

# CONGRESS PROGRAMME

## SIME 2021

# Evidence Based Aesthetic Medicine

Guidelines for  
a successful  
Aesthetic Medicine

42nd CONGRESS

**IME**

Italian Society of  
Aesthetic Medicine

JULY  
**16<sup>th</sup>**  
**17<sup>th</sup>**  
**18<sup>th</sup>**

16th CONGRESS

**ai-maa**

Italian Academy of  
Anti-Aging Medicine

Endorsed by



8:45 am

### Aesthetic Medicine: Miscellaneous - 1

**Chairmen:** *R. M. Bozzone* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome  
*F. Loffredo* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome  
*A. Marchionne* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

#### Treatment of atrophic scars of the face: technique with microneedling and growth factors

*C. Scacciati* - *F. Lombardo* - *G. Menchini*

#### Treatment of periodontal pockets with new generation collagen

*A. Possenti*

#### Needle-free injections. Are they a medical procedure or not? Damages and risks of needle-free injection systems, medico-legal implications

*A. Servili* - *E. Betti* - *E. Massidda*

#### Skin regeneration through hydrodermabrasion

*A. Baroni*

#### Combined approach to home and outpatient therapy in spring-summer antiaging treatment

*M. Belmontesi*

#### Discussion

9:45 am

### Combined therapies and protocols in Aesthetic Medicine - 1

**Chairmen:** *E. Migliano* - Director of the Operative Unit of Plastic Surgery for Dermatological and Regenerative Address - San Gallicano Institute - IRCCS - IFO Rome  
*H. Subasi* - President of the Turkish Society of Aesthetic Medicine (STME)

#### Multiple and fractional radiofrequency in synergy of action to contrast face and body impairments

*G. Russo*

#### Integrated protocols: the arms rejuvenation, techniques comparison

*A. Pini*

#### The synergy between vacuum and electromagnetical fields in stretch marks skin regeneration: a study with clinical and biopsy case records on sixty patients

*D. Amuso*

#### Mid face treatment through the combined use of pegylated hybrid filler and bioristructurer with CaHA

*S. Belletti*

#### New combined treatment protocols for the face. The advantages of the synergy between hydrodermabrasion and multisource radiofrequency in facial rejuvenation

*A. Braucci*

#### Microfocused ultrasound with vision system for a non-surgical full-face lifting

*R. Dell'Avanzato*

#### News on Bioregeneration. Combined protocol of Platelet Growth Factors and Biointeractive Hyaluronic Acid at various molecular weights

*A. Alessandrini*

#### Facial rejuvenation: a new 3D approach with TCA Peeling and Autologous Regenerative Therapy

*F. Melfa* - *A. Gennai*

#### Autologous and heterologous regeneration for the lifting of the lower third and neck. 10 years of the SINB technique

*F. Calvani*

#### Discussion

# FRIDAY JULY 16th

## C. A. BARTOLETTI HALL

▼ GARDEN LEVEL

11:15 am

### News and innovations in Aesthetic Medicine

**Chairmen:** *A. Beatini* - Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for Central Italy  
*D. Dorato* - Secretary General of the Italian Society of Aesthetic Medicine (SIME)

#### Innovative medical device with mechanical design for the precise and controlled use of common syringes with hyaluronic acid and botulinum toxin

*G. Figliolini* - *V. Caldarazzo* - *M. G. Caldarazzo* - *C. Lanni*

#### A new biostimulation procedure: redermalization with hyaluronic acid and succinic acid

*L. Pirrotta*

#### A new injection technique to treat the perioral area: the Magic Point

*L. Paolelli*

#### Skin laxity on face and neck: medical approach with hi-fu and TCA-H2O2

*R. Castellana* - *F. P. Alberico*

#### Split-face retrospective study comparing a new cosmetic formulation in the reduction of peri-ocular wrinkles and in the restoration of the dermal matrix

*A. Araco*

#### Treatment of acne scars: laser endolift with optical fiber and injections of non-cross-linked high and low molecular weight hyaluronic acids united in cooperative hybrid complexes

*R. Dell'Avanzato*

#### Scars after lacerated and cut wounds of the face: a new therapeutic approach

*A. Beatini* - *E. Lanza* - *C. Urbani*

#### New method: crossed shock waves

*A. Del Giglio*

#### Discussion

1:00 pm

### Congress Opening Ceremony

**Participants:** *E. Bartoletti*, *D. Centofanti*, *A. Ignaciuk*, *A. Magi*, *M. Rizzotti*, *F. Romanelli*, *F. Strollo*, *H. Subasi*, *G. Trocchi*

### Congress Inaugural Lecture: Evidence Based Medicine and the doctor's role

*D. Manfellotto*

2:00 pm

### Facial Beautification: what changed my outcomes - 1

**Chairmen:** *E. Bartoletti* - President of the Italian Society of Aesthetic Medicine (SIME)

*A. Ignaciuk* - President of the Polish Society of Aesthetic Medicine and Anti-Aging (PTMEiAA)

**Participants:** *S. Cotofana*, *S. Fabi*, *A. Haddad*, *P. Trevidic*, *W. Wu*

#### Discussion

3:30 pm

### Filler: from surface to depth. The periocular region

**Chairmen:** *L. Piovano* - Surgeon, Specialist in Plastic and Reconstructive Surgery, Rome

*A. Alessandrini* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

#### Split face prospective study on the clinical efficacy and safety of the combination of highly purified Polynucleotides and crosslinked high molecular weight hyaluronic acid for the correction of nasogenetic furrows

*A. Araco*

#### Tear trough treatment with HA filler: analysis of long-term results

*R. D'Emilio* - *G. Rosati*



# FRIDAY JULY 16th

## C. A. BARTOLETTI HALL

▼ GARDEN LEVEL

### Medical treatment of tear trough deformity: when and how

*A. Majani - U. Majani*

### Use of calcium hydroxyapatite-based fillers to correct blemishes in the lacrimal sulcus and dark circles

*G. Russo*

### Periorbital and perioral rejuvenation with a special formulation of hyaluronic acid-based fillers: how to improve the signs of aging and the quality of the skin

*E. Vescovi*

### Treatment of horizontal neck lines with crosslinked hyaluronic acid: preliminary data from a prospective study

*M. Renga*

### Filler techniques for the periorbital region

*P. Treacy*

### Discussion

5:00 pm

## CISSME updates

(Italian Association of the Scientific Societies of Aesthetic Medicine)

**Participants:** *E. Bartoletti* - President of the Italian Society of Aesthetic Medicine (SIME)

*A. Massirone* - President of the Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ

*M. Priori* - President of the Italian Society of Aesthetic and Surgical Medicine (SIES)

5:30 pm

## Evidence Based Aesthetic Medicine: my experience - 1

**Chairmen:** *F. R. Grippaudo* - Professor of Plastic Surgery, Sapienza University of Rome

*A. Vivenzio* - Councillor of the Italian Society of Aesthetic Medicine (SIME)

### EBM, guidelines and responsibilities

*E. Marchisio*

### Prospective and randomized comparative study of calcium hydroxylapatite versus calcium hydroxylapatite plus Hifu in treatment of moderate to severe acne scars

*F. Araco*

### Botulinum toxin in the masseter: aesthetic and functional treatments

*F. Binaschi - A. Fogli*

### Scientific evidence on cross-linked hyaluronic acid with PEG

*A. Camporese*

### Face assessment and treatment: my experience

*L. Leone - C. Di Gregorio*

### Discussion

6:30 pm

## Graduation Ceremony: International School of Aesthetic Medicine of the Fatebenefratelli Foundation for Research and Training

**Participants:** *E. Bartoletti, N. Fraone, E. Maggiori, F. Romanelli, L. Cavalieri, D. Centofanti, S. Santini, G. Trocchi*

# FRIDAY JULY 16th

## G. C. DONADI HALL

▼ GARDEN LEVEL

9:10 am

### Updates on trichology

**Chairmen:** **X. Bisholla** - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

**D. Campo** - Coordinator of Trichology and Skin Appendages in Aesthetic Medicine Study Group - Italian Society of Aesthetic Medicine (SIME)

#### Treatment of alopecia by combining self-transplantation with scalp tricopigmentation

*T. Belfatto*

#### SEFFIHAIR: the liquid therapy for the autologous regenerative treatment of androgenetic alopecia

*A. Gennai*

#### Mesotherapy with dutasteride 0.01% and specific injectable medical device in the treatment of androgenetic alopecia with photographic evaluation and with trichoscopy

*R. Giannatiempo*

#### Clinical study on the efficacy and tolerability of growth factors preformed through ionophoresis on patients with androgenetic alopecia and telogen effluvium

*M. Starace - A. Alessandrini - F. Bruni - B. M. Piraccini*

#### Automatic artificial hair implant: an innovative hair restoration technique

*R. Dell'Avanzato*

#### Discussion

10:30 am

### Trichology therapies

In collaboration with SITRI (Italian Society of Trichology)

**Chairmen:** **D. Campo** - Coordinator of Trichology and Skin Appendages in Aesthetic Medicine Study Group - Italian Society of Aesthetic Medicine (SIME)

**A. Marliani** - Founder President of the Italian Society of Trichology (SITri)

#### Practical therapy of Alopecia Areata

*A. Marliani*

#### Clinical experience on the efficacy and safety of Tofacitinib in the treatment of Alopecia Areata

*G. Babino*

#### Seborrheic Dermatitis Therapy

*D. Di Nunno*

#### Natural Therapies

*F. Bini*

#### Scalp Hyperkeratosis Therapy

*E. Bianchi*

#### Telogen Effluvium Therapy

*A. Soverina*

#### Androgenetic Alopecia Therapy

*D. Campo*

#### Discussion

# FRIDAY JULY 16th

## G. C. DONADI HALL

▼ GARDEN LEVEL

12:00 pm

### Covid, Aesthetic Medicine and Dermatology - 2

**Chairmen:** **E. Bianchi** - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Emilia Romagna  
**A. Pini** - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Tuscany

#### Infectious risk prevention in Aesthetic Medicine: up to date in the Covid 19 era

**A. Faga** - S. Scevola - G. Nicoletti - D. Scevola

#### Skin discomfort from PPE on healthcare personnel during the Covid-19 pandemic

**D. Gaudio** - L. Micucci - M. Secchi - E. Bartoletti

#### Is there a correlation between Covid-19 infection and late complications of fillers used in Aesthetic Medicine?

**M. Bisaccia** - C. Ibáñez-Vicente - P. Tejero García

#### Maskne: novel home-based actives routine to counteract this new coming skin concern

**E. Ferrari**

#### Discussion

1:00 pm

### C. A. BARTOLETTI HALL

#### Congress Opening Ceremony

2:00 pm

### Nutraceutical research: a valuable branch of Aesthetic Medicine and Anti-Ageing

In collaboration with SIFNUT (Italian Society Nutraceutical Formulators)

**Chairmen:** **A. Fratter** - Nutraceutical and Skin Care products Researcher, President of the Italian Society Nutraceutical Formulators (SIFNUT)  
**Mauro Serafini** - Full Professor at the Department of Environmental Biology, Sapienza University of Rome

#### Resveratrol in anti-ageing nutraceuticals and cosmeceuticals

**A. Martelli**

#### Curcumin and skin diseases: formulations and clinical efficacy between false myths and reality

**A. Colletti**

#### Vitamin D3: a pleiotropic substance to ensure the health of the bones and the immune system. What to know about its bioavailability and improved formulations

**A. Fratter**

#### Anti-ageing effects of citrus fruits: role of SIRT1 enzyme

**L. Testai**

#### Discussion

3:00 pm

### Focus on Vitamina C

**Chairmen:** **H. Cena** - Professor of Dietetics and Nutrition, Department of Public Health, Experimental and Forensic Medicine – Nutritional Science, University of Pavia  
**L. Di Renzo** - Associate Professor of Clinical Nutrition, Biomedicine and Prevention Department, University of Rome "Tor Vergata"

#### Vitamin C: nutritional sources and biological role

**D. Centofanti**

#### Vitamin C: supplements, dosage and overdose

**Mauro Serafini**

#### Ascorbic acid, a pleiotropic substance to sustain skin trophism: is it really well formulated?

**A. Fratter**

#### Discussion

# FRIDAY JULY 16th

## G. C. DONADI HALL

▼ GARDEN LEVEL

3:45 pm

### EFAMS Schools of Aesthetic Medicine's theses presentation

**Chairmen:** **E. Bartoletti** - President of the Italian Society of Aesthetic Medicine (SIME)

**A. Massirone** - President of the Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ

#### Implementation of laser treatment of striae distensae with carboxytherapy; single-blind retrospective single-center case-control pilot study

**F. Balconi** - N. Fraone - E. Bartoletti

#### Applications of plasma exeresis in Aesthetic Medicine

**R. Musso** - N. Tamburlin

#### The perioral area: texture improvement without volumization

**E. Facci** - M. Mariotti

#### Cosmetology of skin changes from personal protective equipment on healthcare workers during the SARS-COV 2 pandemic

**L. Micucci** - D. Gaudio - M. Secchi - E. Bartoletti

#### Use of shock waves in Aesthetic Medicine and wellness. Personal experience in the treatment of erectile dysfunction

**M. Castiglioni** - M. Mariotti

#### "Healthy in the Company": lifestyle changes to improve health and well-being

**S. Serraino** - D. Centofanti - E. Bartoletti

#### Discussion

4:45 pm

### Vitamin D 2.0

**Chairmen:** **S. Migliaccio** - Associate Professor of Applied Medical Technical Sciences, Department of Human Movement and Health Sciences, University of Rome Foro Italico

**S. Minisola** - Full Professor of Internal Medicine, Director of the Complex Operative Unit of Internal Medicine and Metabolic Bone Diseases, Sapienza University of Rome

#### Vitamin D: state of the art

**S. Minisola**

#### News on Vitamin D therapy

**S. Migliaccio**

#### SARSCOV2 infection: role of Vitamin D

**A. Panico**

#### Validation of a questionnaire on lifestyles and Vitamin D

**C. E. Tomasinelli** - V. Braschi

#### Discussion

# FRIDAY JULY 16th

## S. B. CURRI

▼ GARDEN LEVEL

5:15 pm

### Updates on Dermatology and Aesthetic Medicine

*Chairmen: E. Berardesca - Dr. Phillip Frost Department of Dermatology and Cutaneous Surgery, University of Miami, USA  
A. Tammaro - Associate Professor of Medicine and Surgery Faculty, Sapienza University of Rome, Sant'Andrea Hospital, Rome*

#### Skin barrier and tattoos

*E. Berardesca*

#### RC face project: advanced full-face approach using hyaluronic acid for the overall harmonization of the face and the rejuvenation of the eye area

*R. Casilli*

#### Facial injuries: to treat or not to treat?

*F. Farnetani*

#### The importance of the gaze during COVID times, aesthetic results with plasma procedure

*G. Fatuzzo*

#### Eyes on me, please!

*G. Assalti*

#### How to evaluate effectiveness in aesthetic medicine: updates in non-invasive dermatological diagnostics

*S. Ciardo*

#### The impact of artificial intelligence in dermatology

*C. Chello*

#### The smile behind the mask. Beauty and safety during Covid times

*R. Molinaro*

#### Women's rights and the rights to beauty. Beauty is a right

*C. Tammaro*

#### Respiratory and systemic infections associated with tattoos

*J. Rello*

#### Updates on the medical removal of tattoos

*A. Pacifici - A. Oddo - A. Damiani - L. Bandini*

#### Current progressive updates in the Cosmetic Tattooing sector

*M. Ercegovic*

#### Preventing SARS-CoV-2 infections: focus on tattoos, dermopigmentation and piercings

*F.P. D'Ancona, A. Pirrera*

#### Dermatitis artefacta during the pandemic

*F.R. Parisella*

#### Clinical and organizational experiences in dealing with a patient with COVID pneumonia

*A. Pezzuto*

#### Post Covid19 nail manifestations

*G. De Marco*

#### Cutaneous manifestation of COVID-19 in children

*G.A. Adebanjo*

#### Acral skin lesions from Covid-19

*E. Gelormini*

#### SARS COVID-19: Experiences from Campania

*V. Zollo*



# FRIDAY JULY 16th

## S. B. CURRI

▼ GARDEN LEVEL

**Long COVID in the skin**

*A. Tammaro*

**Surgical treatment in tattoo complications**

*F. Luzi*

**Discussion**

# FRIDAY JULY 16th

## S. MAGGIORI HALL

▲ LOBBY LEVEL

9:00 am

### Acne: therapies in Aesthetic Medicine

**Chairmen:** **I. Brunamonti** - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

**L. Celleno** - Director of the Cosmetological Research Center and Coordinator of the School focused on Special Purposes for Cosmetic Technicians, at the Università Cattolica del Sacro Cuore, Rome

#### Clinical study on the use of botulinum toxin in seborrheic skin

*B. Amarisce*

#### Treatment of vulgar acne with a combined protocol between chemical peeling and home product

*L. Calvisi*

#### Active Acne: how do it

*P. Tarantino*

#### Acne: the combined use of ultrasound, microneedling, radiofrequency and laser for a complete result

*P. Boriolo*

#### Personal experience in the use of new generation revitalizing peeling in the rejuvenation and management of acne

*M. Vitale*

#### Cicatricial acne: review of personal therapeutic protocols

*G. M. Izzo*

#### Discussion

10:20 am

### Covid, Aesthetic Medicine and Dermatology - 1

**Chairmen:** **M. Belmontesi** - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

**G. M. Izzo** - Dermatologist, Naples

**A. Panico** - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

#### The aging of the population in Italy and excess mortality in 2020

*R. Cagiano de Azevedo - C. Castagnaro*

#### Aesthetic Medicine in the time of the CoViD-19 emergency: analysis of a new era

*A. M. Ferriero - D. Centofanti - E. Bartoletti*

#### COVID skin manifestations

*C. De Simone*

#### Covid, personal protective equipment and skin

*S. Guida*

#### How the power supply changed during the lockdown

*L. Di Renzo*

#### Vaccination and elderly priorities - The opinion of the San Marino Bioethics Committee (CSB)

*F. Strollo*

#### Discussion

11:30 am | Press Conference

# FRIDAY JULY 16th

## S. MAGGIORI HALL

▲ LOBBY LEVEL

1:00 pm

### C. A. BARTOLETTI HALL

#### Congress Opening Ceremony

2:00 pm

### Utilizing gas in Aesthetic Medicine

*Chairman: N. Fraone - Councillor of the Italian Society of Aesthetic Medicine (SIME)*

#### Carboxytherapy: from scientific research to clinical applications

*C. Brandi*

#### The benefits of SIOOT oxygen-ozone therapy

*M. Franzini*

#### The role of medical CO2 in the treatment and management of scars

*M. Vitale - F. Ferrari*

#### Application of SIOOT oxygen-ozone therapy on capillaries

*M. Franzini*

#### Discussion

2:55 pm

### Aesthetic Medicine and Autoimmunity

*Chairmen: F. Strollo - President of the Italian Academy of Anti-Aging Medicine (AIMAA)*

*G. Trocchi - Vice-president of the Italian Society of Aesthetic Medicine (SIME)*

#### Autoimmune Diseases and Aesthetic Medicine: introduction to the session

*G. Trocchi*

#### Immunological diagnostics and Aesthetic Medicine

*C. Milito*

#### Delayed reactions to Hyaluronic Acid and immune characteristics of patients who manifest them

*L. Pirrotta*

#### Skin and immune system

*R. Di Marzo*

#### Presentation of the SAI Questionnaire (Survey on Self-Immunity) aimed at patients in Aesthetic Medicine offices

*G. Trocchi*

#### Use of hyaluronidase in patients with hymenoptera venom allergy

*L. Pirrotta*

#### Discussion

4:00 pm

### Evidence Based Aesthetic Medicine: updates from the SIME study groups

*Chairmen: R. Di Maggio - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome*

*A. Lusi - Coordinator of Aesthetic Medicine of external genitalia Study Group - Italian Society of Aesthetic Medicine (SIME)*

*G. Trocchi - Vice-president of the Italian Society of Aesthetic Medicine (SIME)*

#### Generational differences in aesthetics

*M. Patalano*

#### Focus on dysmorphophobia: a questionnaire for patients in Aesthetic Medicine offices

*V. Fasoli*

# FRIDAY JULY 16th

## S. MAGGIORI HALL

▲ LOBBY LEVEL

### **Sex hormones and diet. Fertile Age vs Menopause**

*Monica Serafini*

### **Daily cosmetological hygiene of the genital area: the gynecological cosmetological dossier as a practical guide for the Aesthetic Doctor**

*A. Cacciatore*

### **Biostimulation in the rejuvenation of the external genitalia**

*G. Viglione - A. G. Pecoraro - G. Giudice - A. Lusi - L. Cavalieri*

### **Discussion**

5:10 pm

### **Biostimulation and biorestructuring - 1**

**Chairmen:** *P. Abbruzzese* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*M. Tancredi* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Puglia

*G. Viglione* - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

### **Systemic skin regeneration with dermaroller through the combined treatment of dermaroller needling and a new generation biostimulant**

*L. M. Lapalorcia - R. Pelliccia - A. M. Ricci - M. Berlanda*

### **L-Polylactic acid in face rejuvenation: when, how and why**

*A. Innocenti*

### **Botulinoneedling**

*G. Ferrarelli*

### **NASHA Skinboosters in improving the quality of the skin**

*M. Belmontesi*

### **Effectiveness of the Biostimulant Adbiojal bio vis in the treatment of skin aging of the face: evaluation of the results by skin ultrasound, elastometry and 3D photography**

*F. Martella - D. Feleppa - E. Bartoletti*

### **Discussion**

9:15 am

### Aesthetics of the buttocks - 1

**Chairmen:** *C. Guglielmo* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

*S. Laura* - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)

*M. Valeriani* - Director of the Complex Operative Unit of Plastic Surgery, San Filippo Neri Hospital, Rome

#### Global remodeling of the buttocks: combined techniques

*R. Dell'Avanzato*

#### Brazilian Buttock: tip and tricks

*R. Amore*

#### Polylactic acid for the reconstruction of the buttocks

*D. Ancona*

#### Masculinization and remodeling of the buttocks

*A. Tenenbaum*

#### Application of SIOOT oxygen-ozone therapy on lipodystrophy (cellulite)

*M. Franzini*

#### Discussion

10:15 am

### Panel Discussion: Rich Girl Face

**Chairman:** *N. Fraone* - Councillor of the Italian Society of Aesthetic Medicine (SIME)

**Participants:** *L. Fassari, N. Fraone, B. Paoli, M. Procacci*

#### Discussion

11:15 am

### Cellulite is not interpretative art

**Chairmen:** *D. Amuso* - Surgeon, Specialist in General Surgery and Sports Medicine, Modena

*A. Sbarbati* - Full Professor of Anatomy and Histology, Department of Neurological, Biomedical and Movement Sciences, University of Verona

#### Cellulite and oxidative stress

*E. L. Iorio* - *D. Amuso* - *C. De Olivera*

#### Synergies between Aesthetic Medicine and sports medicine in the diagnosis and therapy of cellulite (EFSP)

*V. Chiapatti* - *E. Biagiotti* - *V. Chiapatti* - *D. Cavallini* - *D. Amuso*

#### Effectiveness of carboxytherapy with oxygen propulsion in the treatment of cellulite in women with periodontal disease: a pilot clinical study

*A. Scarano* - *D. Amuso* - *E. L. Iorio* - *R. Amore* - *A. Sbarbati*

#### Diagnostic / therapeutic algorithm for surface irregularities

*F. Deriu* - *R. Amore* - *D. Amuso*

#### New active ingredients for cellulite

*R. Amore* - *F. Deriu* - *D. Amuso*

#### A new cellulite treatment with ascorbic acid and ascorbyl palmitate solution: clinical and histological study

*D. Amuso* - *E. L. Iorio* - *R. Amore*

#### Skin and adipose tissue: an inseparable pair. A new classification of the dermal adipose tissue

*A. Sbarbati* - *G. Conti* - *D. Amuso* - *R. Amore*

#### Discussion



# FRIDAY JULY 16th

## A. BOURRA HALL

▲ LOBBY LEVEL

1:00 pm

**C. A. BARTOLETTI HALL**

**Congress Opening Ceremony**

2:00 pm

**Rhinofiller: a therapy with progressively more indications - 1**

*Chairmen: F. De Angelis - Surgeon, Specialist in Reconstructive and Plastic Surgery, Naples*

*S.P. Fundarò - President of the Italian Association of Aesthetic Botulinum Therapy (AITEB)*

**Rino-beautification with HA fillers: my personal approach and clinical cases**

*E. M. Amato*

**"Double Layer" rhinofiller, technical approach and possible evolutions**

*M. Enzani*

**The importance of the rhinofiller in "profile beautification"**

*P. Nardolillo*

**Minimally invasive nose treatment with the dermgraft technique: preliminary results on 456 patients**

*M. Goisis*

**Non surgical rhinoplasty using surgical threads**

*H. El-haddad*

**Discussion**

3:00 pm

**Regenerative Medicine: scientific progress - 1**

*Chairmen: M. G. Cifone - Full Professor of General Pathology, Department of Life, Health and Environmental Sciences, University of L'Aquila*

*F. Tomaselli - Honorary President of the Italian Society of Aesthetic Medicine (SIME)*

**System Aesthetic Medicine: the role of inflammaging in the management of skin aging**

*F. Negosanti*

**Lipofilling and Stem Cells in the aesthetic correction of the lower orbit-eyelid area**

*A. Alessandrini*

**Autologous tissues in dermal regeneration: progenitors with adult stemness markers in a plasma gel scaffold combined with platelet growth factors. Case report**

*F. Svolacchia*

**Stem cells in medicine: application of innovative nanotechnologies aimed at *in vitro* tissue regeneration**

*M. Maioli - S. Cruciani - L. Maioli - G. Trocchi - E. Bellu*

**Combined action between regenerative autologous medicine (Seffihair) and photo biostimulation (Trichobiolight) in the treatment of miniaturized hair and androgenetic alopecia**

*D. Piccolo - C. Genovesi - D. Mazzaracchio - S. Tramontozzi*

**Fillagen, the new frontier of Aesthetic Medicine**

*F. Negosanti*

**SEFFILLER treatment for the autologous regenerative gaze rejuvenation**

*A. Gennai*

**Principles of use of fractionated adipose tissue in trichology**

*P. Tesouro*

# FRIDAY JULY 16th

## A. BOURRA HALL

▲ LOBBY LEVEL

**A high concentration multi-strain probiotic formulation inhibits TGF- $\beta$ 1-induced skin fibrosis *in vitro***  
*M. Giuliani*

**Discussion**

**4:45 pm**

### **The neck: a global aesthetic approach - 1**

*Chairmen: K. Antoniadou - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)*  
*L. Cavalieri - Councillor of the Italian Society of Aesthetic Medicine (SIME)*

**Anatomy. Clinical diagnostic framework, degrees of neck ageing**  
*E. Bartoletti*

**Chemical biostimulation for neck blemishes**  
*N. Fraone*

**Botulinum Toxin in neck rejuvenation**  
*I. Iozzo*

**The neck and Hi-Tech Regenerative Medicine, the last frontiers**  
*A. Pacifici*

**Neck and threads**  
*A. Habiba*

**Endolift and combined techniques for the remodeling of the mandibular contour and the sub-chin**  
*R. Dell'Avanzato*

**Discussion**

**5:55 pm**

### **The neck: a global aesthetic approach - 2**

*Chairmen: A. Calisti - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lazio*  
*R. Crescenzo - Coordinator of the Academy Section of the Italian Society of Aesthetic Medicine (SIME)*

**Neck and cosmetics: a difficult relationship**  
*C. Scesa*

**Permanent suture suspension technique for minimally invasive neck rejuvenation**  
*A. J. Rubinstein*

**Botulinum Toxin for neck treatment**  
*S. Fundarò*

**Amarna© personal technique for neck rejuvenation: case report**  
*N. Ribé Subirà - P. Piersini*

**Hyoid region cosmetic approach**  
*S. Scevola - A. Faga*

**Treatment of the neck region with the LESC technique**  
*S. Toschi*

**Discussion**

# FRIDAY JULY 16th

## T. B. FITZPATRICK HALL

▲ LOBBY LEVEL

9:00 am

### Filler: from surface to depth. Lips and full face

*Chairmen: A. G. Fiorentini - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lombardia*

*C. Sciuto - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome*

### Comparison of objective and subjective aspects of the rhinofiller technique

*D. Vergani - G. Trocchi - E. Bartoletti*

### RC Face Project: full face approach, from consultation to treatment

*R. Casilli*

### Filler with preserved network technology: from surface wrinkle to full face

*M. G. Di Russo*

### The "less is more" approach for lip treatment with hyaluronic acid-based fillers

*G. Sito*

### Anatomo-analytical approach for lip treatment

*L. Balint*

### Face Fillers: Advanced infiltration techniques

*L. Piovano*

### Volumetric augmentation of the lower third of the face with hyaluronic acid. Personal experience

*A. Cimino*

### Local anesthetic and lip filler: a pity or a delight?

*L. Spadotto - I. Rossi*

### The Millennials in our outpatient services: the role of the physician to manage the patient's request and personal experience

*C. Incandela*

### Discussion

10:45 am

### Hyperpigmentation and melasma. Updates on therapies

*Chairmen: E. Fulgione - Councillor of the Italian Society of Aesthetic Medicine (SIME)*

*M. Tomat - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Friuli Venezia Giulia*

### Role of retinoids in the management of hyperpigmentation

*I. Proietti*

### Combination Therapies for treating Melasma

*A. Spiritou Kontidou*

### Melanozyme: a patented enzyme with a lightening and illuminating action to prevent and combat skin discoloration

*D. De Rossi*

### Elimination of facial hyperpigmentation with Electropore Cosmesis and mixed peeling 0.5

*S. Capurro*

### Discussion

11:30 am

### Healthy Ageing in Aesthetic Medicine

*Chairmen: C. Giorgio - Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for South Italy*

*A. Massirone - President of the Italian Scientific Society of Medicine in the Aesthetic Field, AGORA*

### The motivations and expectations of Aesthetic Medicine patients

*M. Procacci*

# FRIDAY JULY 16th

## T. B. FITZPATRICK HALL

▲ LOBBY LEVEL

### Facial aging: only EBM or prudent practical Aesthetic Medicine?

*G. V. Oskarbski*

### An anti-aging, anti-obesity, anti-tumor, anti-senile cognitive impairment drug and now also proposed as anti Covid 19: metformin

*L. Bracco*

### Anti-aging medicine can be of help in the therapy against Covid-19

*F. Terranova*

### Our personal approach to the lower third of the face

*G. Cucchi - E. Bianchi - E. Bartoletti*

### Digital analysis of skin quality improvement with an innovative hyaluronic acid: objective results using digital analysis

*M. Patalano*

### Discussion

1:00 pm

## C. A. BARTOLETTI HALL

### Congress Opening Ceremony

2:00 pm

### Aesthetic health project: from genetics to medicine

**Chairman:** *E. Capoluongo* - Professor of Clinical Biochemistry and Clinical Molecular Biology, Department of molecular medicine and medical biotechnologies, Federico II University, Naples

**A. Catizzone** - National Coordinator of the local sections - Italian Society of Aesthetic Medicine (SIME)

### Genomics and Aesthetic Beauty

*E. Capoluongo*

### Genetic variants and aging: diagnosis, management, prevention

*L. Boccuto*

### Genetic test for hair loss

*F. Bini*

### Discussion

2:45 pm

### Aesthetics of the buttocks - 2

**Chairmen:** *P. Palombo* - Past President of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)

*A. Pulvirenti* - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

### Physical exercise for the gluteal region

*M. Sacchetti*

### Muscle tone recovery machinery

*C. De Lucia*

### The golden rules for a safer buttock fat transfer

*F. Hamza*

### Buttocks volumization techniques

*G. Salti*

### Discussion

# FRIDAY JULY 16th

## T. B. FITZPATRICK HALL

▲ LOBBY LEVEL

3:45 pm

### 3rd millennium Cosmetology: fully ecdermocompatible

In collaboration with SKINECO

**Chairmen:** *M. C. Romano* - President of the International Association of Ecological Dermatology (SKINECO)  
*M. Secchi* - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### Consumer expectations on EcoBio cosmetics

*B. Righini*

#### The molecules under investigation in dermocosmetics

*F. Zago*

#### State of the art on endocrine disruptors

*M. Taliercio*

#### Discussion

4:30 pm

### Atopy and Aesthetic Medicine

**Chairmen:** *E. Fulgione* - Councillor of the Italian Society of Aesthetic Medicine (SIME)  
*C. Milito* - Assistant Professor in Allergy and Clinical Immunology, Department of Molecular Medicine, Sapienza University of Rome

#### Expectations, inconveniences, care: the patients speak. Introductory video to the session

*E. Fulgione - G. Pintori*

#### Clinical framework of Atopy and differential diagnosis with other pathologies

*F. Farnetani*

#### DERMOCOSM-ethics: the importance of a rational and correct approach in atopic dermatitis and sensitive skin

*E. Fulgione - U. Borellini*

#### History of atopic patients undergoing medical aesthetic therapies

*G. Calabrese*

#### Discussion

5:35 pm

### Facial Beautification: what changed my outcomes - 2

**Chairmen:** *E. Mastroluca* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome  
*S. Raso* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Calabria

#### The PLUS of an HA volumetric filler for facial remodeling: choice of the most effective implant sites based on anatomical areas and age

*F. Vignoli*

#### Analysis of the dynamic improvement of the face after treatment with HA

*A. Dall'Antonia*

#### Re-harmonization of the face: progressive personalized approach to the degree of aging

*E. Massidda*

#### Anti-aging treatments in millennials: focus on botulinum toxin

*R. Facchini*

#### Treatment of the periocular area and compensation wrinkles of the forehead with a combined technique: botulinum toxin and hyaluronic acid filler

*R. Perna - A. Perna*

#### Behind the scenes of a full face: Anchor threads, skin quality and other secrets "stolen" around the world

*R. Perna - A. Perna*



# FRIDAY JULY 16th

## T. B. FITZPATRICK HALL

▲ LOBBY LEVEL

### **Rhinofiller in the Asian patient: our experience**

*A. Fogli - F. Binaschi*

### **For those who like dinghy lips: the K68 rule**

*M. Goisis*

### **Facial rejuvenation with PDO anchor threads: my personal experience**

*P. R. Russo*

### **Full face approach for tissue repositioning of the face with high elasticity biphasic filler**

*F. Calvani*

### **Discussion**

8:45 am

### Combined therapies and protocols in Aesthetic Medicine - 2

**Chairmen:** *E. Bilchugova* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Marche and Umbria

*A. Carota* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

#### Rejuvenation of the upper third of the face through minimally invasive treatments with PDO threads and injectable medical devices

*A. Perna* - *R. Perna*

#### How to correct excessive body hair in women

*A. O. Iftode* - *C. D. Petean*

#### Pneumatic transdermal delivery and TCA-H2O2 in the treatment of various skin imperfections

*F. P. Alberico* - *R. Castellana*

#### Focused Ultrasound and Hyaluronic Acid-based fillers: a combined treatment for face rejuvenation

*C. Sartorio*

#### The periorbital region: analysis of a difficult area and possible medical-aesthetic corrections

*G. M. Izzo*

#### Priming protocols with HPT® Polynucleotides

*M. Cavallini*

#### Full face antiaging with TTLC technique

*L. Cerutti*

#### Discussion

10:00 am

### Filler: from surface to depth. Contours and profiles

**Chairmen:** *A. G. Passi* - Full Professor of Biochemistry, Department of Medicine and Surgery, University of Insubria, Varese

*N. Scuderi* - Former Director of the Specializing School in Reconstructive Aesthetic Plastic Surgery, Sapienza University of Rome

#### Image prediction based on artificial intelligence with hyaluronic acid treatments

*L. Corsio*

#### Where and how much filler is needed? From hypothesis to data collection: statistical analysis on 500 injected vials and personal considerations

*F. Vignoli*

#### Profiloplasty with minimally invasive techniques: focus on patient selection through 3D analysis

*A. Triolo* - *D. Palazzolo*

#### Mandibular redefinition with pegylated hyaluronic acid-based fillers

*R. Rauso*

#### Vertical lifting oriented with calcium hydroxyapatite

*E. Massidda*

#### Vycross Hyaluronic Acid Filler 25 mg / ml: a product created for the treatment of the lower third of the face

*N. Kefalas*

#### Face contouring for men: remodeling of the lower third with Calcium Hydroxyapatite - Live video treatment

*G. P. Astolfi*

#### Global Beauty: the new concept of beauty

*G. Sito* - *R. Cetto*

#### Discussion

11:25 am

### Case Report in Aesthetic Medicine

**Chairmen:** **A. Camporese** - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome  
**N. Fraone** - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### Complications from resorbable fillers: case-report of complication from hyaluronic acid fillers

**G. Sturabotti** - **N. Fraone** - **E. Bartoletti**

#### Adverse effects in relation to the COVID 19 pandemic. Description of a case

**R. Fernández de Castro** - **C. Ventura**

#### Management of post-radiotherapy edema in patients with previous labial silicone implant

**S. Raso** - **A. Catizzone**

#### Application of the "Multilayering Technique" and non-surgical nasal profiloplasty in sarcopenic, diabetic patient with previous misplaced hyaluronic acid-based fillers. "Chicken Wings" method

**V. D'Alessandro**

#### Body remodeling in a young woman following a very low calorie ketogenic diet with protein replacement: a case report

**E. Rostanzo** - **Marco Marchetti**

#### Discussion

12:30 pm

### Botulinum Toxin: dose optimization & practical tips for full face treatment

**Chairmen:** **E. Bartoletti** - President of the Italian Society of Aesthetic Medicine (SIME)  
**M. Signorini** - Honorary President of the Italian Association of Aesthetic Botulinum Therapy (AITEB)

#### Greater biological activity of OnabotulinumtoxinA and noninterchangeability with vacuum-dried PrabotulinumtoxinA

**D. Rupp** - **D. Canty** - **C. Rhéaume** - **A. J. Burns** - **B. Jacky** - **R. Broide** - **A. Brideau-Andersen** - **M. Signorini**

#### OnabotulinumtoxinA displays superior activity to IncobotulinumtoxinA drug product in multiple *in vitro* and *in vivo* assays

**D. Canty** - **L. Le** - **J. Wang** - **G. Nicholson** - **A. Brideau-Andersen** - **L. Steward** - **B. Jacky** - **R. Broide** - **M. Washburn** - **D. Rupp** - **M. Signorini**

#### OnabotulinumtoxinA for treatment of the upper third of the face: anatomical and practical considerations for maximal patient satisfaction

**W. Wu**

#### An array of opportunities in clinical practice

**R. D'Emilio**

#### Discussion

1:45 pm

### The Perfect Smile

**Chairmen:** **R. Sommariva** - Professor at the AGORÀ School of Aesthetic Medicine, Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ, Milan  
**M. Vignoli** - Coordinator of Aesthetic Medicine and Aesthetic Surgery Study Group - Italian Society of Aesthetic Medicine (SIME)

#### Introduction to anatomy of the lips

**L. Cavalieri**

#### From the morphology of the lips to the choice of the injection technique. How to achieve an optimal result

**A. Alessandrini**

#### The maxillofacial surgeon's approach

**R. Rauso**

#### The contribution of dentistry

**G. Persichetti**

### Focus on the lips. Personalized techniques for refined results - Live treatment video

G. P. Astolfi

### Lip reshaping and correction of asymmetries: my personal approach with 3D measurements and images

C. Sartorio

### Discussion

3:15 pm

### Panel Discussion: focus on hyaluronic acid

Chairman: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)

#### Hyaluronan: an introduction

A. G. Passi

#### Immunology of Hyaluronic Acid

C. Milito

#### Stimulating adipocytes with Hyaluronic Acid

F. Fanian

### Discussion

4:15 pm

### Face lights and shadows

Chairmen: C. Di Gregorio - Coordinator of Aesthetic Medicine and Surgery Study Group - Italian Society of Aesthetic Medicine (SIME)

S. Santini - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### Shadows on the face for aesthetic physician between art and medical science

N. Fraone

#### The creation of shadows in Aesthetic Medicine

A. Alessandrini

#### The photographer's gaze

S. Bidini

#### The Makeup Artist's experience in creating shadows

C. Ciaffardini

### Discussion

5:15 pm

### SIME - IMCAS Session

Chairmen: D. Centofanti - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

G. Trocchi - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

#### WATCH - A simple and efficient method to prevent the complications of laser hair removal

V. G. Clatici

#### Tips for (of) the nose

A. Lambert

#### Dermal fillers, Covid 19 infection and Covid 19 vaccines: clinical manifestations, management and prevention

M. Creusot

6:15 pm

### Discussion

# SATURDAY JULY 17th

## C. A. BARTOLETTI HALL

▼ GARDEN LEVEL

### **Healthy Ageing. Preventive diagnostic paths for healthy ageing**

**Chairmen:** *D. Ballardini* - President of the National Association Specialists in Nutritional Science (ANSISA)

*M. Malucelli* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*G. Trocchi* - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

### **Nutrition and Physical Activity, what tools to monitor adherence?**

*D. Centofanti*

### **Evidence Based Medicine in endocrinology for the prevention of sarcopenia**

*M. Maggio*

### **Clinical oxidation parameters - Which instrumental tests**

*F. Strollo*

### **The lifestyle of University students in the Mediterranean area**

*R. De Giuseppe*

### **Autonomic nervous system and skin aging**

*G. Messina*

### **Discussion**



### 10:15 am | **Ulcerative complications on the skin after aesthetic treatments**

In collaboration with IAWC (Italian Academy Wound Care)

**Chairmen:** *C. Ligresti* - President of the Italian Academy Wound Care (IAWC) - Director of the scientific board of IAWC

*M. G. Onesti* - Associate Professor of Reconstructive and Aesthetic Plastic Surgery, Sapienza University of Rome

#### **Dressings useful for skin lesions**

*M. Del Zotti*

#### **Medical and surgical debridement for the debridement of skin necrosis**

*C. Ligresti*

#### **Biophotonic therapy for the treatment of wounds, scars and skin inflammation**

*F. Bassetto* - *C. Scarpa* - *V. Vindigni*

#### **VAC therapy: indications and limits**

*L. Spazzapan* - *G. Papa*

#### **Discussion**

### 11:15 am | **Medical Aesthetic Dermatology**

**Chairmen:** *G. Russo* - President of the Italian Society of Non Ablative Radiofrequency (SIRNA)

*A. Tammaro* - Associate Professor of Medicine and Surgery Faculty, Sapienza University of Rome, Sant'Andrea Hospital, Rome

#### **Review of the literature on the efficacy and safety of a new topical cosmetic treatment containing Pistacia lentiscus and hyaluronic acid for the treatment of nail diseases**

*M. Starace* - *A. Alessandrini* - *F. Bruni* - *B. M. Piraccini*

#### **Treatment and prevention of neovascularization in melasma**

*R. Castellana*

#### **Photodynamic therapy in aesthetic medicine**

*F. Bini*

#### **Role of VYC-12 in the treatment of rosacea, photoaging, atopic dermatitis and post-acne scarring**

*I. Proietti* - *N. Skroza* - *C. Potenza*

#### **Discussion**

### 12:00 pm | **Aesthetic Medicine: miscellaneous - 2**

**Chairmen:** *E. Bunar* - President of the Croatian Association of Aesthetic Medicine (HUEM)

*M. Tomat* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Friuli Venezia Giulia

*F. Troili* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

#### **Avoiding anorexia nervosa: a challenge for Aesthetic Medicine**

*L. Bracco*

#### **Multicenter retrospective study on the regeneration and pigmentation of stretch marks: clinical analysis and evaluation of efficacy and safety on 917 patients**

*P. A. Bacci*

#### **Evaluation of a combined protocol with the use of microneedling applied with growth factors in the treatment of striae distensae**

*F. Lombardo* - *C. Scacciati* - *G. Menchini*

#### **Hydrodermoabrasion: a new era of cell renewal**

*F. Aimi*

#### **Lips Volume, Filler Vs Prosthetic Implant**

*L. Piovano* - *M. Gentilucci*

**Skin pre-treatment with HCC for a more desirable effect before volumizing fillers. Are we aware of choosing the right treatment?**

*E. Ferrari*

**The synergy between vacuum and electromagnetic fields in anti-aging therapy: clinical and instrumental analysis on 217 patients**

*E. Fulgione - S. Laura*

**Endermology and vascular medicine**

*J. D. Bouaziz*

**Effectiveness of the treatment of skin elastosis with pneumatic energy**

*I. Proietti*

**Discussion**

**1:30 pm**

### Peeling: new guidelines and formulations

**Chairmen:** *L. Nazzaro* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

*U. Preite* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Abruzzo and Molise

**Skin lesions of the face and neckline due to trichloroacetic acid**

*B. Amarisse*

**New peeling and new cosmeceuticals: presentation of a novelty**

*G. M. Izzo*

**Fractional Peeling**

*F. Deriu*

**Discussion**

**2:15 pm**

### Hormones and growth factors

Joint Session SIE-SIME

**Chairmen:** *E. Bartoletti* - President of the Italian Society of Aesthetic Medicine (SIME)

*F. Romanelli* - Vice-President of the Italian Academy of Anti-Aging Medicine (AIMAA), Department of Experimental Medicine, Sapienza University of Rome

**Growth hormone and IGF-1: pathophysiology and diagnostics**

*D. Ferone*

**Growth Hormone and IGF-1: clinical aspects**

*M. Ragonese*

**Growth factors in Aesthetic Medicine**

*E. Bartoletti*

**Discussion**

**3:00 pm**

### Lasers and Energy-Based Devices in Aesthetic Medicine - 1

**Chairmen:** *M. Laurenza* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*L. Longo* - Founder President of the International Laser Medicine and Surgery Academy (IALMS)

**Microfocused ultrasound: indications, clinical efficacy and complications**

*A. Araco*

**Thermoregulated endodermal radiofrequency. Face and neck. Two-year experience with standardized protocols**

*A. Lazzarotto*

**A very innovative treatment of the barcode without volumization: the plasma effect radiofrequency**

*N. Lebbar*

**Scar and scar tissue: how to stimulate regeneration**

*A. Pacifici - F. P. Alberico - M. Tretti Clementoni - E. Berne*

**Laser Photo Bio Modulation (LPBM) in skin regeneration**

*L. Longo - G. Caroni - D. Longo - G. Cherubini - M. Caroni*

**Laser treatment of skin benign lesions in periocular and periorbital area**

*A. Pini - G. Cannarozzo*

**The Nd: YAG laser in a recent indication, hyperhidrosis: a comparison with botulinum toxin**

*P. Boriolo*

**Super-selective anti-aging approach to the face, neck, décolleté and hands using a multiple wavelength laser platform**

*F. Perego*

**Discussion**

**4:30 pm**

### **Nutrition, obesity and eating disorders**

**Chairmen:** *G. Messina* - Full Professor of Physiology, Department of Clinical and Experimental Medicine, University of Foggia

*L. Piombino* - Specialist in Nutritional Science, Professor at the University of Campania Luigi Vanvitelli, Caserta

**Food and ego at a certain age: psychological recipes for better living**

*M. Malucelli*

**Diet and Fertility**

*I. Loiudice - D. Centofanti - E. Bartoletti*

**Evaluation of the effectiveness of a supplement based on Glucosamine hydrochloride, Chondroitin sulphate, ID-aIG TM, Citrus Aurantium, Griffonia and Vitamin C**

*E. Badolati*

**Ketogenic diet based on amino acid supplement and very low carbohydrate content VS very restrictive low calorie diet to maintain muscle mass during weight loss**

*Mario Marchetti*

**Amino acids and weight loss**

*F. Pietrocarlo*

**Treatment of localized adiposity by means of cryotherapy and carboxytherapy in association with ketogenic therapy**

*L. M. R. Tedesco*

**Very Low Calorie Ketogenic diet with protein replacement: a potential treatment for binge eating and food addiction symptoms in the women. A pilot study**

*E. Rostanzo - Marco Marchetti - A. M. Aloisi*

**Discussion**

# SATURDAY JULY 17th

## G. C. DONADI HALL

▼ GARDEN LEVEL

5:45 pm

### Social and Reconstructive Aesthetic Medicine

**Chairmen:** *R. Casilli* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome  
*P. R. Russo* - President of the Italian Association of Autologous Regenerative Therapy (AITAR)

#### LaPelleSiCura: project presentation

*G. Pintori*

#### Topical therapy with Vitamin E and Squalane in the prevention and treatment of Radiodermatitis in patients with Breast Cancer

*R. Barbara* - *M. Secchi* - *E. Bartoletti*

#### Aesthetic Medicine treatments beyond pure beauty towards the patient's clinical well-being

*R. Perello*

#### Gender Aesthetic Medicine Project; aesthetics and ethics seen with genetics

*A. Spinapolice*

#### Fillers based on Hyaluronic Acid as a complement to facial reconstructive surgery

*F. Chirico* - *R. Rauso*

#### Chromatic reconstruction of labial angioma by corrective dermopigmentation: case study

*T. Belfatto*

#### Discussion

9:00 am

### Nutrition, immunity and...

Joint Session ADI - ANSISA - SICOB - SIO - SISDCA - SIME

**Chairmen:** *M. G. Carbonelli* - Director of the Operative Unit of Dietetics and Nutrition, San Camillo Forlanini Hospital, Rome

*D. Centofanti* - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

*C. Tubili* - Head of the Diabetes Unit, San Camillo Forlanini Hospital, Rome

### Nutrition, Immunity and Adolescence

*A. Vania*

### Nutrition, Immunity and Health. How to defend health: what has this pandemic taught us?

*H. Cena*

### Nutrition, Immunity and Successful aging

*L. M. Donini*

### Nutrition, Immunity and Obesity

*F. Vignati*

10:20 am

PAUSE

### Nutrition, Immunity and COVID19

*G. Rando*

### Nutrition and eating disorders and COVID-19

*D. Ballardini*

### Nutrition, Immunity and Bariatric Patient

*B. Neri*

### Nutrition, Immunity, Pharmaconutrition and Artificial Nutrition

*A. Vivenzio*

### Discussion

12:20 pm

### Video training session on aesthetic and functional gynecology

In collaboration with AIGEF - SIGITE (Italian Association of Aesthetic and Functional Gynecology - Italian Society of Gynecology of the Third Age)

**Chairmen:** *E. Fasola* - Secretary General of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

*P. Saccucci* - President of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

### Filler

*E. Fasola*

### Surgery Mix

*M. Brambilla*

### Radiofrequency in Breast Cancer Survivors

*A. Becorpi*

### Perineoplasty

*C. Oliva*

### CO2 laser in vulvar pain

*F. Murina*

### Vestibuloplasty

*F. Anglana*

### Vulvar plastic after FGM (Female Genital Mutilation)

*P. Saccucci*

### Discussion

1:35 pm

### **Aesthetics and Functionality of the External Genitalia: the role of Aesthetic Medicine**

**Chairmen:** *E. Fasola* - Secretary General of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

*C. Oliva* - Treasurer of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

**Maintenance protocol in the treatment of urinary incontinence with EPV associated with the administration of a supplement with hyaluronic acid, chondroitin sulphate, quercetin, orthosiphon**

*A. Spinapolic*

**Vulvo-vaginal biorevitalization: the combined use of Polynucleotides and Hyaluronic Acid is an effective and safe option**

*A. Lusi* - *A. Franceschelli* - *F. Frascani* - *M. Angelucci* - *M. I. Garo*

**Combined treatment in genitourinary syndrome of menopause (GSM)**

*A. G. Pecoraro*

**Treatment of the volume and hydration of the labia majora and external genital area with hyaluronic acid: aesthetics and functional comfort**

*A. Perna* - *R. Perna*

**Intradermal infiltration of Polynucleotides / Hyaluronic Acid in patients with scleroatrophic lichen: a new therapeutic possibility? Preliminary data**

*F. Frascani* - *M. Angelucci* - *A. Franceschelli* - *A. Lusi* - *M. L. Garo*

**Regenerative medicine in gynecology**

*M. Mantovani*

**Clinical experiences using vulvovaginal biorevitalization with Highly Purified Technology Polynucleotides (PN-HPT®) and Hyaluronic Acid in postmenopausal women: the PRIMING protocol and the results of the study**

*I. P. Palmieri*

**Combined protocol for the use of HIFEM and vaginal radiofrequency in the treatment of functional aesthetic disorders of the female external genitalia**

*C. Catalisano*

**Discussion**

3:10 pm

### **From approximative mesotherapy to precise intradermotherapy**

**In collaboration with SIM (Italian Society of Mesotherapy)**

**Chairmen:** *M. Mammucari* - President of the Italian Society of Mesotherapy (SIM)

*T. Paolucci* - Councillor of the Italian Society of Mesotherapy (SIM)

**Introduction to the themes of the Session**

*M. Mammucari* - *T. Paolucci*

**When cellulite was treated with "mesotherapy"**

*F. Tomaselli*

**How to build a guideline**

*R. Di Marzo*

**Rules of good clinical practice in Mesotherapy**

*E. Maggiori*

**The perspectives of evidence-based mesotherapy**

*C. Giorgio*

**The legal opinion**

*P.G. Rocchi*

### Concluding questions on the topics of the session

*C. Guglielmo*

### Discussion

4:40 pm

### Makeup and medical advice during Covid-19

**Chairmen:** *C. Scesa* - Professor of Cosmetology, University of Siena, Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*M. Secchi* - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### Innovation in make-up

*M. Vassallo*

#### Make Up - Not only color but also treatment

*G. Viscardi*

#### Security and controls

*S. Boracchi*

#### Academic research

*C. Anselmi*

#### Aesthetic doctors and make-up: a fundamental intervention

*C. Scesa*

### Discussion

5:40 pm

### "Back to regular business": management and normative implications for an entrepreneur in medicine

**Chairmen:** *M. De Nuntiis* - Surgeon, Specialist in Plastic Surgery, Rome - Member of the Health and Safety in the Workplace Commission at the Ministry of Labor and Social Policies

*G. Gori* - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*C. Zannella* - Treasurer of the Italian Society of Aesthetic Medicine (SIME)

#### Managerial and regulatory implications for the medical entrepreneur

*G. Gori*

#### Treatment intentions and patient attitudes in the Covid 19 period. Market research results

*L. Bonfiglio*

#### Aesthetic Start-Up or Expansion - Follow best business practices to achieve success. How COVID will have a future impact on your practice

*C. Whitman*

#### Marketing and Software for the aesthetic doctor

*A. Pacifici* - M. E. Tiolo - R. Bellagamba

#### Tax aspects of the aesthetic medicine business: the various legal forms available to the professional

*G. Caracciolo*

#### Fiscal update: VAT, TS system and electronic invoicing

*F. Lerro* - C. Plebani

#### Privacy surveys in health marketing: operational guide in Aesthetic Medicine offices

*C. Plebani* - F. Lerro

#### Updates in telemedicine: findings and guidelines

*F. Lerro* - C. Plebani



# SATURDAY JULY 17th

## S. MAGGIORI HALL

▲ LOBBY LEVEL

**Power of the dentist in Aesthetic Medicine: state of the art after the CSS Opinion of 2019**

*F. Spatafora*

**Health Authorization Checklist: Necessary Requirements**

*C. Plebani - F. Lerro*

**The importance of the Trade Union in the medical field**

*M. De Nuntiis*

**Discussion**

8:35 am

### Evidence Based Aesthetic Medicine: my experience - 2

**Chairmen:** *M. Cogliano* - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Rome

*A. Franceschelli* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

*N. Zerman* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Veneto

#### Tenting techniques VS more superficial injections in vermilion: my personal experience

*V. Salotti*

#### Prospective and randomized preliminary study of highly purified Polynucleotides versus placebo in the treatment of moderate to severe acne scars

*F. Araco*

#### Mandibular angle augmentation as the factor boosting masculinity and male gender

*R. Sitanovich*

#### Cosmeceutical application at home and outpatient treatments: a gradual 3D face rejuvenation approach

*F. Melfa*

#### Biostimulation of collagen using skin patting technology associated with LED light

*S. Toschi*

#### Hyaluronic Acid Gel Injections for the Treatment of Tear Trough Deformity: Multicenter, Observational, Single Blind Study

*G. Sito* - *A. Diaspro* - *L. Calvisi*

#### Endermology and effects on the fibroblast

*P. Humbert*

#### Discussion

10:00 am

### Skin and Immunity

**Chairman:** *F. Mainiero* - Full Professor of Immunology, Department of Sperimental Medicine and Pathology, Sapienza University of Rome

*G. Pellacani* - Director of post graduate School of Dermatology, Sapienza University of Rome

#### Dermatological disorders of autoimmune origin: introduction

*G. Pellacani*

#### Medical Aesthetic Treatments: when can one implement them, when can they not, necessary precautions

*G. Alessandrini*

#### Skin disorders developed as a result of medical-aesthetic treatments

*C. Scharf*

#### Cosmetological treatments in the presence of autoimmune diseases

*A. Vasselli*

#### Discussion

11:00 am

### Proposals for therapeutic algorithms for prominent imperfections

**Chairmen:** *A. Catizzone* - National Coordinator of the local sections - Italian Society of Aesthetic Medicine (SIME)

*M. Cavallini* - Vice-president of the Italian Society of Aesthetic Medicine and Surgery (SIES)

#### Algorithm to counteract skin relaxation of the face

*A. Catizzone*

#### Management of the periorcular area: algorithm approach

*P. Giorno* - *R. Adduci*

### **Genital Bleaching: Safe and Effective Options**

*A. El Attar*

### **Therapeutic algorithm for acne treatment**

*E. Fulgione*

### **EFSP therapeutic algorithm**

*E. Maggiori*

### **Therapeutic algorithm for the treatment of tissue relaxation of the body**

*A. Calisti*

### **Discussion**

## **12:30 pm | Boxing Ring: medical-aesthetic approach towards face restructuring**

*Moderator: D. Centofanti - Vice-president of the Italian Society of Aesthetic Medicine (SIME)*

### **Centripetal approach to facial restructuring**

*F. De Angelis*

### **Centrifugal approach to facial restructuring**

*C. Di Gregorio*

### **Discussion**

## **1:15 pm | Medical-aesthetic procedures for body reshaping**

*Chairmen: H. Cena - Professor at the Department of Public Health, Experimental and Forensic Medicine – Nutritional Science, University of Pavia*

*D. Feleppa - Councillor of the Italian Society of Aesthetic Medicine (SIME)*

### **Body remodeling and diet: illusion or reality?**

*S. Seraceno*

### **Use of functional ultrasound investigation in hypodermis imperfections: lipedema-lipodystrophy, EFSP**

*S. Giannini*

### **Medical treatment for body contouring**

*A. Pulvirenti*

### **Non-surgical reshaping of the body with polylactic acid**

*F. De Angelis*

### **How the metabolism of patients changes after liposuction**

*L. Romano*

### **Sports activity aimed at body remodeling**

*M. Sacchetti*

### **Surgical treatment for body contouring**

*L. Cavalieri*

### **Discussion**

3:00 pm

### **Aesthetic Medicine: focus on filler**

**Chairmen:** *G. Pellacani* - Director of post graduate School of Dermatology, Sapienza University of Rome

*D. Ribuffo* - Full Professor of Plastic Surgery and Director of the post graduate School of Plastic, Reconstructive and Aesthetic Surgery, Sapienza University of Rome

#### **Lecture: Aesthetic-functional treatment of benign pigmented lesions**

*G. Argenziano*

#### **RC Face Project: the evolution of Aesthetic Medicine in the treatment of the lower third with injectable hyaluronic acid**

*R. Casilli* - *E. Casilli*

#### **Agarose gel: the harmony of volumization and biochemical stimulation of the matrix**

*G. Maullu*

#### **Midface rejuvenation: personal approach to remodeling the zygomatic region**

*F. Arcuri*

#### **Hyaluronic acid for lower eyelid and lacrimal sulcus rejuvenation: literature review**

*A. Diaspro* - *G. Sito*

#### **T.I.L. Technique (Touch-Inject-Lift)**

*P. R. Russo*

#### **Full Facial Rejuvenation with Hyaluronic Acid Fillers Based on MD Codes Technique: Single Center Retrospective Study**

*M. T. Saliani*

#### **The Asian Patient: Emerging Segment in Aesthetic Medicine and Treatment Tips**

*L. Osmanagaj*

#### **Treatment of infraorbital skin depressions with hyaluronic acid-based fillers: a retrospective analysis**

*M. Iera*

#### **Fillers: many types, safe and effective today, our experience with a line of innovative products**

*P. Tarantino*

#### **Discussion**

4:45 pm

### **Regenerative Medicine: scientific progresses - 2**

**Chairmen:** *V. Cervelli* - Full Professor of Plastic Surgery and Director of post graduate School of Plastic, Reconstructive and Aesthetic Surgery, University of Rome "Tor Vergata"

*M. Giuliani* - Assistant Professor of Plastic Surgery, Department of Life, Health and Environmental Sciences, University of L'Aquila

#### **Biological aspects of PRP on specific cell systems**

*V. Dolo*

#### **Cell Based Therapy in Aesthetic Medicine and Future perspectives**

*P. C. Mishra*

#### **Presentation on the activities of the International Association of Stem cell and Regenerative Medicine - IASRM**

*D. Mihai*

#### **Plasmatherapy in 2021: experience on 6000 patients.**

#### **Presentation of the International multidisciplinary society for applied regenerative medicine**

*B. Bioulac*

#### **Full-Face rejuvenation. Biofiller vs Filler**

*A. Quaranta*

# SATURDAY JULY 17th

## A. BOURRA HALL

▲ LOBBY LEVEL

**Prospective study on the reduction of superficial perioral wrinkles and the restoration of the dermal matrix with platelet-rich plasma compared to placebo**

*F. Araco*

**Progenitors with adult stem characteristics of adipose tissue in a scaffold of hyaluronic acid in the bio-regeneration of periocular tissues: scientific indications and case reports**

*F. Svolacchia*

**New Hybrid Method of Regenerative Aesthetic Medicine and Surgery with use of multi-wave laser platform and dermoadiposis micro-grafts**

*F. R. Perego*

**Role of autologous regenerative therapy in the treatment of androgenetic alopecia (AGA)**

*A. L. Amore - A. Gennai - E. Bartoletti*

**Regenerative therapy in face rejuvenation: micro-S.E.F.F.I techniques. (Superficial Enhanced Fluid Fat Injection) and SEFFILER®**

*A. Diaspro - A. Gennai*

**PRP and Follicular Stem Cells for hair regrowth in Androgenetic Alopecia. Clinical, instrumental and scientific analysis**

*P. Gentile*

**Skin regeneration with TCA-H2O2 associated with microneedling: what more can we add?**

*R. Castellana*

**Discussion**

# SATURDAY JULY 17th

## T. B. FITZPATRICK HALL

▲ LOBBY LEVEL

9:15 am

### Innovative technologies in Aesthetic Medicine

In collaboration with AMI Hi-Tech (Italian Association of High Technology in Medicine)

**Chairmen:** **A. Pacifici** - President of the Italian Association of High Technology in Medicine (AMI HI-TECH)

**F. Perletto** - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### Jet volumetric remodeling: 3 years of experience

**M. Tretti Clementoni**

#### Vascular lasers, the evolution of the Pulsed Dye Laser

**E. Bernè** - **F. Balconi** - **K. F. Arcieri**

#### Total Skin Solution - Combined action using 1927nm Tulium Laser and High Intensity Fractionated Radio Frequency in the treatment of skin aging

**F. Marini** - **D. D'Angelo**

#### Laser & EBD in the treatment of the Bar Code

**F. C. Heydecker**

#### Medical Epilation

**A. Pacifici**

#### High intensity electromagnetic fields (HI-EMT) in association with lipolytic / lipoclastic treatments (cryolipolysis, MFSU and injective CO2 at high flows) for a more effective body contouring

**F. P. Alberico** - **A. Pacifici**

#### Discussion

8:30 pm

### Assembly of the Ordinary Members of the Italian Society of Aesthetic Medicine

# SUNDAY JULY 18th

## C. A. BARTOLETTI HALL

▼ GARDEN LEVEL

9:00 am

### **Aesthetic and surgical medical therapies aimed at reshaping the body: EFSP & AL**

*Chairmen: P. A. Bacci - Former Professor of Plastic Surgery, University of Siena*

*E. Badolati - Endocrinology and Dietology of the ASL Naples 1, Campania Region*

#### **Cellulite: comparing therapies**

*D. Donnamaria - F. Papa*

#### **2 years of personal clinical experience with Cryolipolysis: the importance of the consultation**

*D. Palazzolo - A. Triolo*

#### **Cryolipolysis: new technologies and treatment methods**

*A. Pieri - C. Bussotti - L. Cimarra - A. Pacifici*

#### **Cryo-adipolysis for body modernization: preliminary investigation on two technological generations of cryo-adipolysis**

*F. Vignoli*

#### **Treatment of localized adiposity in menopause**

*Laura Piombino - Luca Piombino - A. Catizzone - M. Monda*

#### **Carboxytherapy: continuous infusion or with meso method**

*D. Amuso - E. L. Iorio - A. Scarano*

#### **Histopathological characteristics of the tissue alterations induced by cryolipolysis on human adipose tissue**

*D. Pugliese*

#### **Discussion**

10:20 am

### **Neuromodulation & Mechanical Miomodulation**

*Chairmen: I. Iozzo - Coordinator of Botulinum Toxin in Aesthetics Study Group - Italian Society of Aesthetic Medicine (SIME)*

*M. Priori - President of the Italian Society of Aesthetic and Surgical Medicine (SIES)*

#### **Clinical anatomy: from anatomy to the patient's study for personalized BoNT-A treatments**

*A. Redaelli*

#### **An Italian experience of a new personalized injection protocol (Botutouch) for the application of botulinum toxin in Aesthetic Medicine**

*F. Melfa*

#### **Botox and Microbotulin: new frontiers...**

*L. Piovano - M. Gentilucci*

#### **Microbotulinum: quantitative assessment of skin quality improvement in 62 patients**

*A. Diaspro - L. Calvisi - G. Sito*

#### **Botulinum Toxin in the treatment of anal fissure: our experience on 1003 patients**

*S. Fulginiti - M. L. Petitti - D. Centofanti - E. Bartoletti*

#### **Discussion**

12:00 pm

### **Rhinofiller: a therapy with progressively more indications - 2**

*Chairmen: L. Cavaliere - Councillor of the Italian Society of Aesthetic Medicine (SIME)*

*C. Di Gregorio - Coordinator of Aesthetic Medicine and Surgery Study Group - Italian Society of Aesthetic Medicine (SIME)*

#### **Possibility of non-surgical correction of morphological anomalies of the nose**

*S. Belletti*

# SUNDAY JULY 18th

## C. A. BARTOLETTI HALL

▼ GARDEN LEVEL

**Rinofiller: where, when, how and why. Analysis of the potential and limits of non-surgical rhinoplasty with a standardized protocol**

*G. Giammarioli*

**Evolving the technique with the evolution of the product: results of non-surgical rhinoplasty based on grafts with Vyc-25**

*F. Segreto - G. F. Marangi - P. Persichetti*

**Medical rhinoplasty: measures to avoid complications**

*A. Redaelli*

**Discussion**

**1:30 pm | Congress Closure**



9:00 am

### Phlebology and Aesthetics

Joint session SIF - CIF

**President:** *G. Quarto* - President of the Italian Society of Phlebology (SIF)

**Chairmen:** *R. Catizzone* - Treasurer of the Italian Board of Phlebology (CIF)

*E. Palmeri* - Councillor of the Italian Society of Phlebology (SIF)

*Lanfranco Scaramuzzino* - Head of Phlebology and Aesthetics of the Italian Society of Phlebology (SIF)

*F. Tomaselli* - Honorary President of the Italian Society of Aesthetic Medicine (SIME)

#### Nutrition in aesthetic lympho-phlebology: new frontiers

*A. Carotenuto*

#### Systemic review of the treatment of telangiectasias of the lower limbs

*F. G. Incandela* - *E. Palmeri*

#### Comment on the reports

*A. Catizzone*

#### Telangiectasias and reticular veins of the lower limbs. How I laser them

*A. Crippa*

#### New transdermal laser treatment system with dual light emission with wavelengths at 532 and 940nm for the treatment of telangiectasias

*A. Crippa*

#### Comment on the reports

*Lanfranco Scaramuzzino*

#### The life shield

*F. Tomaselli* - *M. Morreale*

#### Carboxytherapy, a fundamental aid in phlebo-lymphological practice

*Luca Scaramuzzino*

#### Comment on the reports

*E. Palmeri*

#### Lipoedema

*L. Ricolfi*

#### The CO.DE.PHY.L. in the treatment of lymphedema: aesthetic aspects

*M. Bellisi* - *E. Palmeri* - *I. Guttuso* - *D. Cali* - *C. Trovato*

#### Comment on the reports

*F. Tomaselli*

10:30 am

### Lasers and Energy-Based Devices in Aesthetic Medicine - 2

**Chairmen:** *P. Calbi* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Basilicata

*A. Pacifici* - President of the Italian Association of High Technology in Medicine (AMI HI-TECH)

#### Thermoregulated endodermal radiofrequency combined with Plasma: evaluation of the efficacy and safety of a minimally invasive combined treatment for skin laxity

*C. G. Bonuccelli*

#### Retrospective study on the treatment of facial blemishes by coablative radiofrequency

*S. Toschi*

#### A new laser platform, with emissions at 589 and 1319 nm. Two wavelengths: 589 and 1319 in a new non-ablative vascular and fractional laser system

*L. Teschioni* - *F. P. Alberico*

# SUNDAY JULY 18th

## G. C. DONADI HALL

▼ GARDEN LEVEL

### **Advanced treatment protocols in the removal of rhinophyma with laser technologies: our experience**

*A. Pieri - F. Balconi - E. Bernè - A. Pacifici - E. Bartoletti*

### **Medical removal of tattoo**

*A. Pacifici - A. Oddo - A. Damiani - L. Bandini*

### **New Hi Tech approach in xanthelasma removal**

*A. Pieri - A. Pacifici*

### **Treatment of Dermatitis Papulosis Nigra using KTP 532 nm laser**

*A. El Attar*

### **Discussion**

**13:30**

## **C. A. Bartoletti HALL**

**Congress Closure**

# SUNDAY JULY 18th

## S. B. CURRI

▼ GARDEN LEVEL

12:00 pm

### Combined therapies and protocols in Aesthetic Medicine - 3

**Chairmen:** *M. Fontevecchia* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome  
*S. Santini* - Councillor of the Italian Society of Aesthetic Medicine (SIME)

#### The Forehead Language

*I. El Achkar*

**Combined treatment of face and body imperfections with therapeutic and fractionated multisource RF at 1 mhz in association with TCA-H2O2 and injected CO2 at high flows**

*F. P. Alberico - R. Castellana*

**The Invisible Scalpel: the new age of autologous aesthetic medicine for full face regenerative rejuvenation**

*A. Karkhi*

**Combined protocol for neck care: nutraceutical and cosmeceutical home therapy in combination with redensifying outpatient treatment through the use of a device**

*M. G. Di Russo*

**Neck rejuvenation: combined Peeling-Microneedling-Peeling protocol**

*A. Perna - R. Perna*

**Treatment of skin imperfections using a combined TCA-H2O2 and Needling protocol**

*G. Mauro - N. Zerman*

**Discussion**

13:30 pm

### C. A. Bartoletti HALL

Congress Closure

9:15 am

### Biostimulation and biostructuring - 2

**Chairmen:** *G. Drapchind* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Liguria

*A. Pompilio* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

*L. Pluzarev* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Trentino Alto Adige

#### **Synergistic treatment of the use of 33% trichloroacetic modulated with hydrogen peroxide and intradermal fractionated radiofrequency on face and body imperfections**

*S. Belletti*

#### **Double-layered facial biostimulation**

*A. Calisti*

#### **Hyaluronic Acid + RC: the proven effective biostimulation**

*D. De Rossi*

#### **Facial radiofrequency treatment with Dremed monopolar handpiece and biostimulation**

*B. Amarisse*

#### **My Patient Journey: a personalized path to improve the quality of the skin**

*G. Migliori*

#### **Preserving the aesthetic results during the summer: a "win-win" proposal**

*D. De Rossi*

#### **Laxity of the inner arms: volume recovery and restructuring with new generation L-Polylactic Acid. Personal experience**

*P. R. Russo - M. Mantovani*

#### **Discussion**

10:30 am

### News and updates in Cosmetology

**Chairmen:** *G. Assalti* - Outpatient Service of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Rome

*G. Spizzirri Marzo* - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)

*M. Veraldi* - Councillor of the Italian Academy of Anti-Aging Medicine (AIMAA)

#### **Microplastics in everyday cosmetics**

*E. Gobbi - M. Secchi - E. Bartoletti*

#### **Functional and active Biomimetic Peptides as they integrate in Aesthetic Medicine**

*A. Camporese*

#### **An open observational study of a new lip cosmetic based on peptides, collagen and hyaluronic acid**

*N. Fisher*

#### **Snail slime: properties and proposal of a mini-line of innovative cosmeceuticals**

*P. Tarantino*

#### **Nutraceutical interventions to promote healthy aging and an active lifestyle**

*D. Reilly - A. Corbo*

#### **The role of Vitamin C and Ferulic Acid in post laser**

*E. Fulgione*

#### **Discussion**

# SUNDAY JULY 18th

## S. MAGGIORI HALL

▲ LOBBY LEVEL

11:50 am

### Aesthetic Plastic Surgery

**Chairmen:** **A. Caggiati** - Director of Plastic Surgery Department, Istituto Dermopatico dell'Immacolata, IDI, Rome

**C. Magliocca** - President elect of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)

#### **Versatility and applications in the use of lipofilling in reconstructive and aesthetic surgery**

**A. Strano**

#### **Mommy makeover protocol. Treatment of diastasis of the rectus muscles and other abdominal and mammary imperfections resulting from pregnancy**

**A. Caggiati - S. Tenna**

#### **Breast augmentation with composite technique in aesthetic defects of the breast**

**M. Eleuteri - G. Volpes**

#### **The use of radiofrequency as an alternative to brachioplasty in the remodeling of the brachial region**

**N. Pili**

#### **The clinical-pathological aspect of hemangioma treated in a tertiary surgical center in Albania**

**V. Filaj**

#### **Aesthetics and improvement of the chin: best practices and comparison between surgical and non-surgical techniques**

**M. Siliprandi**

#### **Discussion**

1:30 pm

### **C. A. Bartoletti HALL**

#### **Congress Closure**

# SUNDAY JULY 18th

## A. BOURRA HALL

▲ LOBBY LEVEL

9:20 am

### Non surgical lifting: threads and new technologies

**Chairmen:** *A. Servili* - President of the Aesthetic Physician Union (TME)

*E. Massidda* - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Sardinia

**Added value of the endermologie technique in the radiofrequency (RF) treatment of skin relaxation of the face. Prospective single-center controlled within-subject study: preliminary results**

*M. Secchi* - *M. Veraldi* - *C. Capotosti* - *E. Bartoletti*

**3D HALift: a new combined method for lifting and remodeling the skin of the face**

*E. Ferrari*

**Medical lifting: regenerative autologous treatment and traction threads**

*P. R. Russo*

**The new frontiers of non-surgical lifting: a painless and very effective minimally invasive protocol**

*N. Lebbbar*

**Thermoinduction: state of the art after 5 years and its evolution**

*G. Maullu*

**Optimization of aesthetic results through the combined use of non-invasive radiofrequency and HA fillers: preliminary report**

*C. Pisano*

**The non-surgical lifting of the lower third of the face: Nefertiti lift with botulinum toxin versus thermo-regulated endo-radiofrequency**

*N. Lebbbar*

**Elastic cantopexy**

*S. Capurro*

**Elastic rhinoplasty**

*S. Capurro* - *M. Pagano*

**Suspension wires P (LA / CL) HA fox-eyes mid-face and neck: anchoring techniques with customized traction force application vectors**

*F. Sacco*

**Stimulating collagen with microfocused and injectable ultrasounds: a new approach to Aesthetic Medicine**

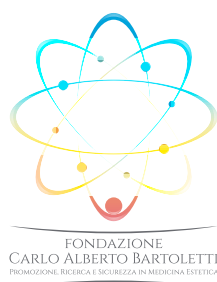
*C. Borriello*

**Discussion**

1:30 pm

### C. A. Bartoletti HALL

**Congress Closure**



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