



PRELIMINARY CONFERENCE PROGRAMME

Thursday 18th March

08:00-09:00	Congress Registration
09:00-09:45	Welcome addresses (President of ESAAM, President local organizing committee, Representative WAAAM, politicians)

	Room 1 – Hormone Replacement Therapy	Room 2 – Aesthetic Medicine: Anti-aging Treatments
09:45 – 10:00	HGH therapy in the aging medicine: why and when?	A new topic cosmeceutical approach with native hormones in skin aging's treatment
10:00 – 10:15	Testosterone and PDE5 inhibitors in the aging male	Radiofrequency and Light Based Therapy and skin aging's treatment: update
10:15 – 10:30	Is it possible to prescribe a safe oestroprogestative treatment for menoapause?	Treating male and female's lips with fillers – latest procedures
10:30 – 10:45	Tryptophan and derivates for serotonin deficit syndrome	Making the best of botulinum toxin: latest advances
10:45 – 11:00	Melatonin, sleep disorders, cancer and aging process	Aesthetic Medicine and face resurfacing
11:00 – 11:15	Testosterone Replacement Therapy: Regenerative effect, Sex, and the Quality of Life	New cosmetic approaches in dermatology
11:15 – 11:30	Discussion	Discussion

Thursday 18th March

11:30 -11:50	Coffee Break & Exhibition Hall
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12.00 - 13.00	Keynote lectures Biotechnology and Human Aging – Where we are, where we go Immunology of Human Aging
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	Room 1 – Regenerative Medicine Successful and Unsuccessful Aging: State of the Art	Room 2 – Aesthetic Dermatology
13:00 – 13:15	Can aging be delayed? – Lessons from centenarians medicine	Elastic fibers, skin scarring and phytocosmetology
13:15 – 13:30	DNA damage, aging and cancer: how can we reverse the process?	New therapeutic approaches in skin aging
13:30 – 13:45	Understand unsuccessful aging to slow down the ageing process: the case of the Alzheimer’s disease	Acne treatment in anti-aging medicine
13:45 – 14:00	New frontiers in the management of chronic disease	Hormones & nutritional supplements for the skin
14:00 – 14:15	Redoxomics and its implication in preventive medicine and healthy aging	Fibroblasts and skin aging
14:15 – 14:30	Discussion	Discussion

14:30 – 15:30	Break & Exhibition Hall - Poster Viewing
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14:30 – 15:30	WORKSHOP: VITALIFE How to implement a preventive, regenerative and anti-aging practice, Prof. Klentze & Dr. Lee
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	Room 1 – Nutrition and Nutraceutical Supplements in Healthy Aging Medicine	Room 2 – Aesthetic Medicine: Anti- Aging Invasive and Not Invasive Treatments
15:30 – 15:45	Resveratrol, a plural potent anti-aging molecular	Quantum molecular resonance and tissues revitalization
15:45 – 16:00	New aspects of chronbiologie within the preventive medicine	iPS cells originating from human skin and their applications

16:00 – 16:15	Redox proteomics in health and disease: role of vitagenes	Combination surgical approach for rejuvenation of the face and neck
16:15 – 16:30	Role of diet in successful and unsuccessful aging	Carbon dioxide medical device: update
16:30 – 16:45	Fatty free acids, adiponectine and visceral fat: effect of weight loss	Laser photorejuvenation
16:45 – 17:00	Nootropics supplements and brain aging	Laserlypolsis and liposculpture
17:00 – 17:15	Discussion	Discussion

17:15 – 17:35

Coffee Break & Exhibition Hall

	Workshop	Industry Symposium/Workshop
17:35 – 18:45	The lifestyle – healthy & longevity connection	
17:35 – 18:45	The current state of stem cell research and clinical appliace	

18:45

End of Day 1, Exhibition Hall Closes

Friday 19th March

	Room 1 – Preventive and Regenerative Medicine	Room 2 – Aesthetic and Anti-Aging Medicine
08.30 – 09.30	Short Communications	Short Communications
09:30 – 09:50	Biology and genetics of age related skin disorders	Orthobiotics
09:50 – 10:10	Longevity genes in human	Hormones and skin ageing – Modern approaches for skin rejuvenation
10:10 – 10:30	Polymorphism in cardiovascular diseases	Skin rejuvenation with autologous rich plasma
10:30 – 10:50	Polymorphisms and inflammation in neurodegenerative disorders	Brain and skin aging: a common molecular approach?
10:50 – 11:00	Discussion	Discussion

Friday 19th March

11:00-11:30 Coffee Break & Exhibition Hall

11.30 - 12.30 **Keynote lectures**
SENS research
Skin Carcinogenesis and Aging

12:30-13:30 Break & Exhibition Hall – Poster Viewing – Industry Symposium/Workshop

	Oxidative stress and anti-aging processes & theories	Fitness, Sports Medicine, Lifestyle & Aging
13:30 – 13:50	Nutrigenomic, oxidative stress and brain aging	Healthy aging: hormonal balance and physical exercise
13:50 – 14:10	Glycation and aging	Anti-aging effects of steady and lasting training, aerobic and anaerobic: the palingogenesis methodology
14:10 – 14:30	Oxidative stress and ageing: new considerations and clinical practise	Physical exercise and cardio prevention as an anti-aging strategy
14:30 - 14:50	Is immortality adherent to the germline?	Strategic role of the physical exercise in anti-aging medicine
14:50 – 15:00	Discussion	Discussion

15:00-15:30 Break & Exhibition Hall - Poster viewing

15:30 – 16:30 **Keynote Lectures**

16:30 – 17:30 **Workshop:**
A deeper insight genetic testing & Brain aging: genetic testing

17:30 – 18:30 **Industry Symposium/Workshop**

18:45 **End of Day 2, Exhibition Hall Closes**

Saturday 20th March

	Room 1 – Stress, psychological management and aging	Room 2 – Aesthetic and Metabolic Syndrome
08.30 – 09.30	Short Communications	Short Communications
09.50 – 10.10	Psychophysiological evaluations and interventions in the management of aging	The role of testosterone in metabolic syndrome in men
10.10 – 10.30	Bourn out and their treatment options	Nutrigenomics: integrated treatment of the metabolic syndrome
10.30 – 10.50	Sexuality options & aging	From cellulite to metabolic syndrome: deeds and misdeeds of the adipocyte
10.50 – 11.10	If Aristotle ran an anti-aging clinic	Diabetes and aging
11.10 – 11.30	Discussion	Discussion

11:30-12:00

Coffee Break & Exhibition Hall

12:00 – 14:00	Keynote lectures Stem Cell Research and Ageing Oxidative Stress and aging state of art Gerontology and Aging
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	Room 1- Laboratory Testing & Diagnostics	Room 2- Primary and Secondary prevention
14:30 – 14:45	Inflammation, oxidative stress and the role of biochemical tests	Carcinogenesis and ageing
14:45 - 15:00	Gene polymorphisms' tests and physical performance	SCD and longevity
15:00 – 15:15	Use of stem cells in intravenous form	Homocysteine, vitamin status and aging: un update
15:15 – 15:30	Scientific test models for cosmetic products	Skin aging and dermal neoplasies' prevention
15:30 – 15:45	Discussion	Discussion

Saturday 20th March

15:45 – 16:45	Keynote Lectures	
16:45 – 17:30	Free Communications	Free Communications
17:30 – 18:30	Industry Symposium/Workshop	Industry Symposium/Workshop
18:45	End of Congress	