

Weekend face technique: planning of the result in the treatment of facial hypotrophy

Introduction: the continuous evolution of techniques and the increasing demand for aesthetic medical and surgical treatments has led to meticulous planning, in agreement with the patient, of the therapeutic program. This work aims to provide therapeutic planning by the plastic surgeon DIRECTLY ON THE PATIENT'S FACE prior assessment of the actual results.

Materials and Methods: the purpose of this work was to develop a pre-treatment protocol able to have both the physicians and the patient the final result of the proposed treatments.

165 patients were recruited and treated with a solution containing water for injection, non cross-linked hyaluronic acid and lidocaine in WELL-PRECISE CONCENTRATIONS.

This solution was used in all areas of the facial district, including the lips, the zygomatic area, the temples, the nasogeniene folds, the nose, the eyelid area, the mandible, and the maxillary region.

All patients were photographed BEFORE AND IMMEDIATELY AFTER THE TREATMENT.

The photos were repeated every 24 hours until the treatment was completely resolved.

The aim was to have the patient and the doctor evaluate the correction of the blemish for a period of 3 days in order to consciously decide the most suitable treatment. Furthermore, the proposed method was fundamental to the doctor to evaluate, and if necessary correct, the treatment plan before the final treatment with fillers lasting more than 30 days.

Results: all patients had a 100% approval rating.

All selected patients subsequently underwent definitive treatment.

Finally, 70% of patients performed another treatment previously not required.

Conclusion: we, therefore, believe that the medical template is a fundamental aid for correct planning of the work to be carried out to completely satisfy the patient.

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