

THE ELEGANCE OF AESTHETIC MEDICINE

THE NEW LOOK OF MODERN AGE



Congress Programme

39th SIME
CONGRESS



13th almaa
Italian Academy of
Anti-Aging Medicine
CONGRESS



Endorsed by



ROME 18th - 19th - 20th MAY 2018

Dear Colleagues and dear SIME Members,

It is my pleasure to welcome you to the **39th National Congress of the Italian Society of Aesthetic Medicine**, which, as always, will have the honour of hosting the **13th National Congress of the Italian Academy of Anti-Aging Medicine**.

The congress, which is the leading scientific event in Italy for keeping up-to-date in the field of Aesthetic Medicine, will maintain its usual **international format** by offering **simultaneous interpreting** into English in the three main halls and simultaneous interpreting into Russian in the Plenary Room on Saturday. Once again, this year, the event will continue to enhance its international appeal with the participation of **experts and opinion leaders from all over the world**.

It is also with great satisfaction and pleasure that I would like to inform you that, this year, we will have **more than 500** speeches during more than 70 scientific sessions, **held by 350 speakers from 16 different countries**. These numbers continue to grow year after year, making it an excellent opportunity to share information and gain in-depth knowledge.

As always, the Congress will be preceded by **two monothematic Pre-convention Courses**. For this edition, we have had the pleasure and the honour to cooperate with Scientific Societies that are leaders in their field.

As part of the course organised with the **scientific cooperation of the Italian Association of Botulinum Aesthetic Therapy (AITEB)**, the current indications on the use of **botulinum toxin**, the most recent acquisitions and application techniques such as microbotox, as well as the most innovative indications for use in the dermatological field will be examined, but also much more.

The course organised in **cooperation with the National Association of Specialists in Food Science (ANSISA)**, instead, will address three closely related themes, in a transversal way with nutrition as a common denominator, which are attracting more and more interest among health professionals and the general public: **body image, weight and ageing**.

This year's scientific event will focus on the **Elegance of Aesthetic Medicine**, seen as the union between therapeutic actions, medical training and the education of the patient, so that excessive and unnatural results can be avoided. A panel of opinion leaders of international standing will discuss the pursuit of harmony while keeping proportions balanced and taking proper care of those who choose a professional practitioner.

Alongside the main theme of the Congress, plenty of room will be given to discussing and debating topics of great interest and relevance, which are rarely addressed, such as **failures in Aesthetic Medicine, medical-aesthetic treatment of Traumas and Deformities** and **"Omics"**.

Given the success of previous editions, this year too we will discuss the **alternative indications of botulinum toxin** in neurology, urology, in the treatment of obesity, in the treatment of migraines and in the treatment of secondary asymmetries.

In addition to classic sessions, the **Boxing Ring** will be repeated as an opportunity for debate and discussion. Two experienced opinion leaders will share their opposing views on a highly topical subject: **microbotulin**.

Once again, I would like to heartily thank all the **institutions** that have granted **patronage** to this event: **Roma Capitale, Ordine Provinciale di Roma dei Medici Chirurghi e degli Odontoiatri (OMCEO) and Federazione Italiana degli Ordini Provinciali dei Medici Chirurghi e degli Odontoiatri** and all the **Scientific Societies** that have enriched the Congress with their significant contribution.

We look forward to meeting you all at the prestigious Waldorf Astoria H&R in Rome, **from 18 to 20 May 2018**. For all the **details and further information on the Congress**, please visit the website **www.lamedicinaestetica.it** or download the **app on your mobile phone**.

Emanuele Bartoletti

President of the Italian Society of Aesthetic Medicine



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The Elegance of Aesthetic Medicine

The central theme of the Congress will be the Elegance of Aesthetic Medicine, which can be achieved by focusing on harmony while keeping proportions balanced and taking proper care of those who choose a professional practitioner. The elegance of aesthetic medicine is the result of the union between therapeutic actions and the education of the patient, so that excessive and unnatural results can be avoided. International experts - **Vince Bertucci, Raul Cetto, Fabio Ingallina, Beatriz Molina, Nowell Solish** - will join the debate during a session entirely dedicated to the theme of elegance, bearing witness to the international character of the scientific research and of the training sessions to be presented.

The Elegance of the Lips: an exercise in style

In keeping with the central theme of the Congress, there will be an in-depth analysis of the elegance of lip treatments. The lips are the anatomical element that plays the greatest role in the harmony of the face; as such, particular care must be taken during their treatment. World-renowned specialists will share their experience on the subject, starting with the anatomy of the perioral area; they will present the algorithm that is used for the aesthetic evaluation of the lips and will analyse the possible treatments that can be used to improve the area.

“Omics” and nutritional aspects in Aesthetic Medicine

For the first time, there will be a thorough discussion of “omics”, an emerging category of sciences linked to molecular biology and genetics. Particular focus will be placed on the relationship between alimentation and the “omics”, through the testimonials of colleagues who are experts in the sector; they will discuss the ways in which nutrition can have an impact on health.

Botulinum Toxin: alternative indications

As this subject generated a lot of interest in the previous edition of the Congress, this year a session will be dedicated entirely to the alternative indications of Botulinum Toxin, the safest of all substances used in Aesthetic Medicine. There will be an analysis of the applications of the Toxin in neurology, urology, in the treatment of obesity, in the treatment of migraines and in the treatment of secondary asymmetries.

HIGHLIGHTS SIME 2018

Planning facial rejuvenation: the search for balance

How does a physician plan a course of rejuvenating treatments? A round table discussion, dedicated to the analysis of clinical cases, will try to answer this interesting question. The various stages of volumetric facial rejuvenation will be presented, from the De Maio codes to the emotional approach, and from the centripetal approach to involving the patient in planning the treatment.

Traumas and Deformities: experiences from Aesthetic Medicine treatments in trauma patients

Until recently, dealing with the results of traumatic incidents or genetic and/or pathological deformations fell within the scope of reconstructive plastic surgery. In the past few years, however, Aesthetic Medicine has become increasingly relevant, thanks to new methods and to the rational use of modern technologies. A special session will bring together in a debate Aesthetic Medical Physicians and specialists in the various fields (maxillofacial surgery, plastic surgery, dermatology and others) who will share their own experiences in treating trauma and deformities with purely Aesthetic Medicine methods.

Predictability and unpredictability failures in Aesthetic Medicine

Highly skilled Aesthetic Medical Physicians will share their experiences on a subject that is rarely discussed: the inability to reach the set clinical goal. A special round table discussion will offer an opportunity to reflect and discuss; inspired by the analysis of the theory of error and relative prevention, the participants will debate cases that may be described as “failures” because of technical errors, errors in clinical evaluation, errors in the assessment of the patient’s psychological state, errors in the analysis of the product, etc.

Boxing ring Microbotox: myth or reality?

This particular type of scientific discussion and debate juxtaposes two differing points of view on a highly topical issue: microbotox. Since its development by Woffles Wu and his first publication, the technique has divided medical opinion into believers and sceptics. We will have the opportunity to listen to opinions in favour of and against the technique.

In-depth studies

The scientific programme of the 39th SIME Congress offers numerous in-depth studies on specific subjects, thanks to the more than 480 abstracts that were submitted to the Scientific Committee. Among these we highlight the session dedicated to the **management of complications**, to the debate on the **medical treatment of the nasal pyramid**, the treatment of the **throat and the décolleté**, and **adipolytic physical exercise**. Tradition dictates that there will also be in-depth studies on techniques and innovations in the various fields of Aesthetic Medicine, such as **fillers, peelings, bio stimulation, lasers**, etc.

We would like to make special mention of the now customary session on the update of studies on Edematofibrosclerotic Dermo-lipodermic Pathology, thanks to which each year we discover important scientific developments regarding this pathology that is of particular interest to Aesthetic Medicine.

Aesthetic Medicine and Multidisciplinarity

The Congress will be a **multidisciplinary space that will bring together the main Scientific Societies** that operate in fields complementary to Aesthetic Medicine. During the event, participants will have the opportunity to take part in:

- The meeting between Aesthetic Medicine and Endocrinology in a joint session with the Italian Society of Endocrinology (Società Italiana di Endocrinologia - SIE)
- A special session in scientific partnership with the Italian Academy of Anti-Aging Medicine (Accademia Italiana di Medicina Anti-Aging - AIMAA) which will focus on the subject of gynecomastia
- A symposium entirely dedicated to the use of mesotherapy in Aesthetic Medicine, with the invaluable scientific partnership of the Italian Society of Mesotherapy (Società Italiana di Mesoterapia - SIM)
- A session on Aesthetic Plastic Surgery for the Face and the Body in scientific partnership with SICPRE and AICPE
- A session entirely dedicated to tattoos, with particular focus on the main theme of the Congress
- The customary and valuable scientific contribution of the Italian Association of Aesthetic and Functional Gynaecology (Associazione Italiana di Ginecologia Estetica e Funzionale - AIGEF)
- The presentations on Phlebology in scientific partnership with CIF and SIF
- The workshop on Trichology in scientific partnership with the Italian Society of Trichology (Società Italiana di Tricologia - SITri)
- For the first time, the scientific partnership with the Italian Study Group on Technologies (Gruppo Italiano di Studio sulle Tecnologie - GIST) will result in a special session on the use of medical devices for the correction of body shapes



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-  **ANSISA** Associazione Nazionale Specialisti in Scienza dell'Alimentazione (ANSISA)
-  **ADI** Associazione Italiana di Dietetica e Nutrizione Clinica (ADI)
-  **EFAMS** European Federation of Aesthetic Medicine Schools (EFAMS)
-  Società Italiana Chirurgia dell'Obesità e delle Malattie Metaboliche (SICOB)
-  **SIM** Società Italiana di Mesoterapia (SIM)
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T., Melfa F., Melita D., Melita V., Melone G., Merone G., Messina D., Messina G., Mezzana P., Migliori G., Milani M., Minisola S., Miolo G., Miori L., Molina B., Molinari P., Molinaro D., Molinaro R., Monda M., Monda V., Montagna D., Montopoli M., Moramarco S., Mordente I., Morelli M., Moretti B., Moretti C., Moro L., Moshak S., Mozheiko E., Mozheiko G., Murina F., Musto D., Muti G.F., Muzi F., Nardi U., Nazzaro L., Negro A., Nemi L., Notarnicola A., Occhicone F., Oddo A., Oliva C., Oliva E., Olivo A., Onesti M.G., Onorati G., Orefici F., Orlandi F., Orsini G.I., Oskarski G.V., Pacella A., Pacifici A., Palazzolo D., Palmeri E., Palmieri I.P., Palumbo P., Palumbo P., Panico A., Panizzi G., Panova Q., Papagni M.F., Papi M., Pardi F., Pascali M., Pasquesi R., Pasquini P., Patalano M.G., Patrizi V., Pedrelli V., Peirone Grossi G.I., Pellacani G., Pelliccia R., Pelosi A., Perello R., Perletto F., Perna A., Perna R., Perosino E., Perozzi G., Perrotta R., Persechino F., Persechino S., Persichetti G., Pichler C., Pieri A., Pietrocarlo F., Pini A., Pino V., Pinto H., Pinto Provenzano S., Pinto R., Piombino Laura, Piombino Luca, Piovano L., Piras A., Pirino A., Pirrera A., Pizzi R., Plebani C., Pluzarev L., Poleva I., Pompilio A., Pompilio L., Possenti A., Possenti M., Postorino P., Praditsuwan D., Preite U., Prezzemoli G., Priori M., Puglia F., Pulvirenti A., Quaranta A., Quarato D., Quarto G., Quattrone A., Ragazzi E., Ragni L., Raso S., Rastrelli L., Rauso R., Renda F., Renda I., Renzi M., Renzo M., Renzoni A., Reus J., Reznik A., Ricolfi L., Rocchi P., Romanelli F., Romano L., Romano M.C., Romeo F., Rosito M., Rossi A., Rossi B., Rossi D., Rossi E., Rovatti P.P., Ruffa R., Russo C., Russo G., Russo P.R., Sacchetti M., Saccomanno F., Saccucci P., Saiglia S., Salciccia P., Saliani M.T., Salti G., Salvia F., Sanches E., Sansone A., Sansone M., Santangelo V., Santini S., Santorelli A., Sarmati M., Sartorio C., Savina M.A., Sbarbati A., Sbisà P., Scalco R., Scanu M.P., Scapagnini G., Scaramuzzino Lanfranco, Scaramuzzino Luca, Scarcella G., Scesa C., Sciuto C., Scotto Di Palumbo A., Scuderi N., Sebastiani, Secchi M., Seraceno S., Serafini I., Serafini M., Serini S.M., Serra M.R., Serra Visconti A., Serraglio A., Servili A., Servillo M.C., Shab A., Sheyk O., Sias R., Sibilla S., Signorini G., Silvestri F., Siragusa G., Siragusa P., Siragusa D., Sitalo G., Sodano A.M., Solish N., Soverina A., Sparavigna A., Spatuzza P., Spera G., Spinapoliche A., Spiritou Kontidou A., Spizzirri Marzo G., Stefanizzi G., Strollo F., Subasi H., Surowiak P., Svolacchia F., Szulc R., Tafuto C., Tammaro A., Tancredi M., Tarantino P., Tarquini D., Terranova F., Tomaselli F., Tomat M., Tonioli D., Toniolo C., Torrisi G., Toscani M., Toschi S., Tovecci F., Tozzi N., Tretti Clementoni M., Tretyakova K., Trivisonno A., Trocchi G., Troili F., Troise E., Tsepkenlenko V., Tubili C., Tunesi L., Ubiglia S., Ulgiati S., Urtis G.G., Vaglica R., Valeriani M., Valsecchi B., Vandeputte J., Vanni A., Vari S., Vasilyev I., Vasilyev S., Vasilyev V., Vasilyev Y., Vecchi C., Ventura L., Veraldi M., Verde P., Vescovi E., Vessicelli P., Vetrani I., Vignati F., Vignoli F., Vignoli M., Vignozzi L., Vitale D., Vitali M., Vivencio A., Zago F., Zannella C., Zazzaron M., Zimiaris V.

GENERAL INFORMATION

Congress and Pre-Congress Courses venue

Congress Centre Rome Cavalieri, Waldorf Astoria Hotels & Resorts

Roma, Via Cadlolo 101 - 00136 - phone +39.06.35091 - fax +39.06.35092241
www.romecavalieri.it

Pre-Congress date

17th May 2018 - Sergio Maggiori room

Congress date

18th - 19th - 20th May 2018

Scientific Secretariat

Italian Society of Aesthetic Medicine (SIME)

Via Monte Zebio, 28 - 00195 Roma

Phone +39.06.3217304 - sime@lamedicinaestetica.it - www.lamedicinaestetica.it

Italian Accademy of Anti-Aging Medicine (AIMAA)

Via Monte Zebio, 28 - 00195 Roma

Phone +39.06.3217304

Organising Secretariat

Salus Internazionale ECM srl

Via Monte Zebio, 28 - 00195 Roma

Phone +39 06.37353333

salus@editricesalus.it

www.lamedicinaestetica.it

Hotel Reservation

Ideameeting International srl

Via Terni, 66 - 00182 Roma

Phone +39.06.5852301 - fax +39.06.58523020

sime2018@ideameeting.com

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CONFERENCE ROOM S. MAGGIORI

PRESS ROOM

TEVERE ROOM

REGISTRATION AREA

BAR

SHOP

ROOM COLOSSEO

ROOM MONTE MARIO

CONGRESS ENTRANCE

ACCESS GARDEN LOBBY LEVEL

WELCOME AREA

EXHIBITORS

OTHER SERVICES

LEVEL

EXHIBITORS

OTHER SERVICES

LEGEND:

- **A:** International School of Aesthetic Medicine
- **B - C - D:** Info Exhibitors
- E:** Translation Headphone
- F:** Phone charging station
- G:** Italian Society of Aesthetic Medicine

ROOMS AND AREAS:

- SLIDE CENTRE
- ROOM SAN MARCO
- President Office
- STORAGE ROOM
- AREA M. CAIRELLA
- CONFERENCE ROOM G. BOGGIO ROBUTTI
- AREA M. PISTOR
- CONFERENCE ROOM C.A. BARTOLETTI
- BAR
- WARDROBE
- INTERNET POINT
- ACCESS LOBBY LEVEL
- CONFERENCE ROOM S. B. CURRI
- RESTAURANT L'ULIVETO
- BAR
- GALLERY P. ROVESTI
- SWIMMING POOL
- ROOM I. DANISCHUK
- ROOM G.C. DONADI
- STORAGE ROOM
- AREA F. SERRI
- CONFERENCE ROOM J. FONT RIERA
- ROOM RAFFAELLO
- AREA M. CAIRELLA
- CONFERENCE ROOM G. BOGGIO ROBUTTI
- AREA M. PISTOR
- CONFERENCE ROOM C.A. BARTOLETTI
- BAR
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- ROOM G.C. DONADI
- STORAGE ROOM
- AREA F. SERRI
- CONFERENCE ROOM J. FONT RIERA
- ROOM RAFFAELLO

PRE-CONGRESS COURSES

Botulinum Toxin: actually and innovation

5 CME Credits

Rome, 17th May 2018 - Sergio Maggiori Room, 9:00 am - 2.15 pm

Scientific Responsible: Dott.ssa Gloria Trocchi

in scientific partnership with



Professional Technical Training Objective

Application, in the daily practice, of principles and procedures of evidence-based practice (EBM - EBN - EBP)

Event Scientific Rationale

The use of Botulinum Toxin in Aesthetic Medicine represents an innovation in the treatment of specific face areas and, as such, it is an essential tool for the Aesthetic Medical Physician.

The current indications for Botulinum Toxin's use, the most recently adopted procedures and techniques of administration, such as Microbotox, and the most innovative and helpful indications extended to dermatology but not only, will be addressed during the pre-congressual course which is sponsored in scientific partnership with AITEB (Associazione Italiana Terapia Estetica Botulino).

This Course is intended for surgeons of all disciplines.

Body image, weight and aging: what kind of nutrition?

5 CME Credits

Rome, 17th May 2018 - Sergio Maggiori Room, 2:30 pm - 7.45 pm

Scientific Responsible: Dott. Domenico Centofanti

In scientific partnership with



Professional Technical Training Objective

Professional technical content (skills and responsibilities) specific to each profession, specialization and ultraspecialized activity. Rare diseases (18)

Event Scientific Rationale

The course aims to examine, across the board and through the common denominator of nutrition, three topics which are a source of increasing interest among health professionals and the public at large: body image, weight and aging.

Our relationship with food undoubtedly affects not just our weight but also the aging process and the mental perception we have of our body i.e. the image of our body as it appears to each of us.

This Course will provide the participants with the tools for advising patients on diet choices that are more congenial to their state of health, age and gender.

This Course is intended for surgeons of all disciplines, for Dieticians, Biologists, Psychologists, Pharmacists and Nurses.

SCIENTIFIC ROOMS

C.A. Bartoletti Room - Garden Level



G.B. Robutti Room - Garden Level



S.B. Curri Room - Garden Level



J. Font Riera Room - Garden Level



S. Maggiori Room - Lobby Level



G.C. Donadi Room - Garden Level



	  GARDEN LEVEL		  GARDEN LEVEL		  GARDEN LEVEL
	C.A. BARTOLETTI		G.B. ROBUTTI		S.B. CURRI
8:30 - 9:25	Aesthetic Medicine 1	9:00 - 9:50	Combined treatments and protocols in Aesthetic Medicine 1	8:40 - 10:20	Edematofibrosclerotic panniculopathy and localised adiposity: treatments 1
9:40 - 11:00	Innovations in Aesthetic Medicine 1	9:50 - 10:50	Food Supplements: aesthetic doping?	10:30 - 12:10	Biostimulation and bio-restructuring: news and confirmation
11:00 - 12:50	Physiopathology of adipose tissue: work in progress of "cellulite"	10:50 - 11:55	Innovations in Aesthetic Medicine 2	12:10 - 13:00	Ecodermocompatibility: the new frontier of cosmetics
		11:55 - 12:50	Predictability and unpredictability of failures in Aesthetic Medicine		INTERACTIVE SESSION BY TELEVOTING 

13:00 - 13:30 Lunch  

13:30 - 14:30

Opening Ceremony of the 39th SIME Congress - 13th AIMAA Congress

14:30 - 15:40	Elegance in Aesthetic Medicine	14:55 - 16:05	Botulinum toxin: alternative indications	14:30 - 16:00	Body Shape Correction <i>(in scientific partnership with GIST)</i>
16:00 - 17:20	Fillers: anatomy, volumes and technique	16:05 - 17:40	New proposals in Aesthetic Medicine: confirmed news	16:10 - 17:10	Evolution in the combination of peeling agents 1
17:20 - 17:35	Update on activities of CISSME	18:05 - 18:35	Boxing ring microbotox: myth or reality?	17:30 - 18:20	AIMAA informs: gynecomastia
17:40 - 19:40	Combined treatments and protocols in Aesthetic Medicine 2	18:35 - 19:40	Filler rhinoplasty: technical developments 1	18:20 - 19:40	Aesthetic Medicine and plastic surgery: complementary disciplines



LOBBY / GARDEN LEVEL



GARDEN LEVEL



GARDEN LEVEL

	GARDEN LEVEL		LOBBY LEVEL		GARDEN LEVEL
	J. FONT RIERA		S. MAGGIORI		G.C. DONADI
8:40 - 9:45	Elegance in Aesthetic Medicine: personal interpretation			8:40 - 10:40	Laser in Aesthetic Medicine 1: state of the art and technological and clinical evolution
9:45 - 11:10	"Omics" and nutritional aspects in Aesthetic Medicine	9:15 - 10:40	Trichology: free papers	10:40 - 12:00	Technologies in Aesthetic Medicine 1: news and confirmation
11:10 - 13:00	Trichology updates <i>(in scientific partnership with SITri)</i>	11:00 - 12:00	Press Conference	12:00 - 13:10	Technologies in Aesthetic Medicine 2: news and confirmation

14:30 - 15:30	Adipolytic exercise routine	14:30 - 15:35	Medical three-dimensional profiloplasty		
15:30 - 16:50	Dermatologic aspects in Aesthetic Medicine	16:00 - 19:40	The elegant tattoo		
17:15 - 19:15	Phytotherapy in Anti-Aging and Aesthetic Medicine				

	  GARDEN LEVEL C.A. BARTOLETTI		  GARDEN LEVEL G.B. ROBUCCI		  GARDEN LEVEL S.B. CURRI
8:30 - 10:00 10:10 - 11:05 11:05 - 12:30 12:30 - 13:30	Edematofibrosclerotic panniculopathy and localised adiposity: treatments 2 Fillers: technical innovations Planning facial rejuvenation: the search for balance Botulinum toxin: history and innovations	8:30 - 9:35 9:40 - 11:00 11:00 - 12:30	Fillers: global approach 1 The elegance of the lips: an exercise in style Traumas and deformities: experiences from Aesthetic Medicine treatments in trauma patients	8:30 - 10:40 10:40 - 12:30	Body Aesthetic Plastic Surgery Facial Aesthetic Plastic Surgery
13:30 - 14:00	Lunch  				
14:00 - 15:20 15:35 - 16:20 16:20 - 17:30 17:30 - 18:35 18:35 - 19:50	The neck: a challenge for Aesthetic Medicine Medical-aesthetic dermatology: where blemish becomes pathology Managing complications in Aesthetic Medicine: fillers and more Filler rhinoplasty: technical developments 2 Combined treatments and protocols in Aesthetic Medicine 3	14:00 - 15:35 16:00 - 17:00 17:00 - 19:35	The Russian Society of Aesthetic Medicine shares its experiences  Evolution in the combination of peeling agents 2 Regenerative medicine: the last constantly evolving frontier	14:00 - 14:45 14:45 - 15:45 16:00 - 17:25 17:25 - 19:20	Hirsutism: correct diagnosis and possible therapies <i>(SIE-SIME joint session)</i> Sun, vitamin d and photoprotection Aesthetic and Functional Gynecology <i>(in scientific partnership with AIGEF)</i> VIDEO SESSION  Aesthetic Medicine of external genitalia: more than aesthetics

aesthetic medicine

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	GARDEN LEVEL		LOBBY LEVEL
	J. FONT RIERA		S. MAGGIORI
8:30 - 9:35	Upper third and periorbital region 1		
9:35 - 10:55	Aesthetic Medicine 2	9:00 - 12:50	Updates in obesity therapy (ADI - ANSISA - SIME - SIO - SICOB joint session)
10:55 - 11:35	Smoking and Aging (no CME Session)		
11:35 - 12:30	Palliative Aesthetic Medicine		
14:00 - 15:30	Legal and insurance medicine in Aesthetic Medicine	14:00 - 14:55	Challenges in Aesthetic Medicine
15:30 - 16:55	The Aesthetic Physician... a manager between innovation and tradition (no CME session)	14:55 - 16:20	Laser in Aesthetic Medicine 2: state of the art and technological and clinical evolution
17:00 - 17:45	Water, Aesthetic and Anti-Aging Medicine	16:30 - 18:30	Mesotherapy (intra dermal therapy) Symposium (in scientific partnership with SIM)
17:45 - 19:10	Food, diet and Aesthetic Medicine		



SCIENTIFIC SESSIONS

SUNDAY

20th

	  GARDEN LEVEL C.A. BARTOLETTI		  GARDEN LEVEL G.B. ROBUTTI		  GARDEN LEVEL S.B. CURRI
9:00 - 10:40	Toxin- and filler- free rejuvenation: the art of Aesthetic Medicine	9:20 - 10:30	Absorbable threads: evolution of techniques and results	9:00 - 11:20	Phlebology and Aesthetic Medicine <i>(in scientific partnership with CIF and SIF)</i>
10:50 - 12:15	Neuromodulation in Aesthetic Medicine: an increasingly natural look	10:35 - 12:00	Cosmetology: indispensable science in Aesthetic Medicine	11:20 - 12:20	Aesthetic Medicine and Acupuncture: the clinic reality of a new horizon
12:15 - 13:30	Fillers: global approach 2	12:00 - 12:55	Upper third and periorbital region 2	12:20 - 13:30	Technologies in Aesthetic Medicine 3: news and confirmation

13:30 - 14:00

Closing Ceremony of the 39th SIME Congress - 13th AIMAA Congress

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SCIENTIFIC SESSIONS PROGRAMME



8:30 am | Aesthetic Medicine 1

Chairmen: F. Loffredo - Tutor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
A. Marchionne - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
Secretaries: L. Antonaci, L. Apollini

Sun and lenitives

F. Pietrocarlo (Latina)

Treatment of epidermoid cysts through plasma exeresis

E. Rossi (Modena)

Analysis of age-related anatomical-functional changes of lymphatic microcirculation with particular reference to neck and head anatomy

L. Ricolfi (Genova)

Periocular rejuvenation with Vycross fillers

S. Marlino, A. Santorelli (Napoli)

Melatonine as senescence defender

F. Tomaselli, G. Assalti, M. Ceccarelli (Roma)

Discussion

9:40 am | Innovation in Aesthetic Medicine 1

Chairmen: D. Dorato - General Secretary of the Italian Society of Aesthetic Medicine (SIME)
F. Perletto - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)
Secretaries: M. Boccacci, F. Pardi

Effects of enhanced external counterpulsation (EECP) on microcirculation

A. Laudani (Roma)

WBC: Whole Body Cryotherapy “criosauna” in Aesthetic and Anti-Aging Medicine

M. Renzo (Roma)

Biophotonic therapy: an innovative technology for skin rejuvenation in the field of Aesthetic Medicine

A. Pulvirenti (Giarre, CT)

Therapeutic effects of the application of low frequency electromagnetic fields on acne patients

S. Kopatsari, A. Kopatsaris (Thessaloniki, Grecia)

Pulsed electromagnetic fields in Aesthetic Medicine: guidelines for targeted treatments

M. Morelli, C. Pichler, D. Gullà, G. Massara (Roma)

Macro focused ultrasound scanner for body adiposity treatment: analysis of the results

F.P. Alberico (Napoli)

The new wave in body shaping

R. Perrotta (Catania)

Discussion

11:00 am | Physiopathology of adipose tissue: work in progress of “cellulite”

Chairmen: D. Amuso - Specialist in General Surgery and Sports Medicine, Modena
N. Fraone - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)
A. Sbarbati - Chief of Department of Neurosciences, Biomedicine and Movement Sciences at the University of Verona
G. Scapagnini - Professor of Clinic Biochemistry, Department of Medicine and Health Sciences, University of Molise
Secretaries: M. Boccacci, D. Di Marcantonio

Mammary gland: an extraordinary example of adipose organ plasticity

S. Cinti (Ancona)

Dercum's disease or adiposis dolorosa

M. Giuliani, B. Cinque, F. Lombardi, L. Romano, C. Genovesi, G. Orsini, P. Leocata, M.G. Cifone, P. Palumbo (L'Aquila)

Cellulite, even today, illness or simple inexperience?

D. Amuso (Modena)

Cellulite from inside

G. Conti (Verona)

Cellulite, hypoxia and oxidative stress. What's new?

E.L. Iorio, L. Coppola, S. Pinto Provenzano, D. Montagna (Salerno), V. Leonardi (Palermo), E. Bartoletti (Roma)

Cellu...lite quarrels among treatments

I. Mordente, R. Cassese, F. Puglia, (Napoli) D. Amuso (Modena)

Treatment of cellulite dimples

R. Amore (Palermo)

Hypothesis about the origin of cellulite

A. Sbarbati (Verona)

Discussion

01:00 - 01:30
pm

Lunch**01:30 pm Opening Ceremony of the 39th SIME Congress – 13th AIMAA Congress**

Participants: Maria Rizzotti, Senator of the Italian Republic

Antonio Magi, President of the Rome Medical Board

Lecture: "Aesthetic, elegance and harmony in the age of mass communication"

Alda D'Eusanio, Journalist

Carlo Alberto Bartoletti Prize Award Ceremony

02:30 pm

Elegance in Aesthetic Medicine

Chairmen: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)

D. Centofanti - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

J.J. Legrand - President of the French Society of Aesthetic Medicine (SFME)

Secretaries: M. Aste, V. Cacciapuoti

Elegance in Aesthetic Medicine: personal interpretation

R. Cetto (Londra, UK)

Holistic approach for facial bioremodelling

B. Molina (Londra, UK)

Elegance as a natural balance of shapes and proportions: overseas experience

V. Bertucci (Toronto, Canada)

How anatomy influences the elegance of the eyes

F. Ingallina (Catania)

Full face harmonization: the power of a combined approach

N. Solish (Toronto, Canada)

Discussion

04:00 pm

Fillers: anatomy, volumes and technique

Chairmen: A. Camporese - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

D. Centofanti - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

A. Pulvirenti - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: V. Cacciapuoti, A. Campoli

Needle vs cannula in filler treatments: personal guidelines

G. Salti (Firenze)

Volume versus contour in the midface: a multi-level approach with agarose

J. Vandeputte (Oudenaarde, Belgio)

Anatomologic face rejuvenation: treatment planning based on face anatomy and rheological characteristics of biphasic fillers

S.P. Fundarò (Bologna)

Precision in filler injections: how to increase the use of devices

C. Sartorio (Torino)

Agarose gel: current and future use in a new study on tissue volume. Preliminary results

N. Scuderi, P. Fino (Roma)

Face volumisation: superficial hypodermic and deep supraperiosteal implants. Guidelines

A. Alessandrini (Roma)

Myomodulation and filler: what's new in Aesthetic Medicine*G. Trocchi, M. Patalano (Messina)***Volumetric face restoration with high cross linking CPM Hyaluronic acid and contouring effect with Calcium Hydroxylapatite. Incobotulinum Toxin 100u finissage for check and neck lift***G.P. Astolfi (Milano)*

Discussion

**5:20 pm Update on Activities of CISSME
(Italian Association of the Scientific Societies of Aesthetic Medicine)**
*Participants: Emanuele Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)**Alberto Massirone - President of the Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ**Maurizio Priori - President of the Italian Society of Aesthetic and Surgical Medicine (SIES)*
05:40 pm Combined treatments and protocols in Aesthetic Medicine 2
*Chairmen: P. Cirillo - Vice-President of the Italian Association Aesthetic and Plastic Surgery (AICPE)**P. Salciccia - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma**C. Zannella - Treasurer of the Italian Society of Aesthetic Medicine (SIME)**Secretaries: G. Bianco, V. Zimiaris***Treatment of the gluteal region through two cutting edge energy devices: controlled subcision to eliminate "orange peel" and HIFU for tissue toning***B. Bovani (Perugia)***Synergy between radiofrequency and pulsed focused ultrasound for non-surgical body contouring***M. Valeriani (Roma)***Face biostimulation with application of collagen MD and PDO threads***E.A. Karali (Atene, Grecia), E. Palmeri, G. Alberti (Palermo)***Combined protocol for photoaging: ambulatory bio-photonics and amino acid pool in optimal systemic and domestic topic composition***M.G. Di Russo (Formia, LT)***Association of newly designed multisource fractional needle and moulding RF system at 1 mhz and TCA-H202 for faster response in the treatment of face and body blemishes***F.P. Alberico (Napoli), R. Castellana (Trieste)***A different combination in the treatment of aged skin***N. Mazza, R. Pinto (Buenos Aires, Argentina)***Rationale and clinical indications for the use of CDP and 1550 Erbium Glass fractional therapy***G. D'Alessandro (Bari)***Regenerative medicine and photoaging: our integrated protocol***G.M. Izzo (Napoli)***Let's not limit to single wrinkle or skin laxity correction. We must treat and maintain skin by implementing synergistic and integrated guidelines with infiltration techniques and technologies***B. Diffidenti (Napoli)***Energic effect of plasma exeresis and non-cross-linked hyaluronic acid in stabilized hybrid complexes of low and high molecular weight for the improvement of neck skin laxity***E. Rossi (Modena)***Treatment of skin ageing with 1470 nm non-ablative fractional laser and medical device TCA-H202. Analysis of the procedure***R. Castellana (Trieste), F.P. Alberico (Napoli)***Carboxytherapy: safety and efficacy in tissue toning and body contouring***F.C. Heydecker (Vimercate, MI)*

Discussion

9:00 am

Combined treatments and protocols in Aesthetic Medicine 1Chairmen: *E. Bunar - President of the Croatian Association of Aesthetic Medicine (CAAM)**A. Carota - Tutor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma*Secretaries: *V. Di Blasio, G. Panizzi***Combining peels with LED & vascular SLT Bemer therapy***A. Spiritou Kontidou, O.C. Kontidou (Limassol, Cipro)***Fillers and regenerative medicine***P. Tarantino (Napoli)***Microfocused ultrasounds and injectables: rationale of the combined treatment***C. Borriello (Lucca)***Microfocused ultrasounds and biostructuring hyaluronic acid in the treatment of face and neck skin laxity***P. Pasquini (Roma)*

Discussion

9:50 am

Food supplements: aesthetic doping?Chairmen: *F. Romanelli - Vice-President of the Italian Academy of Anti-Aging Medicine (AIMAA), Professor at the Department of Sperimental Medicine, Sapienza University of Roma**M. Serafini - Full Professor at the Department of Environmental Biology, Sapienza University of Roma*Secretaries: *D. Cosmai, S. Fosca***Bioavailability of bioactive molecules in health promoting food supplements***G. Perozzi (Roma)***Contamination and doping***F. Botrè (Roma)***Self-medication with food supplements: is it a problem?***L.M. Donini (Roma)***Gene modulators associated with longevity: the new class of geroprotector compounds***G. Scapagnini (Campobasso)*

Discussion

10:50 am

Innovations in Aesthetic Medicine 2Chairmen: *M.G. Onesti - Professor of Reconstructive and Aesthetic Plastic Surgery, Sapienza University of Roma**M. Secchi - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)*Secretaries: *V. Di Blasio, G. Cannatà***Anti-Aging efficacy of melatonin-based topical treatment***A. Sparavigna (Milano), M. Milani (Caronno Pertusella, VA)***Decolletage and hand skin aging - treatment with hyaluronic acid and succinic acid: redermalization***M.G. Di Russo (Formia, LT)***A new weakly cross-linked hyaluronic acid for deep hydration of the skin***A. Beatini (Sarzana, SP)***A new cross-linked hyaluronic acid with unique characteristics for dual action: deep hydration and superficial correction of micro-wrinkles***N. Di Zitti (Roma)***New action protocol for the treatment of stretch marks: hyper-diluted calcium hydroxylapatite with HDD Technique and transdermal fractional radiofrequency. Preliminary report***P.P. Rovatti (Verona)***"One week transformation", the new easy and controlled phenol peel, with risk-free and long-lasting results***A. Camporese (Padova)*

Discussion

11:55 am Predictability and unpredictability of failures in Aesthetic Medicine

Moderator: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: D. Cosmai, A. Vivenzio

Theory of error and prevention of future errors in medicine (lecture)

P. Verde (Roma)

ROUND TABLE

Participants: A. Alessandrini (Roma), E. Bartoletti (Roma), A. Camporese (Padova), A. Pulvirenti (Giarre, CT)

Discussion

01:00 - 01:30 pm **Lunch**

01:30 pm Opening Ceremony in C.A. Bartoletti room

02:55 pm Botulinum Toxin: alternative indications

Chairmen: A. Berardelli - Full Professor of Neurology, Department of Neurology and Psychiatry, Sapienza University of Roma
S.P. Fundarò - Vice-president of the Italian Society of Aesthetic Medicine and Surgery (SIES)

G. Trocchi - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: M. Iorillo, C. Russo

Neurological applications of botulinum toxin in Aesthetic Medicine

A. Lozza (Pavia)

Botulinum toxin and obesity therapy

D. Foschi (Milano)

Botulinum toxin in migraines: how the headache specialist and the aesthetic physician interact in order to get the best result

A. Negro (Roma)

Botulinum toxin and uro-andrological diseases

E. Finazzi Agrò (Roma)

Botulinum toxin in the treatment of secondary post traumatic and post pathological asymmetries

I. Iozzo (Bologna)

Botulinum toxin in urogynaecology

C. Oliva (Roma)

Discussion

04:05 pm New proposals in Aesthetic Medicine: confirmed news

Chairmen: M. Belmontesi - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
A.R. Catizzone - Coordinator for Academy Section of the Italian Society of Aesthetic Medicine (SIME)

F. De Angelis - Specialist in Reconstructive and Plastic Surgery, Napoli

Secretaries: C. Di Lorenzo, E. Troise

Clinical and histological study on a natural and regenerating cosmeceutical formulation associated with radiofrequency for the treatment of abdominal skin laxity

A. Trivisonno (Roma), C. Cannistrà, N. Tozzi, E. Marinho (Parigi, Francia)

Biostimulation treatment with D vitamin: from fibroblast receptor to ECM normalization by a physiological neocollagenogenesis

F. Svolacchia (Anzio, RM)

Daily oral supplementation with collagen peptides and other bioactive compounds has a beneficial effect on skin, joints and general wellbeing

S. Sibilla, A. Czajka, E. Kania, L. Genovese (Londra, UK), A. Corbo, G. Merone, C. Luci (Roma)

Biological effects of an agarose gel filler on human skin: histologic evidences of biopsies within 1 year

A. Pirino, G. Maullu (Sassari)

An innovative approach for improving skin texture: HDD technique with hyper-diluted CAHA

P.P. Rovatti (Verona)

A 3D vision: circumferential non surgical neck rejuvenation**A. Calisti** (Roma)**Multilevel Bioregeneration****A. Corbo, G. Merone** (Roma)**Treatment with modulated DAS plasma: its applications in dermatology and Aesthetic Medicine****E. Bianchi** (Bologna)**Guided subcision for the treatment of cellulite (orange peel skin): one year of experience****F.S. Madonna Terracina** (Roma)

Discussion

06:05 pm

Boxing ring microbotox: myth or reality?**Chairman:** M. Signorini - President of the Italian Association of Aesthetic Botulinum Therapy (AITEB)**Secretaries:** G. Bernini, E. Troise**Pros****S.P. Fundarò** (Bologna)**Cons****G. Salti** (Firenze)

Discussion

06:35 pm

Filler rhinoplasty: technical developments 1**Chairmen:** C. Guglielmo - Tutor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

L. Piovano - Specialist in Plastic and Reconstructive Surgery, Roma

G. Sito - Professor at the Faculty of Medicine and Surgery, II University of Napoli

Secretaries: F. Di Martino, L. Ventura**Variation of the nasofrontal and nasolabial angle post rhinofiller: personal technique and analysis of results****A. Santorelli, S. Marlino** (Napoli)**Liquid rhinoplasty****E.A. Ibrahim** (Beirut, Libano)**Medical rhinoplasty using fillers****G.A. Bertoli, M. Franco** (Roma)**Non-surgical aesthetic remodelling of the nasal pyramid****T. Agostini, R. Perello** (Firenze)**Microrhinofiller: how i do it****P. Molinari** (Modena)**Mesorinofiller: simplified and effective solution for primary and secondary nose remodelling****F. Romeo** (Roma)

Discussion



8:40 am | Edematofibrosclerotic panniculopathy and localised adiposity: treatments 1

Chairmen: G. Alberti - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
 E. Badolati - Endocrinology and Dietology of the ASL Napoli 1, Campania Region
 G. Gallo - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: D. Della Porta, G. Lotti

Body composition monitoring as a tool in the follow-up of patients with localized adiposity treated with cryotherapeutic thermal shock

R. Facchini (Roma)

Localized adiposity and skin laxity. Our experience with the association of cryolipolysis and tripolar radiofrequency associated with endodermal massage

F. Araco, A. Araco (Milano)

Our experience of the permanent treatment of EFSP with subcision procedures at "Clinica Laser"

A. Pieri, C. Bussotti, L. Cimarra, A. Oddo, M. Cordellini, A. Pacifici (Perugia)

A different synergy for localized adiposity

V. Santangelo (San Severo, FG)

Body remodeling through cryolipolysis

G. Gallo (Canicatti, AG)

Cryoliposculpting with active vacuum technology and simultaneous microcirculation stimulation to reharmonize the body. Comparative study of 40 patients divided into 2 cohorts

F. Melfa (Pavia)

Treatment of localized adiposities through macrofocused ultrasounds

F. Marini, D. D'Angelo, A. Pacella (Pescara)

Tissue stabilized guided subcision: a new approach for long-term improvement of cellulite dimples

G. Migliori (Forte dei Marmi, LU)

Physcophysical posture balance

C. Allegra (Roma), N. Barbera, L. Bagnato (Reggio Calabria)

Refining the silhouette: ideas for a management protocol for a combination of localised adiposity and EFSP

G. Alberti, E. Palmeri (Palermo)

Discussion

10:30 am | Biostimulation and bio-restructuring: news and confirmation

Chairmen: R.A. Acinapura - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
 R. Rauso - Specialist in Maxillofacial Surgery, Professor at the University of Foggia
 A. Servili - President of the Aesthetic Physician Union (TME)
Secretaries: S.R. Baldassarre, G.V. Oskarbski

Editorial board: the biostimulation treatment and therapeutic diagnostic criteria. Final results through high-frequency probe

D. Feleppa (Roma)

Comparison of biostimulants

D. Amuso (Modena)

Cutaneous biostimulation: patient diagnosis and specific device choice for optimal results

D. De Rossi (Padova)

Intensive dermal redensification indications and techniques for skin aging treatment

M.C. D'Aloiso (Padova)

Re-educate skin to learn

G.V. Oskarbski (Roma)

Positive interactions between polynucleotides and fillers in face rejuvenation programs

M. Cavallini, M. Papagni (Milano)

Revitalization and toning treatments of the face with collagen M.D. and low dose ancillary substances

E. Palmeri, G. Alberti (Palermo), E.A. Karali (Atene, Grecia)

The effectiveness of skinbooster: convergence between clinical and subjective evaluation

D. Centofanti (Roma)

Nasha hyaluronic acid with skinbooster effect: duration of effects on dermal matrix at 1 year, after two monthly sessions and a touch-up after six months. Pilot study

F. De Angelis (Napoli)

Synergy of targeted peptides in the treatment of laxity and localized adiposity

L. Miori (Verona)

Discussion

12:10 pm

Ecodermocompatibility: the new frontier of cosmetics

(Interactive session by televoting)

Chairmen: S. Santini - Board of Directors of the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

M.C. Romano - President of the International Association of Ecological Dermatology (SKINECO)

Secretaries: G.I. Peirone Grossi, F. Renda

Definition of eco-dermo-compatibility

M.C. Romano (Roma)

Biodegradability and cosmetic chemistry

F. Zago (Padova)

Cosmetic specification

A. Sparavigna (Milano)

Eco-dermo-compatibility of thermal waters

G. Fabbrocini (Napoli)

Discussion

01:00 - 01:30
pm

Lunch

01:30 pm

Opening Ceremony in C.A. Bartoletti room

2:30 pm

Body shape correction (in scientific partnership with GIST)

Chairmen: B. Bovani - President of the Italian Study Group of Technologies (GIST)

A. Casadei - Probo Viro of the Italian Association of Plastic Aesthetic Surgery (AICPE)

F. Perletto - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: F. Brinati, G.I. Peirone Grossi

The body in the culture of beauty: what are the current standards?

A. Casadei (Venezia)

Ultrasound evaluation of the effectiveness of carboxitherapy on edematous fibrosclerotic panniculopathy

M.C. D'Aloiso (Padova)

Focus on glutes: non-surgical strategies to redefine them

A. Quaranta (Firenze)

Body profiles with macro-focused ultrasound

F.P. Alberico (Napoli)

Body contouring: comparing techniques between myth and reality

T. Lazzari (Genova)

How new technologies allow for the reshaping of optimal body profiles: myway

B. Bovani (Perugia)

Cryolipolysis: correct patient selection produces definitive and stable results in the treatment of localised fat. Personal protocol

F. De Angelis (Napoli)

Discussion

4:10 pm

Evolution in the combination of peeling agents 1Chairmen: *F. Silvestri - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**F. Troili - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma*Secretaries: *P. Caravetta, R. Pasquesi***Melasma: world news and our guidelines***G.M. Izzo (Napoli)***Acne and dyschromia in different ethnic populations. Mandelic acid protocol. Microscopic skin changes***R. Pelliccia (Roma)***Melasma: depigmentation protocol with melanogenesis regulation***S. Egidi (Palombara Sabina, RM)***The 4 Zein Obagi peelings: selection criteria in accordance with skin characteristics and objectives***G. Cassibba (Siracusa)***A new chemo-exfoliation with alpha-hydroxy acids for the periocular region: personal experience***L. Calvisi (Cagliari)*

Discussion

5:30 pm

AIMAA informs: gynecomastiaChairmen: *C. Magliocca - Head Doctor at the Fatebenefratelli Hospital, Roma**F. Strollo - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma*Secretaries: *P. Caravetta, R. Pasquesi***Gynecomastia: pathophysiology***F. Strollo (Roma)***Diagnostics for gynecomastia***A. Marsella (Roma)***Medical therapy of gynecomastia***F. Romanelli, A. Sansone, M. Sansone, S. Seraceno, A. Lenzi (Roma)***Surgical approach to the treatment of gynecomastia***L. Cavalieri (Roma)*

Discussion

6:20 pm

Aesthetic Medicine and Plastic Surgery: complementary disciplinesChairmen: *E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)**A. Cordova - President of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)**F. Saccomanno - President of the Italian Association of Plastic Aesthetic Surgery (AICPE)*Secretaries: *P. Ceschini, E. Damiani***Morpho-psychology and plastic surgery. The psychological aspects of requests for aesthetic interventions***R. Pizzi (Milano)***Synergy between Aesthetic Medicine and surgery for face rejuvenation***M. Valeriani (Roma)***Dermo-cosmetic pre-operative and post-operative protocol***D. Tonini (Milano)***Results of an observational study evaluating the efficacy and safety of a plasma generator used in non-surgical blepharoplasty in polish patients***K. Kaczynski, A. Ignaciuk (Varsavia, Polonia)***Applications of non-ablative surgery in dermatology, venereology and Aesthetic Medicine***M. Conese (Bari)***Correction of nose asymmetry secondary to rhinoplasty malpractice***R. Berdugo (Medellin, Colombia)***Comparison of techniques for the treatment of stretch marks in bariatric patients***G. Ascoli, S. Santini, E. Bartoletti (Roma)*

Discussion

8:40 am

Elegance in Aesthetic Medicine: personal interpretation

Chairmen: A. Calisti - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Lazio
 A. Cuguttu - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
 L. Pluzarev - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Trentino Alto Adige and Friuli Venezia Giulia

Secretaries: A. Cieri, D. Musto

Is elegance really the only beauty that never fades? Discussions on beauty and elegance between an aesthetic physician, a famous female stylist and an international fashion testimonial

R. Bellini (Bologna)

The voice in Aesthetic Medicine

M.C. Corgna (Roma)

Elegance in face aesthetic at different ages

B. Diffidenti (Napoli)

The elegance of peelings

E. Perosino (Roma)

Full face approach and skin quality therapy: aging effects on the face

M. Patalano (Messina)

Pneisystem and elegance in Aesthetic Medicine

M.C. Corgna (Roma)

Discussion

9:45 am

“Omics” and nutritional aspects in Aesthetic Medicine

Chairmen: M.G. Cifone - Director of Department of Medicine, Life and Environmental Sciences, University of L'Aquila
 G. Messina - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: E. Mari, F. Muzi

Nutrition in the post-genomic era (lecture)

L. Di Renzo (Roma)

Caloric restriction: a viaticum for a long life or a seasonal assurance?

F. Terranova (Terni)

Role of gut microbiota in pathological adipose tissue inflammation

P. Palumbo, B. Cinque, F. Lombardi, Z. Evtoski, G. Siragusa, M. Giuliani, **M.G. Cifone** (L'Aquila)

Increased intestinal permeability and systemic toxemia: altered gut-brain axis causing the disease. Regenerative aspects

C. Cassano (Lecce)

Nutritional and health aspects of dark chocolate

S. Moramarco, L. Nemi, **F. Gilardi** (Roma)

Nutrition and the endocrine system

E. Badolati (Napoli)

Inositol isomers and insulin-resistance: an overview

A. Panico, R. Marcantonio, G.A. Lupoli, R. Lupoli, G. Messina, I. Vetrani, G. Lupoli (Napoli)

Discussion

11:10 am

Trichology updates (in scientific partnership with SITRI)

Chairmen: D. Campo - Professor of Master of Tricology, University of Firenze
 A. Marliani - Founder President of the Italian Society of Tricology (SITRI)

Secretaries: A. Soverina, P. Vessichelli

Oestrone and hair

A. Marliani (Firenze)

Androgenetic alopecia: news therapy

D. Campo (Roma)

Photobiomodulation in tricology

F. Bini (Firenze)

Trichotillomania: the great simulator*A. Marliani (Firenze)***Clinical and diagnostic aspects of trichotillomania***A. Marliani (Firenze)***Polarized light microscopy in hair analysis: new perspectives for the study of hair***G. Agostinacchio (Porto Recanati, MC)***Mesotherapy injections treatment in trichology***F. Bini (Firenze)***Influence of histamine on keratinocytes differentiation and its modifications in the follicular cycle***A. Soverina (Catanzaro)***Trichoscopy***E. Bianchi (Bologna)***Update on FUE and FUT hair autotransplantation***M. Toscani (Roma)***The Italian Society of Trichology***A. Vanni (Firenze)*

Discussion

01:00 - 01:30
pm**Lunch**01:30 pm **Opening Ceremony in C.A. Bartoletti room**

2:30 pm

Adipolytic exercise routine*Chairmen: N. Fraone - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)**M. Sacchetti - Professor at Department of Movement, Human and Health Sciences, University of Roma "Foro Italico"**Secretaries: C. La Palombara, A. Maisto***Fat burning physical exercise***M. Sacchetti (Roma)***Localized weight loss through physical activity: myth or reality?***A. Scotto Di Palumbo (Roma)***High intensity training: best solution for weight loss?***D. Molinaro (Torino)***Whole body electrostimulation during exercise: safety and efficacy to improve physical condition***S. D'Ottavio (Roma)*

Discussion

3:30 pm

Dermatologic aspects in Aesthetic Medicine*Chairmen: G. Alessandrini - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**F. Bini - Specialist in Dermatology, Firenze**E. Fulgione - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Campania**Secretaries: P. Vessicelli, V. Zimiariis***Polychromatic polarized light and methyl-aminolevulinate in the treatment of actinic keratoses***R. Vaglica, D. Carella, C. Di Gregorio (Palermo)***Aesthetic results after medical treatment of subeyelid basal cell carcinoma***V. Di Blasio, A. Di Lucrezia, A. Forgione (Benevento), D. Dorato (Napoli)***Atopic dermatitis: xerosis, skin barrier deficit, hydration and therapeutic choices***G. Fabrizi (Parma)***Acne, a holistic approach***A. Spiritou Kontidou, O.C. Kontidou (Limassol, Cipro)*

Post-acne: evaluation and news about dystrophy and discromy*A. Corbo, G. Merone (Roma)***Solo or in combination use of small particles Nasha gel to improve acne scars***C. Di Gregorio, D. Carella, R. Vaglica (Palermo)***Elegance of women's legs: blemishes and post-inflammatory outcomes***M. Papi (Roma)*

Discussion

5:15 pm

Phytotherapy in Anti-Aging and Aesthetic Medicine

Chairmen: *M. Biagi* - Operative Unit of Pharmaceutical Biology, Department of Physical Sciences, Earth and Environment, University of Siena
A. Fratter - Nutraceutical and Skin Care products Researcher, Professor at the post graduation Course of Clinical Pharmacy and Pharmacology, University of Padova
C. Scesa - Professor of Cosmetology, University of Siena, Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: *G.V. Obskarbski, A.M. Sodano***Sedum Telephium L.: from ethnobotanical tradition to its possible use in modern medicine and phytocosmetics***M. Biagi (Siena)***Salvia Haenkei: studies on anti-aging activity in an in vitro epidermal model***V. Cocetta, D. Catanzaro, G. Miolo, J. Cadau, E. Ragazzi (Padova), A. Alimonti (Bellinzona, Svizzera), M. Montopoli (Padova)***Observational study of the efficacy of a new generation of phytocosmetics on face skin roughness***U. Nardi (Roma)***Anti-aging and antistress aesthetic cluster from industrial research***P. Siragusa (Lodi)***Is natural always good? Control and safety of phytocosmetics***L. Ragni (Ancona), C. Scesa (Roma)***Prevention of photoaging in Aesthetic Medicine by means of supplement integration with vitis vinifera and an antioxidant pool***M. Belmontesi (Vigevano, PV)***Cellular euthanasia for skin aging***F. Terranova (Terni)***The effect of microalgae extract on the muscular, nutritional and cognitive state in a sample of institutionalised patients***R. Facchini (Roma)***Topical phytotherapeutic activity for the treatment of hypertrophic and keloid scars***S. Ubiglia (Pisa), U. Nardi (Roma)***Paradontopathy and essential oils***A. Possenti, M. Possenti (Roma)*

Discussion



9:15 am | Trichology: free papers

Chairmen: E. Bilchugova - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Marche and Umbria
X. Bisholla - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
Secretaries: A.G. Fiorentini, E. Lanza

Scalp biostimulation

B. Amaris (Roma)

Changes in local levels of prostaglandins in common baldness and their therapeutic implications

A. Soverina (Catanzaro)

Feminine elegance and hair well-being. Use of carboxytherapy in non-scarring scalp alopecia, preliminary evaluations of a shared protocol for female alopecia

A. Pini, G. Carelli (Firenze)

SVF cell transplant in patients with androgenetic alopecia

C. De Sio (Roma)

Automatic artificial hair implant: new era in hair implants, safety studies, aesthetic results

B.M. Al Bzour (Cluj-Napoca, Romania)

Automatic artificial hair implants

R. Dell'Avanzato (Milano)

Androgenetic alopecia: integrated therapies

F. Grasso (Roma)

Discussion

01:00 - 01:30
pm

Lunch**01:30 pm | Opening Ceremony in C.A. Bartoletti room****2:30 pm | Medical three-dimensional profiloplasty**

Chairmen: A. Franceschelli - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
S. Laura - Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for North Italy
M. Priori - President of the Italian Society of Aesthetic and Surgical Medicine (SIES)

Secretaries: A. Oddo, L. Pompilio

Profile: a few millimetres can make a big difference

C. Sartorio (Torino)

Shaping of mandibular profile in face aesthetic

P.R. Russo (Modena)

Profiloplasty, rhinofiller plus volumetric increase of the chin, to achieve face harmony and rejuvenation. Filler profiloplasty using the '3 vector technique'

T. Manenti (Roma)

HIFU and H.E.R. synergic procedure: for a non-invasive lifting effect

V. Ghironi (Donoratico, LI)

Deoxycholic acid in facial oval defining

G. Salti (Firenze)

Profiloplasty using minimally invasive techniques: a personal experience

D. Palazzolo, A. Triolo (Palermo)

Discussion

4:00 pm

The elegant tattoo

Chairmen: A. Tammaro - Professor of Medicine and Surgery Faculty, Sapienza University of Roma
S. Persechino - Professor of Medicine and Surgery Faculty, Sapienza University of Roma
Secretaries: E. Cicerone, L.G. Marini

The elegance in piercing**B. Valsecchi** (Oggiono, LC)**The artistic tattoo****G. De Marco** (Roma)**Signs and drawings on the skin: tattoos and body modifications in different cultures****G. Franco, C. Germelli** (Roma)**Advances in analytical method for the identification of tattoo inks composition****C. Toniolo, A. Ciccola, I. Serafini, A. Tammaro, P. Postorino, F. Persechino, M. Serafini, S. Persechino** (Roma)**Is a tattoo elegant?****G. Assalti, G. Fatuzzo** (Roma)**Dermopigmentation: essential for an optimal aesthetic result****R. Casilli** (Roma)**It's now the reconstructive tattooer's turn****R. Molinaro** (Treviso)**Aesthetic tattoo removal with plasma technologies****G. Fatuzzo** (Roma)**Long experience in removing tattoos with a q- switched + erbium glass laser. Safe without any damage****A. Pacifici, A. Oddo** (Perugia)**Black and white: comparison between two realities****A. Tammaro, N. Cameli** (Roma)**It's now the dermatologist's turn: experiences from Benevento****F. Cusano** (Benevento)**It's now the plastic surgeon's turn****F.R. Grippaudo** (Roma)**Tattoos and permanent makeup: the outcomes of the european debate, trends and open issues****A. Renzoni, A. Pirrera, P. Cammarata, A. De Dominicis, A. Lepri** (Roma)**Elegance in tattoos****E. Marchetti** (Arezzo)**Adverse dermatologic reactions****E. Berardesca** (Roma)**Tattoos and confocal laser microscopy****F. Persechino** (Roma), **F. Farnetani, G. Pellacani** (Modena)**Tattoos and eligibility for military entrance exam: case report****S. Astorino** (Roma)**It's now the young's turn****F. Persechino, V. Zollo, E. Gelormini, A. Daniele** (Roma)**It's now the artist's turn****P. Delli Colli** (Roma)

Discussion

8:40 am

Laser in Aesthetic Medicine 1: state of the art and technological and clinical evolution

Chairmen: M. Cogliano - Tutor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
M. Laurenza - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
A. Pacifici - President of the Association of High Technology Italian Doctors (AMI HI-TECH)

Secretaries: L. Pompilio, M. Sebastiani

1565nm non-ablative fractional laser: an effective option for the treatment of different clinical conditions

D. Quarato (Roma)

Laser and hi-tech approach in the treatment of scars

F. Balconi, E. Bernè (Milano), **A. Pacifici** (Perugia)

Skin care. Different treatment strategies: vascular, fractional and interstitial

A. Crippa (Lecco)

Laser-assisted drug delivery in the treatment of scars

F.C. Heydecker (Vimercate, MI)

Medical epilation: state of the art in scientific literature and new treatment protocol

A. Oddo, A. Pacifici (Perugia)

810 diode laser for permanent hair removal: a new "motionspeed" technology providing better results

P. Boriolo (Gattico, NO)

Different laser sources approach to difficult face areas: advantages and indications

F. Balconi, E. Bernè, K.F. Arcieri (Milano)

Observational study on phythocosmetic activity influencing hair regrowth after hair removal

U. Nardi (Roma)

Endolift laser on thin tissues. A microscopic analysis

R. Ruffa (Torino)

The effects of IRPL-IPL on meibomiam gland dysfunction in dry eye disease. Personal experience

F. Ferroni (Roma)

Intratissutal laser for the rejuvenation of the upper third of the face

R. Ruffa (Torino)

Added-value of picosecondlaser

M. Tretti Clementoni, V. Pedrelli (Milano)

Discussion

10:40 am

Technologies in Aesthetic Medicine 1: news and confirmation

Chairmen: R. Crescenzo - Coordinator of the Academy Section of the Italian Society of Aesthetic Medicine (SIME)
A. Faga - Director of the Department and of the Specializing School in Plastic Surgery, University of Pavia
A. Pompilio - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma

Secretaries: G. Cerrota, M. Lo Piparo

Purchasing and management of electromedical devices: the questions to ask before and to ask yourself after

S. Toschi (Mestre)

Tripolar radiofrequency and galvanic energy in 6 difficult areas of the face and the body

E. Fasola (Milano)

Single 3DEEP multigenerator radiofrequency platform for the rejuvenation of the face and the reharmonization of the body

D.G. Caruso (Palermo), **F. Melfa** (Pavia)

Biodermogenesi: the evolution of a methodology

P. Tarantino (Napoli)

Endolift and Ultherapy: the best face and neck non-surgical lifting

R. Dell'Avanzato (Milano)

Microfocalized ultrasound: news and personal experience

S. Vari (Anagni, FR)

Combination of focused ultrasound and TCA/H2O2: considerations on personal protocols for the treatment of skin laxity and adiposity in the face and neck

F.P. Alberico (Napoli), **R. Castellana** (Trieste)

The new frontiers of biostimulation with an electronic device

L. Moro (Roma)

Discussion

12:00 pm

Technologies in Aesthetic Medicine 2: news and confirmation

Chairmen: **U. Alonzo** - International Relation Advisor ASL Roma1

F. Melfa - Specialist in Nutrition Science, Professor at the Master of Aesthetic Medicine and Wellbeing, Univeristy of Pavia

Secretaries: **K. Caccamo**, **F. Ferro**

New frontier for non invasive face and body contouring

A. Dall'Antonia (Verona)

Treatment with the innovative "selective fractional plasma exeresis" technique (PXR fractional) for skin resurfacing

M.C. Di Mascio (Roma)

The use of shock wave technology in combination with other aesthetic medicine treatments and technologies

P. Gilardino, **A. Pelosi** (Milano)

HIFU: what we know about its efficacy and safety based on a review of the literature?

K. Kaczynski, **A. Ignaciuk** (Varsavia, Polonia)

Endodermic radiofrequency: restructuring and neocollagenesis in derma retraction

G. Maullu (Oristano)

Repair processes induced by energetic stimuli

B. Buccioli (Sassari)

The stretch mark: blemish of the XXI century

G. Manzo (Camerino, MC)

Discussion

01:00 - 01:30 pm

Lunch

01:30 pm

Opening Ceremony in C.A. Bartoletti room

8:30 am

Edematofibrosclerotic panniculopathy and localised adiposity: treatments 2

Chairmen: P. Bacci - Professor at the Specialising School of Surgery of University of Siena
M. Giuliani - Department of Medicine, Life and Environmental Sciences, University of L'Aquila
F. Tomaselli - President of the Society of Palliative Aesthetic Medicine (SMEP)
Secretaries: R.A. Cammarata, M.T. Meiattini

Localized adiposity: advantages of combined sequential treatment based on cryolipolysis with active vacuum associated with high frequency micro-currents and carboxytherapy

E. Guarino, L. Fabiani (Roma)

Cryoliposculpting, low frequency ultrasound and radiofrequency: combination of technologies for the treatment of localized adiposity

M.T. Saliani (Modugno, BA)

A revolutionary mini-invasive treatment for cellulite blemishes: 15 months of initial experience

R. Dell'Avanzato (Milano)

3D evaluation of a new cryolipolysis system

M. Tretti Clementoni (Milano)

Intradermal injective treatment for localized adiposities based on injectable hypotonic phospholipids and mannitol

E. Badolati (Napoli)

Cryolipolysis for reduction of subcutaneous fat: safety and efficacy evaluation

F.C. Heydecker (Vimercate, MI)

Cryolipolysis in the treatment of localized adiposity: a whole year of experience

A. Pulvirenti (Giarre, CT)

Treatment of localized adiposities with cryolipolysis

F. Marini, D. D'Angelo, A. Pacella (Pescara)

Discussion

1st S.B. Curri award for the research of extracellular matrix

10:10 am

Fillers: technical innovations

Chairmen: M. Malucelli - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
A. Massirone - President of the Italian Scientific Society of Medicine in the Aesthetic Field, AGORÀ
M. Vignoli - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)
Secretaries: A. Campoli, V. D'Alessandro

Fillers in therapeutic combinations for facial rejuvenation: guidelines

A. Alessandrini (Roma)

Agarose for the chin, the jawline and the mandibular angle

J. Vandeputte (Oudenaarde, Belgio)

Correction of a gummy smile with hyaluronic acid

M. Cavallini (Milano), G. Sito (Napoli), A. Diaspro (Torino)

Agarose gel. Innovation in the world of dermal filler: non-surgical rhinoplasty and full-face treatment

A. Shab (Francoforte, Germania)

Focus on lips: redefining and volumising with polydensified monophasic hyaluronic acid and dynamic cross-linking. "Case-by-case" technique for natural results

G.P. Astolfi (Milano)

Discussion

11:05 am

Planning facial rejuvenation: the search for balance

Chairmen: P. Calzavara Pinton - Full Professor, Head of the Specializing School of Dermatology and STDs, University of Brescia
C. Giorgio - Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for South Italy
R. Pinto - President of the Argentine Society of Aesthetic Medicine (SOARME)
N. Scuderi - Director of the Specializing School in Reconstructive Aesthetic Plastic Surgery, Sapienza University of Roma
Secretaries: F. Pardi, T. Manenti

The search for a balanced result with customized protocols and combined techniques (lecture)

V. Bertucci (Toronto, Canada)

The "divine proportion of the face" and Aesthetic Medicine techniques

G. Viglione (Benevento), S. Laura (Ventimiglia, IM)

How to carry out a rejuvenation project: from face analysis to the planning of a multi-step program

B. Bovani (Perugia)

Personal experience in using MD codes in the approach to architectural rejuvenation of the face*M. Cavallini (Milano)***An emotional approach to facial treatments***E. Mastroluca (Roma)***The elegant corrective choice: a combination of grace in gestures, in choices and in simplicity***A. Camporese (Padova)***CPA method "centripetal progressive approach" for face reshaping and rejuvenation***F. De Angelis (Napoli)***Mimicking nature: a logical approach to midface contouring using hyaluronic acid***C. Di Gregorio (Palermo)*

Discussion

12:30 pm

Botulinum Toxin: history and innovations*Chairmen: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)**M. Signorini - President of the Italian Association of Aesthetic Botulinum Therapy (AITEB)**Secretaries: C. Aru, F. Calvani***Toxin: challenging cases with botulinum toxin A; my personal approach***N. Solish (Toronto, Canada)***Harmonization of the upper third of the face with botulinum toxin***M. Cavallini (Milano)***Microbotox: rationale and technique***P. Cirillo (Roma)*

Discussion

1:30 - 2:00
pm**Lunch**

2:00 pm

The neck: a challenge for Aesthetic Medicine*Chairmen: L. Cavaliere - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)**C. Di Gregorio - Specialist in Reconstructive and Plastic Surgery, Palermo**P.R. Russo - Vice-president of the Italian Society of Aesthetic Medicine and Surgery (SIES)**Secretaries: C. Aru, M. Rosito***Use of Nasha HA in neck aging: injection techniques***M.L. Aiello (Napoli)***Rehydration of neck and décolleté with dynamic filler and dermal redensification: three month follow up***S. Caboni (Cagliari)***Multimodal therapy for severe neck aging***M.C. D'Aloiso (Padova)***Advantages of the use of diluted hydroxyapatite in the biostimulation of the skin of the neck***E. Guarino, L. Fabiani, M. Grasso, F. Denaro (Roma)***Deoxycolic acid for submental fat treatment in men***P. Cirillo (Roma)***Rejuvenation of the neck through liposuction***A. Innocenti, D. Melita, S. Ghezzi (Firenze)***Cutaneous retraction of the neck as a secondary effect of periplasmatic adipocytolysis***R. Rauso (Roma)*

Discussion

3:35 pm | Medical-aesthetic dermatology: where blemish becomes pathology

Chairmen: G. Alessandrini - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
 G. Argenziano - Full Professor at the Department of Mental and Physical Health and Preventive Medicine of the University of Campania Luigi Vanvitelli of Napoli
 E. Fulgione - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Campania

Secretaries: M. Rosito, F. Salvia

Hidradenitis suppurativa (acne inversa) and quality of life

G. Argenziano (Napoli)

Seborrheic dermatitis and its implications in Aesthetic Medicine

G. Alessandrini (Ugento, LE)

Acne rosacea: from blemish to disease

E. Fulgione (Napoli)

Discussion

4:20 pm | Managing complications in Aesthetic Medicine: fillers and more

Chairmen: F.R. Grippaudo - Professor of Plastic Surgery, Sapienza University of Roma
 G. Pellacani - President of the Faculty of Medicine and Surgery, Head of the Department of Dermatology University of Modena and Reggio Emilia
 G. Trocchi - Vice-president of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: F. Canzona, P. Costantino

Confocal microscopy to prevent errors in dermocosmetic treatments (lecture)

G. Pellacani (Modena)

Management of dermal fillers complications in the outpatient department of Aesthetic Medicine at the San Giovanni Calibita – Fatebenefratelli hospital in Rome. Case study and evolution at one year

G. Trocchi (Roma)

Ultrasonographic diagnosis of fillers

G. Merone (Roma)

Presentation of 3 cases of complications after mesotherapy, hyaluronic acid filler and PDO threads

P. Surowiak, K. Kopec-Pyciarz, R. Szulc (Wrocław, Polonia)

A rare case of facial artery embolism with delayed re-embolism after chin correction

R. Khalilullin (Mosca, Russia)

Bioregeneration with collagen: not just skin rejuvenation

A. Corbo, G. Merone (Roma)

Discussion

5:30 pm | Filler rhinoplasty: technical developments 2

Chairmen: M. Cavallini - Specialist in Reconstructive and Plastic Surgery, Milano
 E. Massidda - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Sardegna
 G. Salti - Board of Directors of Italian Association of Plastic Aesthetic Surgery (AICPE)

Secretaries: L. Colaprice, D. Vitale

Morphologic assessment of the nose allows a simple and safe “nose job” with HA filler

S.P. Fundarò (Bologna)

Rinofiller. Personal experience with hyaluronic acid

G. Brunelli (Brescia)

Rhinofiller with hyaluronic acid and an electronic injection device. What are the limits of correction?

A. Corona, A. Carta, G. De Vita, R. Sias, S. Artiano (Cagliari)

Vycross hyaluronic acid in the correction of nasal pyramid deformity: personal experiences

M. Patalano (Messina), M. Boccacci (Roma)

Rhinofiller versus non-surgical rhinoplasty with Nasha stabilized hyaluronic acid

C. Incandela (Palermo)

Use of functional treatment of the tip and external nasal valve with HA

G. Bianco, P. Cirillo (Roma)

Discussion

6:35 pm

Combined treatments and protocols in Aesthetic Medicine 3

Chairmen: A. Serra Visconti - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
M. Valeriani - Director of the Operative Unit of Plastic Surgery from the Hospital San Filippo Neri, Roma

Secretaries: G. Melone, P. Spatuzza

Innovative combined techniques for face rejuvenation: photodynamic therapy with aminolevulinic acid gel

S.M. Serini (Milano)

Hand rejuvenation: combined approaches

D. Quarato, M. Pascali (Roma)

Nasha gel as a skin booster combined with PDT daylight in actinic keratosis and severe photoaging. Our experience

M. Belmontesi (Vigevano, PV)

Infusion of active substances with micro-needling: creating procedural safety

A.R. Christie (Sydney, Australia)

Ultrasound lift alone vs combined with regenerative medicine: patient satisfaction

M. Goisis (Milano)

Redermalization: synergy between soft peeling and modulation in injective therapy in dyschromia and photoaging

R. Pelliccia (Roma)

Lower third of the face: treatments with filler and botulinum toxin

G. Muti (Milano)

Discussion

8:30 am | Fillers: global approach 1

Chairmen: G. Drapchind - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Liguria
R. Di Maggio - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
Secretaries: A. Massicci, S. Raso

Preventive Aesthetic Medicine and Millennials: the importance of proper facial assessment and treatment plan
M. Zazzaron (Roncade, TV)

Facial aging: a follow up at 6, 12 and 18 months of 10 patients treated with a new corrective dynamic full-face approach
S.R. Baldassarre (Roma)

Rejuvenation concept: face project. Global face harmonization
R. Casilli (Roma)

Gaze, an essential element for elegance and Upper Eyelid Filling Approach Technique [U.E.F.A.]
F. Romeo (Roma)

The importance of dental elements in lip aesthetics
A. Olivo (Padova)

Technical development in Aesthetic Medicine: a personal experience with MD codes
M.T. Saliani (Modugno, BA)

Discussion

9:40 am | The elegance of the lips: an exercise in style

Chairmen: P. Frisari - Vice President of the Argentinian Society of Aesthetic Medicine (SOARME)
O. Maschio - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Veneto
Secretaries: K. Caccamo, G. Sirianni

Cadaver based anatomy and us based anatomy: practical implications for the lip region
M. Zazzaron (Roncade, TV)

Every age has its lips
S. Vari (Anagni, FR)

Lips: a focal point of facial beauty revised with a new classification proposal
G. Sito (Napoli)

Identification of aesthetic flaws of the lips in the light of a new algorithm. My personal experience
V. Manzoni (Milano)

Lip augmentation with cross-linked carboxymethylcellulose: aesthetic results and safety
V. Patrizi (Roma)

Lip plumping through multipoint technology with the help of an electronic device
G. Brunelli (Brescia)

The elegance of lips: treating their form and proportion with fillers and PDO threads
P. Frisari, R. Pinto (Buenos Aires, Argentina)

When aesthetics cannot do without dentistry
G. Persichetti (Roma)

Discussion

11:00 am | Traumas and deformities: experiences from Aesthetic Medicine treatments in trauma patients

Chairmen: A. Alessandrini - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
L. Cavalieri - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)
A. Trivisonno - Specialist in Reconstructive and Plastic Surgery, Roma
Secretaries: F. Benedetti, D. Musto

Asymmetries and harmonisation of the face: from assessment to correction
A. Alessandrini (Roma)

Aesthetic Medicine as a post-traumatic rehabilitative approach
R. Rauso (Roma)

Treatment of facial traumas in Aesthetic Medicine
D. Bertossi (Verona)

Morphological deformities of the lower third of the face: surgery vs Aesthetic Medicine*C. Bianca (Roma)***Correction of secondary asymmetries due to Romberg syndrome***R. Berdugo (Medellin, Colombia)***Innovative guidelines for the management of pain through silver sulfadiazine and lidocaine chloride in patients with difficult-to treat ulcers***B. De Angelis, F. Orlandi, D. Chiara, M. Fernandes, V. Cervelli (Roma)***Efficacy of therapy with shock waves in ulcer treatment***A. Notarnicola, B. Moretti (Bari)***Volumetric face correction using hyaluronic acid and microcannulas in patients suffering from hiv-related lipoatrophy***M.F. Papagni (Milano)*

Discussion

1:30 - 2:00
pm**Lunch**

2:00 pm

The Russian Society of Aesthetic Medicine shares its experiences *Chairmen: D. Feleppa - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)**A. Ignaciuk - President of the Polish Society of Aesthetic Medicine and Anti-Aging (PTMEiAA)**O. Panova - President of the Russian Society of Aesthetic Medicine (REM)**Secretaries: F. Florio, S. Ulgiati***Treatment of masseter muscle and face oval with Botulinum Toxin type A***E. Sanches (Mosca, Russia)***Non-surgical blepharoplasty using fillers***A. Reznik (San Pietroburgo, Russia)***Rejuvenating rhinoplasty combined with venetian mask-type mid-face lifting***S. Moshak (Vladivostok, Russia)***The subject of the report "face sculpting". Clinical analysis***E. Mozheiko (Celjabinsk, Russia)***Coherent, step by step remodeling of soft tissues of the facial part of the skull, with the use of botulinum toxin, vector and thread lifting, variants of rational filling***G. Mozheiko (Celjabinsk, Russia)***Practical experience in organization of medical care for patients with rosacea***I. Kuznetsova (Celjabinsk, Russia)***Hyaluronic acid as a trigger for the development of an autoimmune syndrome caused by adjuvants (ASIA)***I. Goleshchikhina (Vladivostok, Russia)***Algorithm for patients with an ischemic compression syndrome***O. Danishchuk (Mosca, Russia)*

Discussion

4:00 pm

Evolution in the combination of peeling agents 2*Chairmen: E. Bianchi - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**H. Subasi - President of the Turkish Society of Aesthetic Medicine (STME)**Secretaries: A. Fegiz, I.M. De Marco***Phenol peel: my experience***P. Tarantino (Napoli)***Improvement of cutaneous parameters using Dr. Zein Obagi's cosmeceutics for facial rejuvenation. Multicentric study of 44 patients***D. Siragusa (Palermo), F. Melfa (Pavia)***Clinical indications for the use of 3 step peel and CDP***G. D'Alessandro (Bari)*

Importance and rationality of retinol therapy in a 3-step peel protocol using the Zein Obagi philosophy method*G. Maullu (Oristano)***Therapeutic choice for pigmentary disorders***A. Camporese (Padova)*

Discussion

5:00 pm

Regenerative medicine: the last constantly evolving frontier*Chairmen: V. Cervelli - Full Professor of Plastic Surgery, University of Tor Vergata, Roma**L. Mazzucco - Head of Production and Blood Component Quality and Regenerative Medicine, SIMT - "SS. Antonio e Biagio" Hospital, Alessandria**H. Pinto - Head of Aesthetic Specialties & Aging Research Institute (i2e3), Barcellona**V. Tsepkenko - President of Ukrainian Society of Aesthetic Medicine (USAM)**Secretaries: L. Cerreoni, R. Filippone, A. Piras***Platelet-rich plasma in regenerative medicine and, in particular, in Aesthetic Medicine (lecture)***L. Mazzucco (Alessandria)***PBMNC (Peripheral Blood Mononuclear Cells) in wound healing: our experience***B. De Angelis, F. Orlandi, C. Disegni, M. Fernandes, V. Cervelli (Roma)***Clinical efficacy study of home therapy with growth factors derived from autologous platelets***A. Araco (Milano)***Correction of facial bone tissue blemishes through plasma associated with tricalcium phosphate or with calcium hydroxylapatite. Clinical evaluation study***F. Svolacchia (Anzio, RM)***Effects of platelet rich plasma (PRP), growth factors, and autologous human follicle stem cell micrografts in androgenetic alopecia***P. Gentile (Roma)***The use of cutaneous micro-implants in the treatment of androgenetic alopecia***H. Pinto (Barcellona, Spagna)***5 year experience of using autotfibroblasts in skin rejuvenation***V. Tsepkenko (Odessa, Ucraina)***Regenerative surgery in the treatment of scleroderma patients: a new technique...***M.G. Onesti, S. Carella, N. Scuderi (Roma)***Different types of adipose tissue-derived products***A. Trivisonno (Roma)***Reversing aging and stem cells***E.A. Ibrahim (Beirut, Libano)***The place of fat grafting in facial rejuvenation***I. Vasilyev, S. Vasilyev, Y. Vasilyev, V. Vasilyev, I. Karpov (Celjabinsk, Russia)***Effect of carbon dioxide (CO2) in adipose tissue grafts***C. Brandi (Siena)***Lipofilling. "Volumetric analysis of fat injection by computerized tomography"***A. Lazzarotto (Udine)***Full-face: biofiller, stem filler, power filler. Development in aesthetic regenerative medicine***A. Quaranta (Firenze)***Use of adipose tissue-derived and dermis-derived adult mesenchymal stem cells in regenerative medicine. Certainties and perspectives***F. Svolacchia (Anzio, RM)*

Discussion

8:30 am

Body Aesthetic Plastic Surgery

Chairmen: A. Cordova - President of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)
F. Saccomanno - President of the Italian Association of Plastic Aesthetic Surgery (AICPE)
Secretaries: C. Bianca, C. La Palombara

High-tech management of complex wounds in aesthetic surgery

M. Catenacci, P. Lorenzetti (Roma)

The minimally invasive alternative to liposuction: ultrasound-assisted lipoemulsion

S. Egidi (Palombara Sabina, RM)

Lipolaser system: new combined mini-invasive laserlipolysis technology with coaxial suction

A. Serraglio (Osio Sotto, BG)

Anterior thigh lipodystrophy: destroying and rebuilding fat

F. Mazzeo (Roma)

Liposuction-assisted brachioplasty after massive weight loss: a bimodal approach to prevent complications

V. Di Pietro (Roma)

Upper limb sensory and lymphatic function after brachioplasty in ex-obese patients having undergone bariatric surgery

S. Gentileschi, M. Servillo, G. Stefanizzi, V. Pino, R. Albanese, R. Fortunato, R. Bracaglia (Roma)

High definition, laser-assisted liposuction for abdominal etching with fat grafting

G.J. Bitar (Fairfax, Virginia)

Hand skin lifting

G. Onorati (Milano)

Muscle-sparing breast reconstruction with prosthesis and membranes: two-years clinical and instrumental follow-up

M.G. Onesti, L. Codolini, G. Di Taranto, B. Fanelli, N. Scuderi (Roma)

Additive mastoplasty with lightweight prosthesis: preliminary results

C. Magliocca (Roma)

Personal approach to tuberous breast

A. Innocenti, D. Melita, S. Ghezzi, M. Innocenti (Firenze)

Breast reshaping using elastic thread

M. Berlanda (Trento)

The use of Boswellia Serrata in both the prevention and treatment of capsular contracture: tonometric evaluation

M.G. Onesti, G. Prezzemoli (Roma)

Discussion

10:40 am

Facial Aesthetic Plastic Surgery

Chairmen: E. Gandolfi - Past President of the Italian Association of Plastic Aesthetic Surgery (AICPE)
P. Palombo - Past President of the Italian Society of Reconstructive and Aesthetic Plastic Surgery (SICPRE)
Secretaries: F. Orefici, M.R. Serra

Reconsideration of closed rhinoplasty

A. Trivisonno (Roma)

Aesthetic recovery of eyelid ptosis

S. Gentileschi, V. Pino, R. Albanese, M. Servillo, R. Fortunato, R. Bracaglia (Roma)

Tear trough deformity: a gradual approach

M. Pascali (Roma)

Natural sculpting of the nose (state of the art)

E.A. Ibrahim (Beirut, Libano)

Aesthetic chin augmentation with extended anatomical prosthesis: a reliable surgical technique with natural results

R. Fortunato, S. Gentileschi, M. Servillo, R. Bracaglia (Roma)

Use of Stenstrom abrader, internal sutures and auricular concha reposition for correction of prominent ears

S. Gentileschi, R. Albanese, V. Pino, M. Servillo, R. Fortunato, R. Bracaglia (Roma)

Ear reconstruction auricle in microtia**R. Scalco** (Roma)**Mesoanaloglift: a surgical facelift with minimal scarring****J. Reus** (Karlsruhe, Germania)**Face rejuvenation: personal experience in the use of laser-assisted, minimally invasive face lift and microfat grafting****T. Lazzari** (Genova)**Personal evolution of extended smas face lifting****S. Vasilyev**, Y. Vasilyev, I. Vasilyev, V. Vasilyev, I. Karpov (Celjabinsk, Russia)**Suture suspension neck lift: a versatile technique for long-term neck rejuvenation****G.J. Bitar** (Fairfax, Virginia)

Discussion

1:30 - 2:00
pm**Lunch**

2:00 pm

Hirsutism: correct diagnosis and possible therapies (SIE-SIME joint session)**Chairmen:** E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)

F. Romanelli - Coordinator of the Club of Aesthetic Endocrinology and Wellness - Italian Society of Endocrinology (SIE)

Secretaries: A. De Rosa, C. Vecchi**Clinical-diagnostics for hirsutism****C. Moretti** (Roma)**Endocrinological management of hirsutism**L. Vignozzi, **E. Maseroli** (Firenze)**Hair removal: up date on technologies****D. Dorato** (Napoli)

Discussion

2:45 pm

Sun, vitamin D and photoprotection**Chairmen:** E. Berardesca - Dermatological Institute San Gallicano, IRCCS, Roma

F. Romanelli - Vice-president of the Italian Academy of Anti-Aging Medicine (AIMAA)

Secretaries: R. Callà, F. Corelli**Vitamin D between from sun and diet. Therapeutic implications****S. Minisola** (Roma)**Vitamin D and health skin****P. Calzavara Pinton** (Brescia)**Can sunscreen use lead to vitamin D deficiency?****D. Centofanti** (Roma), A. Ferriero (Caserta)

Discussion

4:00 pm

Aesthetic and Functional Gynecology (in scientific partnership with AIGEF)
VIDEO SESSION**Chairmen:** L. Cavalieri - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)

E. Fasola - Secretary of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

C. Oliva - Treasurer of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

P. Saccucci - President of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)

Secretaries: G. Giudice, S. Kopatsari**Vulvo vaginal anatomy: how to stay safe with injectables, how to preserve sensation and vascularity with surgery****M. Brambilla** (Milano)**Laser treatment for VV wellbeing****F. Murina** (Milano)**Dynamic quadripolar radiofrequency and radioporation in vulvo-vaginal aging****E. Fasola** (Milano)

Labioplasty**M. Brambilla** (Milano)**Surgical approach of vaginal laxity****G. Bernabei** (Milano)**Perineoplasty****C. Oliva** (Roma)**Options and techniques involving clitoral hood correction to reduce volume****A. Bader** (Londra, UK)

Discussion

5:25 pm

Aesthetic Medicine of external genitalia: more than aesthetics

Chairmen: *M. Brambilla* - Specialist in Reconstructive and Plastic Surgery, Milano
E. Fasola - Secretary of the Italian Association of Aesthetic and Functional Gynecology (AIGEF)
D. Feleppa - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)
A. Lusi - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: *M. Caruso*, *F. Occhicone*

Vulvovaginal aging: update on diagnosis and therapy**A. Lusi**, **D. Feleppa** (Roma)**Observational study of the activity of a vaginal detergent****U. Nardi** (Roma)**Elicina as an intimate cosmetic. First results****A. Spinapolic** (Foggia)**Biorevitalization with polynucleotides and hyaluronic acid for the treatment of labia majora****I.P. Palmieri** (Messina)**Comparing protocols: single stage microfat vs integrated protocol of lipofilling and monthly executed biorevitalization to restore vulvar age-related volume loss****M. Goisis** (Milano)**Prevention and treatment of female urinary stress incontinence and vaginal aging with diode laser****F. Locatelli** (Ferrara)**Influence of erbium laser treatment on self-confidence, sexual wellness and quality of life in women affected by genito-urinary syndrome. An observational study****F. Frascani**, **A. Facchi**, **F. Anglana**, **G. Trocchi**, **M. Angelucci**, **E. Bartoletti** (Roma)**Physiological and pathological vulvar dystrophies: a revolutionary method in regenerative surgery****M.G. Onesti**, **S. Carella** (Roma)**Reconstructive surgical therapy of the coronal sulcus in balanopreputial fusion due to lichen****A. Rossi**, **P. Letizia**, **G. Alei** (Roma)**Low energy shock waves for a non invasive treatment of IPP and erection deficit****M. Danti** (Roma)**Shock waves and electroporation for the treatment of penile pathologies****B. Boccioli** (Sassari)

Discussion

8:30 am Upper third and periorbital region 1

Chairmen: R.M. Bozzone - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
I. Brunamonti - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: A. Genco, G. Marciano

Treatment of periorbital wrinkles: application and limits of chemical peel

P. Giorno (Roma)

No bag to remove eye bags

D.M.A. Ancona (Milano)

Safe enhancement with botulinum toxin and filler

E. Massidda (Cagliari)

Combined simultaneous treatment with filler and toxin in the upper third of the face

G. Muti (Milano)

New plasma energy: how to obtain maximum neocollagenesis without the risk of secondary pigmentation in dark skin

N. Lebbbar (Milano)

Agarose and the orbital margin: no more persistent edema

J. Vandeputte (Oudenaarde, Belgio)

Discussion

9:35 am Aesthetic Medicine 2

Chairmen: R. Bracaglia - Scientific Director of the aesthetic surgery centre "Bac" - Villa Stuart Clinic, Roma
G.M. Izzo - Specialist in Dermatology, Napoli
Secretaries: G. Batani, G. Torrisi

Sexuality and beauty: intimate relations. Investigation into man's world

N. Garisto (Catanzaro)

Non-surgical rejuvenation procedures without a diagnosis: patient trend toward self-determination

F.R. Grippaudo, C. Grippaudo (Roma)

Skin aging and nutrition: is there a relationship?

D. Centofanti (Roma)

Tannic acid. A new ingredient in anti-ageing and dermatology

A. Marchal (Brussels, Belgio)

Needling in Aesthetic Medicine

Laura Piombino (Caserta), Luca Piombino (Roma), G. Messina, V. Monda, M. Monda (Napoli)

Transgender Aesthetic Medicine: ethics and respect

R. Bellini (Bologna)

Feminization in gender dysphoria

F. Tomaselli, G. Assalti (Roma)

Discussion

10:55 am Smoking and aging (no CME session)

Chairman: N. Fraone - Board of Directors of the Italian Society of Aesthetic Medicine (SIME)
Secretaries: P. Costantino, A. Pini

Reduced-risk products and smoking

L. Godi (Roma)

All smoke and little aesthetics

N. Fraone (Roma)

Damage reduction and aesthetic improvement: cause-effect relationship

A. Sparavigna (Milano)

Discussion

11:35 am

Palliative Aesthetic Medicine

Chairmen: G. Assalti - Vice-president of the Society of Palliative Aesthetic Medicine (SMEP)
 A. Beatini - Italian Society of Aesthetic Medicine (SIME) - Interregional Coordinator for Central Italy
 F. Tomaselli - President of the Society of Palliative Aesthetic Medicine (SMEP)

Secretaries: M. Angelelli, M.P. Scanu

A capsule for care**G. Assalti** (Roma)**How to obtain an aesthetic scar****F. Tomaselli** (Roma)**Holistic approach to life quality at the end of life****F. Terranova** (Terni), **F. Tomaselli** (Roma)**Early palliative cares and shared treatment planning for neurological patients****D. Tarquini** (Roma)**Hand-foot syndrome: treatment****C. Tafuto** (Roma)

Discussion

1:30 - 2:00
pm**Lunch**

2:00 pm

Legal and insurance medicine in Aesthetic Medicine

Chairmen: M. Arcangeli - Researcher at Medicine and Surgery Faculty, University of L'Aquila
 F. Lerro - Lawyer, Legal Consultant of the Italian Board of Scientific Societies of Aesthetic Medicine (CISSME)
 C. Plebani - Lawyer, Legal Consultant of the Italian Board of Scientific Societies of Aesthetic Medicine (CISSME)
 P. Rocchi - Professor of Legal Medicine at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: A. Giovannetti, G. Sirianni

Current legislation regulating Aesthetic Medicine: what are its guidelines?**A. Giovannetti** (Roma)**The role of medical experts in the defense of aesthetic physicians according to law 24/2017****A. Araco** (Milano)**Physician insurance coverage in conformity to law 24/2017 (Gelli-Bianco law); specific topics of interest with regard to aesthetic medicine and surgery****C. Plebani** (Milano), **F. Lerro** (Roma)**Special instructions for claims made clauses. Guidelines for aesthetic physician for taking out professional insurance****D. Messina** (Bologna)**Aesthetic Medicine office: typology, services that can be carried out without requiring administrative authorisation, operative indications for the opening****F. Lerro** (Roma)**Regulation (EU) 2016/679. Privacy obligations with respect to aesthetic medicine offices in light of the new european rules****C. Plebani** (Milano), **F. Lerro** (Roma)**Dematerialization of health documentation from consensus to outpatient medical records: operative solutions for aesthetic medicine offices****F. Lerro** (Roma)**New medical devices regulation (MDR): what has changed, what criteria for choosing and selecting products can be used, what supervisions of EC certifications regularity****F. Lerro** (Roma)**Medical devices, revision of european regulations and supervision in Aesthetic Medicine****A. Calascibetta** (Palermo)

Discussion

3:30 pm

The Aesthetic Physician...a manager between innovation and tradition (no CME session)

Chairmen: G. Gori - Professor at the International School of Aesthetic Medicine of the Foundation Fatebenefratelli, Roma
C. Zannella - Treasurer of the Italian Society of Aesthetic Medicine (SIME)

Secretaries: A. Alhadeff, A. Piras

Marketing management in Aesthetic Medicine, between innovation and tradition

G. Gori (Roma)

4.0 "humanistic" web marketing for Aesthetic Medicine

A. Araco (Milano)

Aesthetic Medicine in the era of social networking

S. Vari (Anagni, FR)

On-line reputation of medical institutes

B. Rossi (Barcellona, Spagna)

Acquire quality patients. How can our institute determine how to target patients that will allow us to work without stress and increase sales

A. Pulvirenti (Giarre, CT)

Cybermedicine@work

L. Cuozzo (Roma)

Hi-tech clinic portal: three years of experience

A. Pacifici, A. Oddo (Perugia)

Physician-to-patient communication technique in Aesthetic Medicine in accordance with the significance of the individual psychological organisation

L.G. Marini (Iglesias, CI)

Discussion

5:00 pm

Water, Aesthetic and Anti-Aging Medicine

Chairmen: A. Fabbri - Director Operative Unit of Endocrinology and Diabetology S. Eugenio and CTO A. Alesini Hospital, Roma; Professor of Endocrinology, University of Roma Tor Vergata

G. Scapagnini - Professor of Clinical Biochemistry, Department of Medicine and Science of Health, University of Molise

Secretaries: E. Conte, A. Vivenzio

Natural mineral water: quality hydration

E. Fortuna (Roma)

Water, endocrine disruptors and hormonal health

A. Fabbri (Roma)

Water in wellness centres, spas and thermal centres

M. Vitali (Roma)

Discussion

5:45 pm

Food, diet and Aesthetic Medicine

Chairmen: A. Panico - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

L. Piombino - Specialist in Nutritional Science. Professor at the University of Napoli

C. Tubili - Head of the Diabetes Unit, San Camillo Forlanini Hospital, Roma

Secretaries: F. Alessandrini, M.R. Serra

The presumed elderly today

C. Castagnaro, R. Cagiano De Azevedo (Roma)

The ketogenic protocol: evaluation of weight loss and increased metabolism

Marco Marchetti (Roma)

Integrated ketogenic diet therapy: state of the art

S. Barrucco, Mario Marchetti (Roma), Massimiliano Marchetti (Castiglione del Lago, PG)

Pharmacotherapy in the overweight and obese: misunderstandings and news

G. Merone (Roma)

Therapist, patient, food: an interesting loop

M. La Palombara, D. Centofanti (Roma)

Aesthetic Medicine and eating disorders: new therapeutic frontiers

P. D'Arista (Contursi Terme, SA)

Diet and cellulite: is there a relationship?

A. Pacella (Pescara)

The longevity diet: trend or science?

F. Conflitti (Vasto, CH), D. Centofanti (Roma)

Discussion



9:00 am Updates in obesity therapy (ADI - ANSISA - SIME - SIO – SICOB joint session)

Chairmen: *M.G. Carbonelli - Director of the Operative Unit of Dietetics and Nutrition, San Camillo Forlanini Hospital, Roma*
D. Centofanti - Vice-president of the Italian Society of Aesthetic Medicine (SIME)
G. Spera - Elected President of the Italian Society of Eating Disorders (SIDCA)
Secretaries: *L. Bartalini, G. Melone*

Our fat and us: the personality profile of obese people between successes and failures**M. Malucelli** (Roma)**Protein diets and ketogenic diets: is there any evidence?****V. Lagattolla** (Brindisi)**Pharmacological therapy: from diabetes to obesity****F. Vignati** (Como)**Pharmacological therapy: new and revised drugs****A. Caretto** (Brindisi)**Surgical treatment of obesity****D. Foschi** (Milano)

Discussion

BREAK**Nutraceuticals and obesity****C. Tubili** (Roma)**Lifestyle for weight control****H. Cena** (Pavia)**The obese patient as a complex patient: therapeutic project****D. Ballardini** (Bologna)**Tobacco smoking and body weight****P. Sbisà** (Trieste)**What to say and what not to say to an obese subject undergoing treatment****M. Biglia** (Vercelli)

Discussion

1:30 - 2:00 pm Lunch**2:00 pm Challenges in Aesthetic Medicine**

Chairmen: *P. Abbruzzese - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma*
R. Casilli - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
C. Cassano - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: *M.M. Mariani, A. Pini*

Innovation in gluteoplasty using macromolecular hyaluronic acid: maximum volumization and maximum protection area**D. Martusciello** (Napoli)**Personal experience in the use of hyperdiluted calcium hydroxylapatite for the treatment of arm laxity: one year of experience****M. Renzi** (Genova)**Skin above the knees: treatments for a difficult area****S. Guida, F. Persechino, V. Mandel Desmond, G. Pellacani (Modena), G.G. Urtis (Milano), F. Farnetani (Modena)****Non surgical lifting and subcutaneous volumetric facial corrections using the cutting edge volumetric hyaluronic acids and microcannulas****M.F. Papagni, M. Cavallini (Milano)****Observational study on the reparative action of a vegetable product on bedsores****A. Fagiano, U. Nardi (Roma)**

Discussion

2:55 pm

Laser in Aesthetic Medicine 2: state of the art and technological and clinical evolution

Chairmen: L. Longo - Founder President of the International Laser Medicine and Surgery Academy (IALMS)

M. Tretti Clementoni - Specialist in Reconstructive and Plastic Surgery, Milano

Secretaries: M. Iorillo, C. Russo

Laser and non-ablative technology for face and neck rejuvenation

L. Longo, O. Sheykh (Firenze)

ER laser: yag on face aesthetics: indications and limits

P. Boriolo (Gattico, NO)

Fractional diode laser for skin tone and texture improvement with minimum downtime

G. Cassibba (Siracusa)

Laser technologies for the treatment of benign pigmentary lesions: qualitative analysis and results assessment

A. Pini (Firenze), G. Cannarozzo (Roma)

Colorimetric evaluation of skin parameters after treatment with Laser 1550 and 1927

G. D'Alessandro (Bari)

Tattoo management: comparison between pico and nano-second equipment

G. Scarcella (Verona)

New indications for Flash-Lamp Pulsed-Dye Laser

D. Carella, C. Di Gregorio, R. Vaglica (Palermo)

Non-ablative lasers: the answer to patients needs for resurfacing

F. De Angelis (Napoli)

Discussion

4:30 pm

Mesotherapy (intradermal therapy) symposium (in scientific partnership with SIM)

Chairmen: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)

E. Maggiori - Vice-director of the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma

Secretaries: S. Ambrosi, C. Vecchi

Introduction to scientific works

E. Bartoletti, E. Maggiori (Roma)

Mesotherapy: an ancient technique renewed

V. Manzoni, A. Massirone (Milano)

What changed in the mesotherapy of yesterday and today: from 1975 to 2018

F. Tomaselli (Roma)

Indications for mesotherapy in conformity to the Italian Society of Aesthetic Medicine

N. Fraone (Roma)

Practical applications of mesotherapy in conformity to the Italian Society of Aesthetic Medicine

D. Dorato (Napoli)

Recommendations from the Italian Society of Mesotherapy

P. Rocchi (Bologna)

Recommendations from the International Society of Mesotherapy

M. Mammucari (Roma)

Conclusions

E. Bartoletti, E. Maggiori (Roma)

Discussion

9:00 am | Toxin and filler free rejuvenation: the art of Aesthetic Medicine

Chairmen: M. Fontevecchia - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
 R. Fortunato - Specialist in Reconstructive and Plastic Surgery, Roma
 S. Santini - Board of Directors of the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: F. Brinati, G. Di Muzio

Photodynamic therapy

B. Bovani (Perugia)

Photodynamic therapy and needling

M.C. Giorgio, E. Fulgione (Napoli)

Phenol peeling 2018: development of a medium-deep peel

G.M. Izzo (Napoli)

3D to step medical lifting, my proposal for a harmonious facial rejuvenation

F. Melfa (Palermo)

Skin spots and melasma, integrated physical-chemical protocol

A. Pulvirenti (Giarre, CT)

Skin laxity of the lower third of the face and the neck: EBDS role

M. Tretti Clementoni, V. Pedrelli (Milano)

Ultrasound-guided intense microfocused ultrasound

C. Borriello (Lucca)

Synergic use of polydioxanone threads and calcium hydroxyapatite in face and body rejuvenation

R. Fortunato, R. Bracaglia, M.C. Servillo, S. Gentileschi (Roma)

Low dose vitamin A for the treatment of photoaging

E. Fulgione (Napoli)

Update on collagen

G. Castaldo (Avellino), **L. Rastrelli** (Salerno)

Discussion

10:50 am | Neuromodulation in Aesthetic Medicine: an increasingly natural look

Chairmen: E. Bartoletti - President of the Italian Society of Aesthetic Medicine (SIME)
 I. Iozzo - Coordinator of the Chemodenervation Club, Italian Society of Aesthetic Medicine (SIME)
 M. Renzi - Specialist in Plastic and Reconstructive Surgery, Genova
Secretaries: A. Soverina, E. Troise

Reflections after 15 years of botulinum toxin use

M. Renzi (Genova)

1998-2018, twenty years of personal experience using botulinum toxin; retrospective analysis on side effects and how to use it: has anything changed?

L. Tunesi (Milano)

Combined use of botulinum toxin and fillers in the treatment of the upper third of the face

I. Iozzo (Bologna)

Lower face recontouring with bonta

R. Rauso (Roma)

Botutouch: personal technique based on double dilution of 100 u incobotulinum Toxin A

F. Melfa (Palermo)

Alternative proposal for micro-boutulinum treatment using S.I.N.B. (Superficial Injection Needling Botox Technique)

F. Calvani, A. Alhadeff (Roma)

How to adjust the amount of botulinum toxin in the treatment of the upper third of the face

G. Muti (Milano)

Clinical trial on the use of botulinum toxin in the seborrheic skin

B. Amarisse (Roma)

Botulin Toxin type A: a new therapeutic possibility for rosacea, hyperseborrea, acne and psoriasis**D. Rossi** (Palermo)

Discussion

12:15 pm Fillers: global approach 2**Chairmen:** *K. Antoniadou - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**C. Bernardi - Treasure of the Italian Association Aesthetic and Plastic Surgery (AICPE)**D. Dorato - General Secretary of the Italian Society of Aesthetic Medicine (SIME)***Secretaries:** *S. Fosca, A. Maisto***Evolution of biomaterials used as fillers. Safety research****R. Pelliccia** (Roma)**Agarose gel based implant filler. Biochemical, stechiometric and structural features. injection techniques, clinical outcomes, 24-month follow up****F. Marini, D. D'Angelo, A. Pacella** (Pescara)**Dynamic fillers: how, when and why****M.G. Di Russo** (Formia, LT)**Treatment of volume deficit of the temporal area with hyaluronic acid****G. Brunelli** (Brescia)**Treatment of severe skin aging: from volume restoration with dynamic filler to dermal redensification****S. Caboni** (Cagliari)**Tissue interactions in volumetric restorations after one year of permanence in the tissues of an agarose-based filler****G. Maullu** (Oristano)

Discussion

**1:30 - 2:00
pm****Closing ceremony of the 39th SIME Congress - 13th AIMAA Congress**

9:20 am

Absorbable threads: evolution of techniques and results

Chairmen: M. Tancredi - Italian Society of Aesthetic Medicine (SIME) - Coordinator for Puglia
E. Vescovi - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: D. Rossi, L. Ventura

Non surgical face lift: synergy between “centerless” focused ultrasound and polydioxanone traction threads

P. Mezzana, M. Boccacci (Roma)

The winning trilogy in full face treatment: establishment of treatment, choice of materials and performance (live video)

B. Diffidenti (Napoli)

Improving neck aging: combined treatments

F. Persechino (Roma), F. Farnetani, V. Desmond Mandel, S. Guida (Modena)

Suspension barbed threads in caucasian and asian patients. Different insertion patterns and strategies

S.P. Fundarò (Bologna), D. Praditsuwan (Chiang Mai, Thailandia), K.C. Hau (Hong Kong)

PDO threads for the definition of facial contour: from nose sculpting to eyebrow lifting

L. Miori (Verona)

Research and innovation at the service of simplicity: new antiptosis procedures with re-adsorbable threads

I. Poleva (Roma)

Discussion

10:35 am

Cosmetology: indispensable science in Aesthetic Medicine

Chairmen: U. Nardi - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
M. Secchi - Probo Viro of the Italian Society of Aesthetic Medicine (SIME)
M. Veraldi - Professor at the International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: D. Siragusa, S. Ubiglia

Integrated dermocosmetic approach to Aesthetic Medicine: prevent, protect, correct

M. Belmontesi (Vigevano, PV)

Combined protocols for medical- aesthetic and cosmetological treatments: when treatment continues at home

V. Manzoni (Milano)

Skin aging approach with cosmetic and nutraceutical products: all you need is two products

A. Fratter (Istrana, TV)

Aesthetic treatment of skin spots: what's new?

L. Calvisi (Cagliari)

Efficacy of the association of a dermocosmetic product for the lips with volumetric hyaluronic acid treatment

S. Raso (Cittanova, RC)

A thermosensitive hydrogel mask that significantly improves skin moisture and skin tone: outcome assessment

S. Sibilla, A. Czajka, A. Quattrone (Londra, UK)

PHA bionics and phytoestrogens in topical anti-redness treatments. Case reports

M. Belmontesi (Vigevano, PV)

Adverse reactions to cosmetics

A. Cristaudo (Roma)

Discussion

12:00 pm

Upper third and periorbital region 2*Chairmen: C. Sciuto - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**G. Spizzirri Marzo - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**Secretaries: G. Di Muzio, F. Renda***The use of hyaluronic acid in the upper eyelid. My experience in eye rejuvenation***L. Di Tommaso Di Giannantonio (Roma)***Intraoral approach for tear trough correction: a new method to improve the lower eyelid***A. Innocenti, D. Melita, S. Ghezzi, E. Lucattelli (Firenze)***A specific injectable solution for imperfections of the periocular area. My experience***D. De Rossi (Padova)***Lipofilling: a valid alternative to fillers for periorbital rejuvenation?***D. Bollero (Torino)***Eyebrow lifting in Aesthetic Medicine: compared technique***C. Borriello (Lucca)*

Discussioni

1:30 - 2:00
pm**Closing ceremony in C.A. Bartoletti room**

9:00 am

Phlebology and Aesthetic Medicine (in scientific partnership with CIF and SIF)*President: O. Maletti - President of the Italian Board of Phlebology (CIF)**Chairmen: V. Gasbarro - Past President of the Italian Board of Phlebology (CIF)**G. Quarto - President of the Italian Society of Phlebology (SIF)**Secretaries: A. Laudani, T. Manenti***Minimally invasive surgery of varicose veins***M. Lugli (Modena)***Reticular veins and telangiectasias: the integration of therapies***Luca Scaramuzzino (Napoli)***Legs without varicose veins: is it possible?***Lanfranco Scaramuzzino (Napoli)***Nutrition and supplements: a great help to aesthetic phlebology***A. Carotenuto (Napoli)***Treatment for phlebolympathic oedema based on low dose medicine***E. Palmeri (Palermo)***Lymphoedema: what we can do today***E. Oliva (Roma)***Legs functionality and beauty***L. Bagnato, N. Barbera (Reggio Calabria), C. Allegra (Roma)***Current role of microsurgery for the treatment of lymphatic diseases: experimental bases, clinical cases, techniques and long-term outcomes***L. Ricolfi (Genova)***Post-thrombotic syndrome: case report***M.M. Ciammaichella (Roma)***Laser treatment of telangiectasias of the lower limbs. New transdermic system with dual emission in the visible and infrared***A. Crippa (Lecco)***Saphenous ablation with blue laser***M. Danese (Roma)***Treatment for telangiectasias and reticular veins with laser. Comparison between transdermal and endovenous treatment***A. Crippa (Lecco)***Use of collagen and low dose substances in the treatment of venous ulcers. Follow up a 6 months***M. Bellisi, G. Alberti, E. Palmeri (Palermo)*

Discussion

11:20 am

Aesthetic Medicine and acupuncture: the clinic reality of a new horizon*Chairmen: M. Baccanelli - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma**C.M. Giovanardi - President of Italian Federation of Acupuncture Societies (FISA)**Secretaries: G. Bernini, K. Tretyakova***Principles of aesthetic acupuncture***M. Baccanelli (Roma)***The contribution of acupuncture to Aesthetic Medicine***C.M. Giovanardi (Bologna)***Aesthetic Medicine according to traditional chinese medicine***G.I. Peirone Grossi (Roma)***Facial rejuvenation through combined techniques using gold needles: microneedling and acupuncture***A. Perna (Napoli)***Integrated treatment of melasma: microneedling with gold needles and therapy in conformity to traditional chinese medicine***R. Perna (Napoli)*

Discussion

12:20 pm

Technologies in Aesthetic Medicine 3: news and confirmation

Chairmen: L. Nazzaro - Outpatient Department of Aesthetic Medicine, San Giovanni Calibita Fatebenefratelli Hospital, Roma
 G. Russo - President of the Italian Society of Non Ablative Radiofrequency (SIRNA)
 F. Tovecci - International School of Aesthetic Medicine of the Fatebenefratelli Foundation, Roma
Secretaries: R. Filippone, S. Ubiglia

Active osmosis: new medical device for the treatment of EFSP**F. Tovecci** (Napoli)**Seven years of experience on bipolar radiofrequency for face and body. Light and shadows: what has changed in skin sculpting****P.P. Rovatti** (Verona)**Our experience with the use of micro-focalized ultrasound for face and neck lifting****F. Araco, A. Araco** (Milano)**Does repair follow damage? Does regeneration follow damage? What can we expect from hifu technology****B. Diffidenti** (Napoli)**Micro-focalized ultrasound for the treatment of face and neck skin laxity: indications and efficacy****R. Fortunato, M.C. Servillo, R. Bracaglia, S. Gentileschi** (Roma)**Facial rejuvenation with monopolar, bipolar and fractional radiofrequency****G.M. Maronati** (Milano)**The role of pulsed ultrasound-assisted lipoemulsion in the correction of medical and surgical outcomes of localized adiposity treatments****S. Toschi** (Mestre), **L. Miori** (Verona)

Discussion

1:30 - 2:00
pm**Closing ceremony in C.A. Bartoletti room**