

Lower third: a comprehensive approach to combined treatments

The treatment of the lower third is one of the most challenging as good results are often difficult to achieve. On the other hand, redefining the mandible line is one of the most frequent demands in aesthetic medicine. In this lecture we aim to establish a comprehensive assessment of the different symptoms that can be observed in the aging process of the lower third. Learning to understand the causes behind what we see will allow us to treat each case with the most efficient technique and so obtain the best results.

We shall learn how to diagnose every problem on the lower third: skin atrophy, muscle hypotonia, fat pad ptosis, bone loss, etc. A proper diagnosis take us to choose the best technique or combination of techniques so as to treat each of a patients in the most effective and safest of ways, whether it may be with fillers, threads, energy based devices,etc or a combination of any of them.

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