dysmorphic Disorder (BDD): "Social Media Dysmorphia" the evolution of BDD in the digital sharing era***T. Maucione, D. Centofanti (Roma), S. Cerea (Padova)***Aesthetic Medicine, plastic surgery and social media: myth or reality? Engagement or science? A descriptive analysis***G. Buzzaccarini, R.S. Degliuomini, S. Salvatore, M. Candiani (Milano)***Lips aesthetics: starting from figurative arts to social media. From make-up to fillers. The evolution of the aesthetic senses***M. Brancato (Siena)***Lips. Social impact in patients with difficult lips; a vanity or necessity? Ethical, psychological, and medico-legal considerations***M. Vitale (Bologna), D. Celani (Frosinone)*

Discussion

11:15 am

Dermatology in Aesthetic Medicine practice

Chairs: Enzo Berardesca, Surgeon, Specialist in Dermatology, Roma
 Maria Caterina Fortuna, Surgeon, Specialist in Dermatology and Venereology at Sapienza University of Roma
Secretary: G. Volpe

Dermatoscopy: new uses in the field of Aesthetic Medicine*G. Ferranti (Terni)***Safety and efficacy of FLE (Fluorescent Light Energy): lights and...shadows? Case report and literature review***M. Bordignon (Padova)***Assessing the efficacy of injectable Heterologous Type I Collagen for dermal regeneration, healing, stimulation***K. Gkouvi (Salonico, Grecia), A. Corbo (Roma)***MIA (Melanoma Inhibitory Activity) inhibitor technology in the treatment of vitiligo***M. Bordignon (Padova)***Organic and functional well-being with a nutritional protocol: role of the microbiome on the dermobiome***L. Auletta (Napoli), G. Alberti (Palermo), U. Nardi (Roma)*

Discussion

12:05 pm

Extracellular Vesicles in Aesthetic Medicine

Chairs: Hernan Pinto, Head of Aesthetic Specialties & Aging Research Institute (i2e3), Barcellona
 Noemi Vicchio, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Secretary: P. Vessichelli

Properties, production and prospects of Exosomes

S. Toschi (Venezia)

Therapeutic role of Exosomes in skin and hair

I. Proietti (Latina)

Exosome delivery utilizing Nd:YAG 1064nm laser for skin rejuvenation

M. Bartolucci (Milano)

Exosomes: a new and important weapon for the correction of blemishes

G.M. Izzo (Napoli)

Laser assisted drug delivery of exosomes through thulium laser: a new rejuvenation technique

M. Tretti Clementoni (Milano)

Exosomes in Aesthetic Medicine

H. Pinto (Barcellona, Spagna)

Discussion

1:15 pm

Chronic diseases and Aesthetic Medicine: Diabetes

Chairs: Felice Strollo, President of the Italian Academy of Anti-Ageing Medicine (AIMAA)
 Claudio Tubili, Head of the Diabetes Unit, San Camillo Forlanini Hospital, Roma
Secretary: I. Loria

Characteristics and behavior of adipose tissue in diabetic patients

F. Cinti (Roma)

Cutaneous aspects of type 1 diabetic pathology

E. Fulgione (Napoli)

Aesthetic Medicine therapies for cutaneous complications from diabetes

N. Fraone (Roma)

Discussion

2:15 pm

Acupuncture and Aesthetic Medicine (AIA)

Chairs: Loredana Cavalieri, Councillor of the Italian Society of Aesthetic Medicine (SIME)
 Franco Menichelli, President of the Italian Association Acupuncture AIA – Vice-president of the World Federation Chinese Medicine Societies WFCMS
Secretary: I. Loria

Introducing Acupuncture

Franco Menichelli (Roma)

Aesthetic Acupuncture

Francesco Menichelli (Roma)

Treatment of expression wrinkles - Experiences in aesthetic acupuncture and demonstration video

Francesco Menichelli (Roma)

Facial Lift - Experiences in aesthetic acupuncture and demonstration video

Francesco Menichelli (Roma)

Non-surgical rhinoplasty: experiences in aesthetic Acupuncture and presentation of clinical cases (video)

W. Wang (Pechino, Cina)

Aesthetic Medicine seen from the point of view of the Acupuncturist

R. Perna, A. Perna (Napoli)

The harmony of the face through the art of acupuncture for natural regeneration

P.R. Russo (Modena)

Discussion

3:45 pm

Photodynamic Therapy: an opportunity for expansion in Aesthetic Medicine

Chairs: *Fiorella Bini, President of the Italian Society of Trichology (SITri)*
Elisabetta Fulgione, Treasurer of the Italian Society of Aesthetic Medicine (SIME)
 Secretary: *M. Decinti*

Photodynamic therapy: step by step*A. Beatini (La Spezia)***Day Light PDT***E. Fulgione (Napoli)***Treatment of actinic keratoses***S. Caccavale (Napoli)***PDT and Acne: when and where***G. Alessandrini (Ugento, LE)***PDT for cutaneous ulcerations***F. Bini (Firenze)*

Discussion

4:45 pm

Cutaneous Pathomimias

Chairs: *Elisabetta Bianchi, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Emilia Romagna*
Alessia Pini, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Toscana
 Secretary: *M. Decinti*

Psychological approach to patients with skin pathomimias*G. Ficca (Napoli)***Self-induced cutaneous disorders***E.V. Di Brizzi (Napoli)***Trichotillomania and other pathomimias of the scalp***A.M. Alessandrini (Bologna)*

Discussion

5:30 pm

Striae Distensae: an ever-present challenge

Chairs: *Francesco Lippolis, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma*
Fiamma Loffredo, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Secretary: *V.A. Pacucci*

UP to date on the treatment of striae cutis distensae (SD)*A. Monti (Como)***Effectiveness and safety of the use of focused electromagnetic fields and vacuum in the regeneration treatment of stretch marks and cellulitis***C. Urbani (Roma)***Intradermal radiofrequency + PRX-Therapy: a simple combined approach for the treatment of striae rubrae and striae albae***D. Mecchia (Corbetta, MI)***Treatment of skin stretch marks with biodermogenesis***A. Crippa (Lecco)***Stretch marks treatment combining carboxytherapy and polynucleotides HPT***I.P. Palmieri (Napoli)***Hyaluronic acid and stretch marks***F. Pietrocarlo (Latina)***Treatment of striae rubrae with the synergy of electromagnetic fields, electric stimulation and vacuum***Laura Piombino (Napoli), Luca Piombino (Roma), M. Monda (Napoli)*

Discussion

9:15 am

Sclerotherapy in venous chronic disease (CIF - AFI)

Chairs: Giovanni Alongi, Secretary General of the Italian Phlebology Association (AFI)

Fabrizio Mariani, Past President of the Italian Association of Phlebology (CIF), Secretary General of the European Board of Phlebology (UEMS)

Secretary: M. De Pascalis

Sclerosing foam in reticular varicose veins and telangiectasia

F. Mariani (Siena)

Treatment of telangiectasia with Clacs technique and Angiocor Method

G. Alongi (Messina)

Is compression therapy indicated after telangiectasia sclerotherapy?

M. Bucalossi (Siena)

Aesthetic Medicine and Phlebology: treating matting with carboxytherapy

S.U. Urso (Bologna)

Discussion

10:15 am

Biostimulation and biostructuring 2

Chairs: Anna Giuseppina Fiorentini, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lombardia

Giuseppe Maria Izzo, Surgeon, Specialist in Dermatology, Napoli

Secretary: E. Pescarini

The new era of Biostimulation

S. Al Jalbout (Roma)

Integrated protocols of skin biostructuring and fillers for the prevention and treatment of chrono and photoaging processes

C. Cerretani (Roma)

The role of calcium hydroxyapatite in regenerative biostimulation

G. Di Toro (Milazzo, ME)

Synergistic action of needle radiofrequency and biorevitalization to stimulate dermal redensification

R. Fassari (Catania)

Biostimulation or Soft Fillers: techniques and indications

M. Piludu (Cagliari)

New HCC body: an innovative hyaluronic acid with bioremodeling action based on stable cooperative complexes with high and low molecular weight for the body skin laxity

R. Dell'Avanzato (Milano)

Discussion

11:30 am

Panel Discussion - True or False in Nutrition

Secretary: E. Pescarini

Participants: Domenico Centofanti, Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Nadia Fraone, Secretary General of the Italian Society of Aesthetic Medicine (SIME)

Maria Rita Montebelli, Surgeon, Scientific Journalist (Roma)



12:15 pm

Image, Ethics and Science: Hi-Tech strategies

Chairs: Enrico Bernè, Vice-president of the Italian Association of High Technology in Medicine (AMI HI-TECH)

Alvaro Pacifici, President of the Italian Association of High Technology in Medicine (AMI HI-TECH)

Secretary: S. Calza

6 years experience of needlefree pneumatic injection: is it worth it?

M. Tretti Clementoni (Milano)

L.A.D.D. with Thullium 1927 NM, laser for biorevitalization and bioregeneration in the treatment of various levels of skin aging

F.P. Alberico (Napoli)

Effects and biological responses of tissues undergoing laser treatment for aesthetic purposes

E. Bernè, F. Balconi, K. Arcieri (Milano), A. Pacifici (Perugia)

Hi-Tech Laser FNA 1470nm and Ha-Peg Polymer Cross Linked: the perfect integration for the regeneration and redefinition of the perioral region. The aesthetics of the smile projected into the future

F. Marini, D. D'Angelo (Pescara)

The best imaging of scars between science and Hi Tech

A. Pacifici (Perugia)

Multichannel radiofrequency for body contouring and fractional rf modalities for skin rejuvenation

F.C. Heydecker (Vimercate, MB)

Discussion

1:30 pm

Adrenal hormones (SIE - SIME)

*Chairs: Francesco Romanelli, Associate Professor, Department of Sperimental Medicine, Sapienza University of Roma
Antonio Vivenzio, Councillor of the Italian Society of Aesthetic Medicine (SIME)*

Secretary: S. Calza

"Corticosteroids" in 2024: which ones, when, and how?

F. Garifalos, R. Pivonello (Napoli)

DHEA: supplementation or doping?

M. Caprio (Roma)

Skin and appendages as a mirror of adrenal dysfunction

A. Panico (Napoli)

Discussion

2:30 pm

Management of complex wounds (IAWC)

President: Nicolò Scuderi, Former Director of the Specializing School in Reconstructive Aesthetic Plastic Surgery, Sapienza University of Roma

*Chairs: Claudio Ligresti, President of the Italian Academy Wound Care (IAWC) - Director of the scientific board of IAWC
Diego Ribuffo, Full Professor of Plastic Surgery and Director of the post graduate School of Plastic, Reconstructive and Aesthetic Surgery, Sapienza University of Roma*

Secretary: F. Campioni

Surgical wound infection: immediate or delayed treatment?

M. Navissano (Torino)

The use of VAC therapy in complex wounds following aesthetic surgery. When and for how long?

F. Bassetto (Padova)

Regenerative Medicine in stalled wounds. Topical blood components or fat?

V. Cervelli (Roma)

Advanced bioactive dressings vs reparative surgery: indications relative to the severity of the pathology

A. Portincasa (Foggia)

Discussion

3:30 pm

Active molecules in Aesthetic Medicine: between communication trends and scientific evidence (SIFNut)

Chairs: Andrea Fratter, Nutraceutical and Skin Care products Researcher, Past President of the Italian Society Nutraceutical Formulators (SIFNUT)

Marzia Pellizzato, President of the Italian Society Nutraceutical Formulators (SIFNUT), CEO Recercare SRL

Secretary: F. Campioni

Plant-derived antioxidants: importance for skin health and actions on aging processes

A. Colletti (Torino)

"Luxury" nutraceuticals for the beauty of the skin: suggestions from marketing or advanced technologies?

M. Pellizzato (Treviso)

Innovation in phytotherapy for cosmetics: efficacy in vitro and in vivo of a biotechnological phyto complex from Perilla

M. Biagi (Parma)

Discussion

4:30 pm

Lasers and Energy Based Devices in Aesthetic Medicine 2

Chairs: Monica Baldessin, Surgeon, Specialist in General Surgery, Treviso
Amedeo Pieri, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Marche and Umbria
Secretary: D.L. Lo Bue

The role of a new laser in various skin diseases

I. Proietti (Latina)

Remodeling of the lower third of the face in Asian Patients with 1064nm Nd-YAG long pulse PIANO laser

F. Binaschi (Napoli)

Laser Er:YAG 2940 nm: 7 years of use, experience on 543 patients

P. Boriolo (Cureggio, NO)

Dermatologic facial procedure of a novel combination of vacuum assisted fractional radiofrequency microneedling and microfocal ultrasound. Combination treatment for an optimal result

E. Ferrari (Milano)

Introducing the first pocket high power medical laser: simultaneous 1550nm and 1927nm

E. Gandolfi (Como), **N. Tankovich** (San Diego, USA), **E. Shadrina** (Milano)

Microfocused ultrasound and combination techniques: protocol proposals

G.M. Izzo (Napoli)

New technology with RF + targeted Ultrasound and Fractional RF to increase the natural production of hyaluronic acid and improve facial rejuvenation

F. Palumbo (Nettuno, RM)

Thulium Laser ULTRA 1927 nm for minimally invasive skin rejuvenation... and much more

G. Calderhead (Goyang, Corea del Sud)

Discussion

5:55 pm

Aesthetic Medicine and Aesthetic Plastic Surgery

Chairs: Alessio Caggiati, Head of the Operative Unit of Plastic Surgery, Istituto Dermatologico dell'Immacolata, Roma
Maria Tomat, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Friuli Venezia Giulia
Secretary: F. Flagiello

Complementary Aesthetic Medical treatments to blepharoplasty

L. Piovano (Roma)

Rehabilitation therapy with electromagnetic waves post plastic surgery of the rectus muscles and abdominoplasty

S. Vadalà (Catania)

The middle-aged patient: when to fill, when to lift. 10 years of experience

A.M. Florio, **M. Gasparotti**, **M.F. Castello** (Roma)

Correction of coloration in periareolar scars resulting from breast surgeries or mastopexies

T. Belfatto (Casoli, CH)

Discussion

9:00 am

Nutrition and frailty: between scientific evidence and professional ethics 1 (ADI, ANSISA, SIO, SICOB, SIME, SISA, SISDCA, AMICI OBESI)

Chairs: Domenico Centofanti, Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Claudio Tubili, Head of the Diabetes Unit, San Camillo Forlanini Hospital, Roma

Secretary: S. Folloni

Nutrition during pregnancy in vegan women

S. Agrigento (Roma)

Access to professional consultation in disabled patients

S. Capparucci, C. Tubili (Roma)

Cardiometabolic risk in menopause

H. Cena (Pavia)

Eating behaviors and body image perception in women with endometriosis

S. Cerea, S. Iannottone (Padova), B. Venturini (Abano Terme, PD), T. Moro (Padova)

Hypothalamic regulation in autism for nutritional management

G. Messina (Foggia)

Discussion

11:10 am

Nutrition and frailty: between scientific evidence and professional ethics 2

Chairs: Maria Grazia Carbonelli, Director of the Operative Unit of Dietetics and Nutrition, San Camillo Forlanini Hospital, Roma

Edda Cava, Physician at San Camillo Forlanini Hospital, Roma

Secretary: S. Folloni

Nutritional frailty in severely obese patients

I. Grandone (Terni)

Psychological support in the bariatric journey

E. Paone (Roma)

Obesity in cancer patients

L.M. Donini (Roma)

Ketogenic diet in comorbid obese patients

A. Caretto (Lecce)

The disease of Obesity: where are we and what do we wish for

I.C. Zani (Milano)

Discussion

2:00 pm

Nutrition and frailty: between scientific evidence and professional ethics 3

Chairs: Odette Misa Sonia Hassan, Councillor of the National Board of the Italian Association of Dietetics and Clinical Nutrition (ADI)

Giuseppe Rando, Nutritional Physician at Azienda Ospedaliera San Giovanni Addolorata, Roma

Secretaries: A. De Rosa, R. Zunica

Nutritional deficiencies in Generation Z

R. De Giuseppe (Pavia)

Fasting, between trends and scientific truths

G. Spera (Roma)

Nutrition and Eating Disorders and Gut Microbiota

D. Ballardini (Bologna)

The triad of the female athlete

S. Migliaccio (Roma)

Discussion

3:50 pm

Nutrition and frailty: between scientific evidence and professional ethics 4

Chairs: *Domenico Centofanti, Vice-president of the Italian Society of Aesthetic Medicine (SIME)*
Antonio Vivenzio, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: *A. De Rosa, R. Zunica*

Mediterranean Diet and new poverty

E. Azzini (Roma)

Safety of nutritional supplementation in the elderly

A.M. Giusti (Roma)

Planetary Health: a frail planet, between population growth, health and environmental impact

F. Serra (Roma)

Malnutrition: a global health challenge

C. Ricciardi Rizzo (Pavia)

Discussion

5:35 pm

Nutrition, Overweight, and Obesity

Chairs: *Giovanni Messina, Full Professor of Physiology, Department of Clinical and Experimental Medicine, University of Foggia*
Annalisa Panico, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: *M.T. Molfetta*

"I am me! You are you!". Promoting identity processes to overcome anorexia, eating disorders and dissatisfaction with one's body image

L. Bracco (Torino)

Liraglutide in the complementary treatment of obesity in subjects without endocrine-metabolic dysfunctions. Our two-year experience on 60 obese people

E. Badolati (Napoli)

Omega 3 in the management of inflammation and metabolic-intestinal structure in patients with metabolic syndrome and simple obesity

S. Missori (Roma)

Very-low-calorie ketogenic diet: a potential treatment for binge eating and food addiction symptoms in women

Marco Marchetti (Roma)

Non-pharmacological integration for the modulation of cellular autophagy and the functionality of the immune system in senescence

L. Pirrotta (Roma)

Fish consumption and DHA supplementation during pregnancy: study of gestational and neonatal outcomes

F. Dominici (Roma)

Ketogenic diet based on an amino acid supplement and very low carbohydrate vs a very restrictive low calorie diet to maintain muscle mass whilst slimming: a pilot study in double blind

Mario Marchetti (Roma)

Evaluation of Vitamin D3 serum as biomarker on metabolic activity and body composition in a study sample

D. Nicosia (Palermo)

Efficacy on skin parameters of supplements containing Q10 coenzyme, resveratrol, acetylcysteine, acetylglucosamine, vitamin C and folic acid

D. Paolino (Bari)

Discussion



9:45 am

Live Session - Lips: tips & tricks

Chair: *Raffaella Sommariva, Professor at the AGORÀ School of Aesthetic Medicine, Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ, Milano*

Secretary: *G.N. Mastandrea Bonaviri*

M. Vitale (Bologna)

F. Calvani (Roma)

G. Gentili (Roma)

Discussion

11:00 am

Neuromodulation and Mechanical Myomodulation 2

Chairs: *Alessandro Lozza, Surgeon, Specialist in Neurology, Pavia*
Lucio Tunesi, Secretary General of the Italian Federation of Aesthetic Physicians (FIME)

Secretary: *G.N. Mastandrea Bonaviri*

Hyperhidrosis: When sweating compromises the patient's social life. The application of mesobotox

L. Vassallo (Savona)

Botulinum toxin: evaluation of diffusion based on dilution, upon anatomical preparation

F. Cerullo, A. Santorelli (Napoli)

Effects of AbobotulinumtoxinA on the "Theory of the mind"

G. Ferrarelli, E. D'Agati (Roma)

Analytical evaluation on the reduction of efficacy duration of type A botulinum toxin

T.M. Berenguer (Roma)

Treating platysma prominence with onabotulinumtoxinA: safety and efficacy results from a phase 3 multicenter, randomized, double-blind, placebo-controlled study

R. D'Emilio (Roma)

Fullface inside out with particular attention to the use of botulinum toxin and its trending indications around the world

R. Perna, A. Perna (Napoli)

Personalization of the botulinum toxin treatment according to different patterns of glabella contraction

P.R. Russo (Modena)

Efficacy and safety of repeated administration(s) of onabotulinumtoxinA for the treatment of masseter muscle prominence: results from a phase 3 multiregional study

G. Salti (Firenze)

Botox as a treatment for depression, making everyone happier. Over 15 years of experience with the first and most extensive study in Italy with healthy and depressed patients from 2009 to present

E. Betti (Viareggio, LU)

Is botulinum useful in depression? Literature review and presentation of a project

O. Maschio (Castelfranco Veneto, TV)

Discussion

12:35 pm

Medical Rhinoplasty 2

Chairs: *Andrzej Ignaciuk, Honorary President of the International Union of Aesthetic Medicine (UIIME)*
Umberto Preite, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Abruzzo and Molise

Secretary: *A.L. Tomarchio*

Understanding rhinoplasty to safely execute a rhinofiller

S. Belletti (Milano), **A. Trivisonno** (Roma)

Rhinofiller vs rhinoplasty in complex cases with "surgical indication": an ambitious proposal or a valid alternative?

S. Santoro, M. Scoppetta (Roma)

SUNDAY 12th

C. A. BARTOLETTI



A three-step approach to rhinofillers: a more gentle way following the anatomy of this area

M. Ponzo (Roma), A. Santorelli (Napoli)

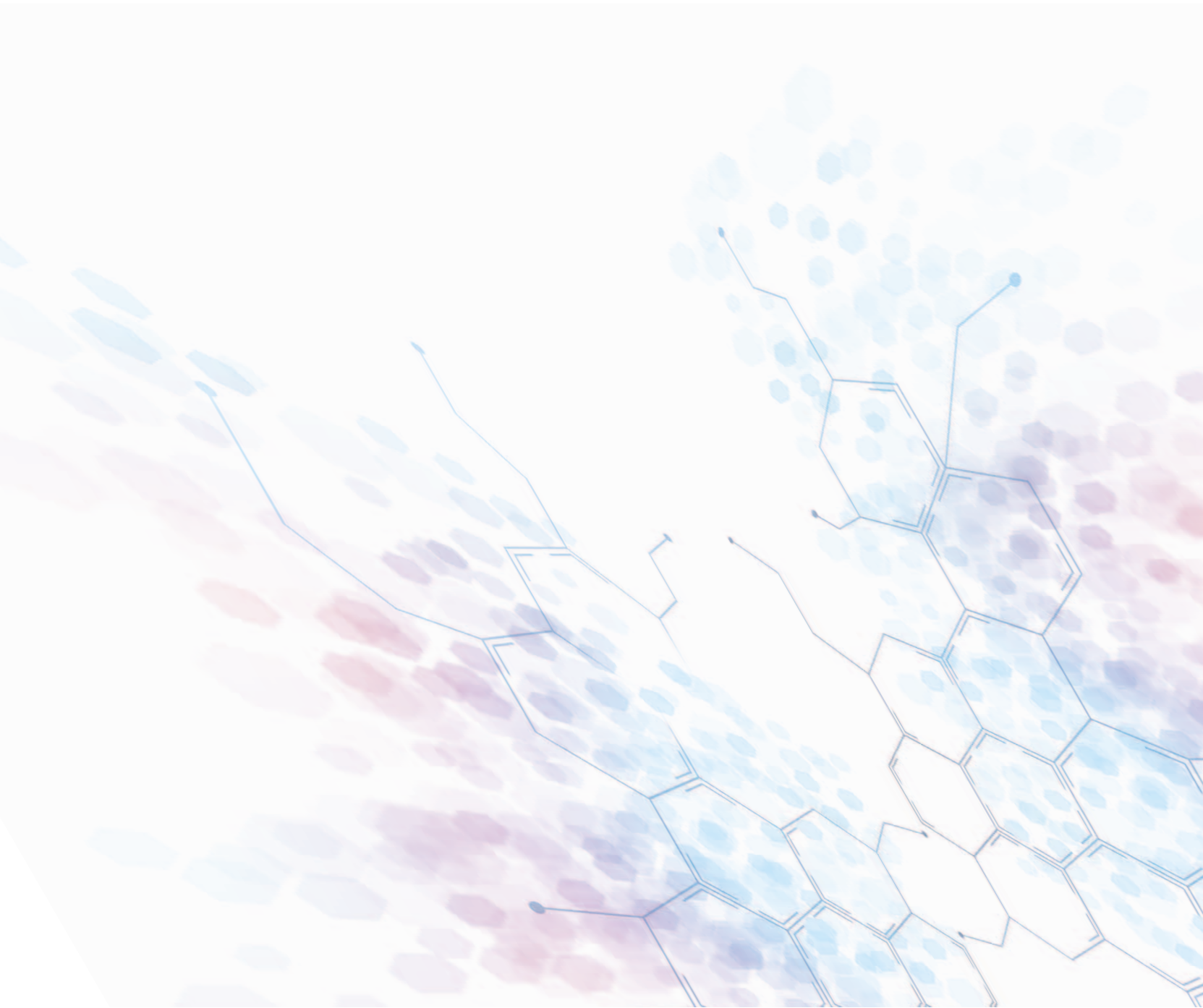
Non-surgical Lifting of the nose tip with absorbable barbed threads composed of a co-polymer of Lactic Acid and Caprolactone P(LA-CL): alternative or combined approach to the Rhinofiller

M. Ruggieri (Roma)

Discussion

1:45 pm

Closing Ceremony of the 45th SIME Congress - 19th AIMAA Congress



9:15 am

The neck: an open challenge

Chairs: *Francesca Romana Grippaudo, Professor of Plastic Surgery, Sapienza University of Roma*
Chantal Sciuto, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Secretary: *A. Lo Presti*

Flow chart for neck rejuvenation: botulinum toxin, hyaluronic acid, and combined treatment
F. Flagiello, K. Antoniadou (Roma)

LAXITY of the lower third of the face and neck: personal protocol with TCA-H₂O₂ combined with microfocused hi-fu to increase their efficacy
F.P. Alberico (Napoli)

Case Report: protocol for skin laxity and neck wrinkles
A. Beatini (La Spezia)

The Neck: its medical lifting and skin rejuvenation with a hybrid filler based on hyaluronic acid HA and CaHA calcium hydroxyapatite. Safety and effectiveness. The first international experience
E. Betti (Viareggio, LU)

Personalized approach to neck rejuvenation
R. Perello (Viterbo), T. Agostini (Firenze)

A multidimensional combined treatment for lower face and neck contouring: Thermoregulated Endodermal Radiofrequency after liposuction under local anesthesia
C.G. Bonuccelli (Firenze)

Combination of weak electromagnetic fields and vacuum in neck anti-aging. A new string to our bow
S. Laura (Ventimiglia, IM)

Personal experience in light of international news, with the treatment of the neck with calcium hydroxyapatite
M. Renzi (Genova)

Effectiveness of the new Fractional RF, controlled by artificial intelligence for rejuvenating facial skin: lower third of the face and neck
P. Tarantino (Lugano, Svizzera)

Correction of double chin with laser lipolysis: results and limitations
M. Valeriani, P. Cavalcanti, R. Valeriani (Roma)

Discussion

11:00 am

Non-surgical lifting: from threads to new technologies 2

Chairs: *Pasquale Calbi, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Basilicata*
Michele Fontevicchia, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Alberto Pompilio, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Stefania Santini, Councillor of the Italian Society of Aesthetic Medicine (SIME)
 Secretaries: *N. Rosati, S. Tonelli*

HIFU focused ultrasound. The non-surgical lifting of the face, neck and décolleté
A. Crippa (Lecco)

The use of Focused Ultrasound to reduce facial skin laxity: personal experiences
P. Tarantino (Lugano, Svizzera)

Synchronous parallel ultrasound for facial rejuvenation: our experience
M. Tretti Clementoni (Milano)

Non-surgical facelift with threads made of Polylactic Acid, Polycaprolactone and Hyaluronic Acid
I. Fiaschetti, A. Garelli (Roma)

For a natural restoration of volumes and a reshaping of the contours of the face
Y. Lambert (Grosseto)

PDO traction threads: the Reverse technique
M. Piludu (Cagliari)

Personal approach for the use of the so-called "traction threads"
S. Vari (Anagni, FR)

Subdermal Induced Heat Technology: why is double temperature control crucial?

F. Lino (Caserta)

How to treat double chin without surgery

D. Ancona (Milano)

Facial bioplasty: the revitalizing and defining action of PDO threads

L. Miori (Peschiera del Garda, VR)

Non-Surgical Lifting: tips and tricks to obtain the best results

A. Pieri, C. Bussotti, L. Cimarra, A. Pacifici (Perugia)

Discussion

12:40 pm

Fillers: up-to-date on indications, technique, and results 3

Chairs: Loredana Cavalieri, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Carlo Magliocca, Surgeon, Specialist in Plastic Surgery, Roma

Secretary: A. De Florio

Beautification: harmonizing without transforming. My approach in some full-face treatments

V.C. Rampino (Lecce)

Low molecular weight self-crosslinked hyaluronic acid for the rejuvenation of the face, neck and décolleté

A. Crippa (Lecco)

Utility of a new type of filler for correcting facial imperfections

G.M. Izzo (Napoli)

Treatment of barcode lines with dynamic functional surface fillers

O. Maschio (Castelfranco Veneto, TV)

Mandibular angle augmentation as the factor boosting masculinity and male gender

R. Sitanovich (Varsavia, Polonia)

Use of dynamic hyaluronic acid-based fillers in the middle third. When and why?

L. Sugliano (Genova)

Discussion

1:45 pm

Closing Ceremony in C. A. Bartoletti Room

9:15 am

Evidence Based Aesthetic Medicine

Chairs: Giuseppe Alessandrini, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Maurizio Giuliani, Associate Professor, Department of Clinical Medicine, Public Health, Life and Environmental Sciences, University of L'Aquila
 Angelo Trivisonno, Medico Chirurgo, Surgeon, Specialist in Plastic, Reconstructive and Aesthetic Surgery, Roma

Secretary: I. Polizzi

Ambiguity between clinical research and applied clinical practice. An example is the so-called skin biostimulation

G.V. Oskarbski (Roma)

New Rotative Radiofrequency technology: a multicenter retrospective study on efficacy and safety

F. Vignoli (Bologna)

Biobotulin and Botulinum Toxin: when and why

P. Bastianelli, N. Bastianelli (Roma)

The dermobiota, how to maintain and protect it. Observational study, in vivo and in vitro

U. Nardi (Roma)

Evaluation of the shock waves biological effect on the adipose tissue

M. Goisis (Milano)

Cryolipolysis for fat reduction using Cooltech® Define technology: a large-sample retrospective clinical study

F. Vignoli (Bologna)

Non-invasive imaging and artificial intelligence software in Aesthetic Medicine: a year of experience at Policlinico Umberto I in Rome

G. Vespasiani (Roma)

Hyaluronic acid added to specific amino acids in the treatment of face skin aging

G. Trocchi (Roma)

Discussion

10:50 am

Aesthetic Medicine: clinical experiences 2

Chairs: Ekaterina Bilchugova, Italian Society of Aesthetic Medicine (SIME) - Coordinator for Marche and Umbria
 Marcello Cogliano, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Maria Malucelli, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Fausto Perletto, Councillor of the Italian Society of Aesthetic Medicine (SIME)

Secretary: I. Polizzi

The body and the self: Aesthetic Medicine and body dysmorphic disorder from the age of 20 and above

M. Malucelli (Roma)

The psychoneuroimmunoendocrine clinic for the optimization of the aesthetic result and image in a scientific and ethical way

M.C. Corgna (Roma)

Topical therapy of gynecomastia with bioidentical testosterone "vegetal origin"

E. Badolati (Napoli)

Effectiveness of an oral antioxidant supplement to counteract skin aging

C. Scacciati, **F. Lombardo**, C. Fabris, G. Menchini (Pisa)

FLE therapy: a new anti-aging therapy

V. Manzoni (Milano)

Collagen: longevity for the skin

L. Cerutti (Roma)

Recovery of the mandibular profile by remodeling the adipose compartment with an injection

A. Krot (Genova)

The value of preidential consultation in light of the ENPAM Reform of 2012

M. De Simone (Napoli)

Discussion



12:15 pm

Focus on the periocular region 2

Chairs: Carlo Graziani, Surgeon, Specialist in Oculoplasty, Torino
Luca Piovano, Surgeon, Specialist in Plastic Surgery, Roma
Secretary: S. Lelli

Infraorbital area injections: when deep and when superficial?

M. Landau (Herzliya, Israele)

Panda eyes: when tear trough filler is not enough

F. Deriu (Sassari)

My experience in the treatment of the tear trough even in non-ideal cases and the treatment of side effects with a combination of Microneedling, CO2 Laser and Hyaluronidase

M. Pili (Sassari)

Treatment of localized fat deposits on the face and eyelid edema: a solution without inflammation

K. Siviero, P.R. Russo (Modena)

Rejuvenation of the eyes: combined technique with peeling with a revitalizing effect, hyaluronic acid with "conservative cross linking" technology, and free hyaluronic acid

I. Zollino (Ferrara), **A. Franceschelli** (Roma)

Treating the periorbital region: Polynucleotides in priming before and after

C. De Luca (Cassino, FR)

Discussion

1:45 pm

Closing Ceremony in C. A. Bartoletti Room



9:15 am

Comprehensive obesity management (OMG)

President: Giuliano Sarro, Istituto Clinico di Alta Specialità San Gaudenzio, Novara

Chairs: Claudio Ligresti, President of the Italian Academy Wound Care (IAWC) - Director of the scientific board of IAWC
Aurelio Portincasa, Full Professor of Plastic, Reconstructive and Aesthetic Surgery, University of Foggia

Secretary: M. Rinaldi

OMG: an example of a remote Obesity Unit

C. Ligresti (Asti)

The genetics of obesity: can obesity be congenital?

G. Novelli (Roma)

Psychological and plastic surgical aspects of obesity and aesthetics - 1

E. Paone (Roma)

Psychological and plastic surgical aspects of obesity and aesthetics - 2

F. Bassetto, C. Pavan, V. Vidigni (Padova)

Is the maintenance of weight possible post Bariatric Surgery? Surgical bariatric and nutritional aspects

A. Giovanelli (Milano)

Discussion

10:30 am

Cosmetology: updates and innovations 2

Chairs: Umberto Nardi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Maria Veraldi, Professor at the International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: M. Brancato

Nutrigenomics and skin aging

A.M.C. Ventrice (Roma)

The role of natural products for skincare in rosacea patients

J. Di Paolo (Casoli, CH)

Sunscreens: safety profile and new perspectives

G. Caccia (Ferrara)

Innovation in Aesthetic Medicine: new anti-wrinkle products – Presenting clinical cases with novel anti-aging solutions

I. Proietti (Latina)

Levogyre Vitamin C 15%, Melatonin, and Resveratrol in regulating cutaneous homeostasis and DNA demethylation processes: clinical applications and new perspectives

M. Tutino, V. Savona, S. Croce, G. Tutino (Palermo)

Inflammaging and pigmentation, the role of the topical agents in prevention and treatment

A. Lupascu (Roma)

Discussion

11:40 am

Case Reports in Aesthetic Medicine

Chairs: Elena Vescovi, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Giovanna Viglione, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma

Secretary: M. Brancato

Lips over 50: my most difficult case

M.G. Di Russo (Formia, LT)

Vacuum and Electromagnetic Fields (V-EMF) Treatment of burn scars: a case report

C. Giorgio (Acquaviva delle Fonti, BA)

Management of intraoral alkali-induced chemical burn

V.A. Jancsik, E. Szomolai, J. Piffkó (Seghedino, Ungheria)

SUNDAY 12th

A. BOURRA

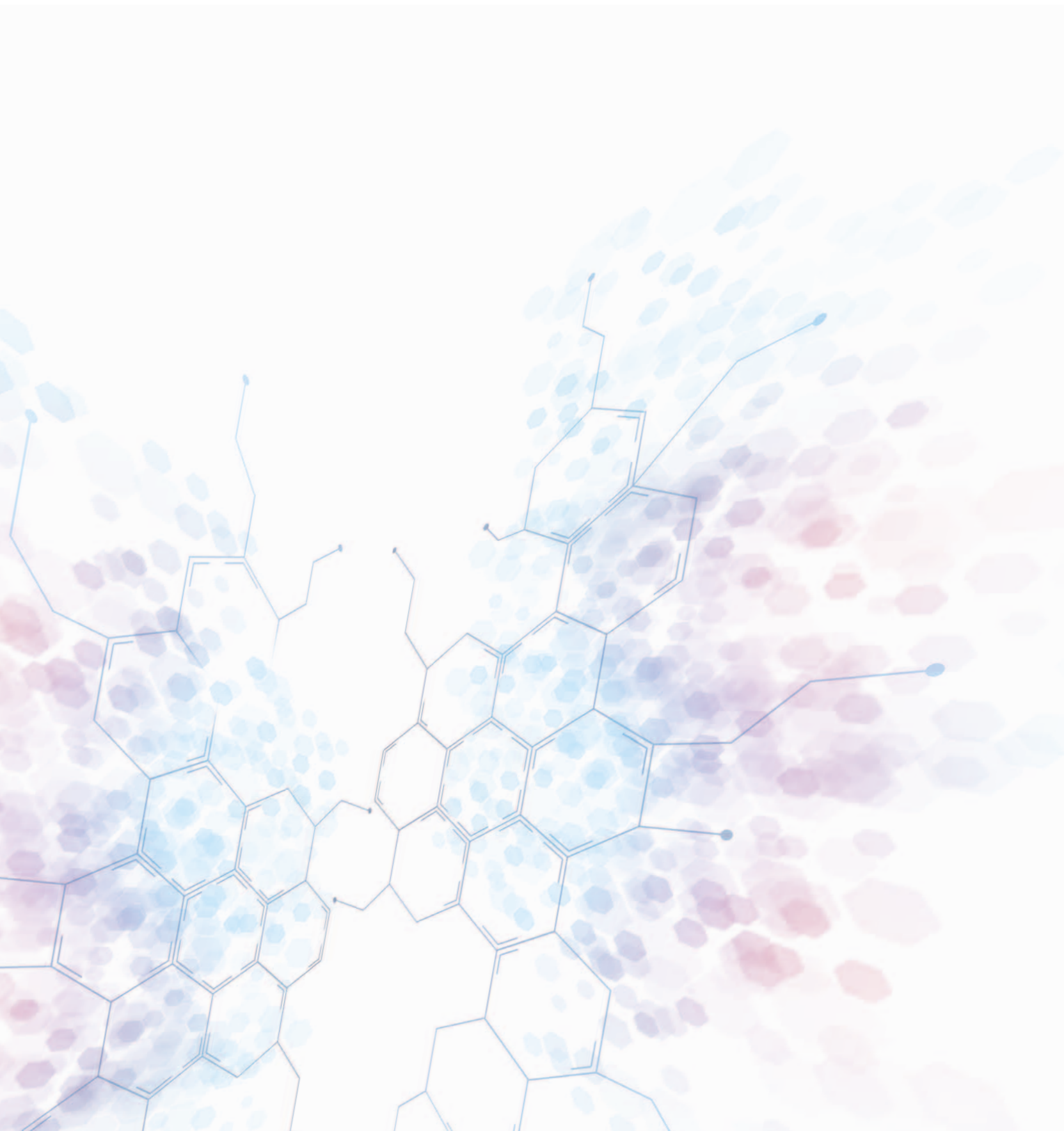


Facial photorejuvenation through a combined treatment with injections: case report
N. Favuzza (Palermo)

Discussion

1:45 pm

Closing Ceremony in C. A. Bartoletti Room



10:30 am

Phlebology in Aesthetic Medicine (CIF - SIF)*Chairs: Edmondo Palmeri, Councillor of the Italian Society of Phlebology (SIF)**Francesco Stillo, Head of Centro Angiomi e Malformazioni Vascolari, Clinica Fabia Mater, Roma - Italian Association of Phlebology (CIF)**Secretary: I. Remedina***Lymphedema: vascular or tissue pathology***E. Oliva (Roma)***Beauty in Lymphedema***M. Bellisi (Palermo)***Sclerotherapy of craniofacial malformations with debilitating aesthetic implications***F. Stillo (Roma)***A.L.E. Program: Antinflammatory Lifestyle Education Program in Phlebology***L. Auletta (Napoli), E. Palmeri (Palermo)***Endothelium, matrix, angiogenesis: their role in medical aesthetics***F. Tomaselli (Roma)***Sclerotherapy with Polidocanol vs. Nd:YAG laser treatment in lower limb telangiectasia: literature review***G. Picone, E. Furino, G. Quarto (Napoli)***Telangiectasias and varicose veins: how to treat them with lasers***A. Crippa (Lecco)***Microscleroresonance QMR: a new treatment for capillaries and teleangectasia***P.A. Bacci (Arezzo)***Co.de.phy.I in Aesthetic Phlebology***I. Guttuso (Palermo)***Evaluation of pain perception in patients undergoing treatment with T.R.A.P. therapy***I. Ramunni (Bari)*

Discussion

1:45 pm

Closing Ceremony in C. A. Bartoletti Room

9:40 am

Biostimulation and biostructuring 3

Chairs: Domenico Amuso, Surgeon, Specialist in General Surgery and Sports Medicine, Modena
 Nicolò Favuzza, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Letizia Nazzaro, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Secretary: O. De Crescenzo

Skin quality: improvement of skin texture in facial aging*B. Claysset (Bologna)***Facial Biostructuring: integrated techniques for a natural outcome that elegantly accompanies the natural aging process***L. Vassallo (Savona)***Efficacy and safety of a medical device based on hydrogen peroxide and 33% TCA: retrospective analysis of 6,000,000 cases treated in 10 years***A. Franceschelli (Roma), R. Castellana (Trieste)***Personal experience with PLLA-SCA in the treatment of skin laxity in the abdominal area***C. Saporosi (San Benedetto del Tronto, AP)***A prospective, open-label post-marketing study of safety and effectiveness of Ha/CaHA filler for soft tissue augmentation in the midface: interim analysis***L. Portera (Milano)***Collagen plasticity in combined therapies***A. De Pasquale (Catania)***Skin quality 2.0***E. Massidda (Sassari)***Liquid Lifting and Hybrid Fillers. Preliminary personal experience in the combination of Calcium Hydroxyapatite and Hyaluronic Acid***M. Vitale (Bologna)*

Discussion

11:00 am

Lasers and Energy Based Devices in Aesthetic Medicine 3

Chairs: Giovanni Alberti, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
 Simone Saiglia, International School of Aesthetic Medicine of the Carlo Alberto Bartoletti Foundation, Roma
Secretary: N. Alessandri

The morpho-biochemical-functional rejuvenation of the extra-cellular matrix with endodermic radiofrequency S.I.H. (Subdermal Induced Heat)*G. Maullu, A.S. Pirino (Sassari)***Laser treatment of linear vascular lesions of the face***A. Pini (Firenze), G. Cannarozzo (Roma)***Rhinophyma laser removal: a progressive and stratified approach***A. Pieri, A. Damiani (Perugia), F. Balconi (Milano), A. Pacifici (Perugia)***Comparative Analysis of Microneedling, Fractional Lasers, MNRF, and High-Intensity Focused Ultrasound (HIFU) in Dermatological Treatments***A. Rana (Nuova Delhi, India)***Laser therapies for the rejuvenation and treatment of pigmented and vascular lesions***F. Scarpa (Padova)***Plasma scalpel advantages and limitations of this very useful surgical instrument***P. Boriolo (Cureggio, NO)*

Discussion

1:45 pm

Closing Ceremony in C. A. Bartoletti Room